



MARCH

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	March Birthdays: Judy T – March 1 st Judy M - March 7 th Lois B – March 12 th “Toni” K - March 20 th Joanne M – March 23 rd		Morning 1 Keepin it Fit Would You Rather Afternoon Heritage Hikers PBJ Sandwiches and Chit Chat	Morning 2 Keepin it Fit What Am I Afternoon Heritage Hikers March Trivia & Fun Facts	Morning 3 Keepin it Fit Brain Games Afternoon Heritage Hikers Happy Hour W/ Chit Chat	Morning 4 Keepin it Fit Fun Facts & Trivia Afternoon Heritage Hikers Old School Cartoon Trivia
Morning 5 Keepin it Fit Donut Delivery Sunday! Afternoon Mass Movie & Snack	Morning 6 Keepin it Fit Finish the Phrase Afternoon Heritage Hikers Balloon Ball	Morning 7 Keepin it Fit Sing A Song Along Afternoon Virtual Mass Glitz & Glam Nails	Morning 8 Keepin it Fit Would You Rather Afternoon Heritage Hikers Dan Sullivan Sings	Morning 9 Keepin it Fit What Am I Afternoon Heritage Hikers Dynseo	Morning 10 Keepin it Fit Brain Games Afternoon Heritage Hikers Happy Hour W/ Reminiscing	Morning 11 Keepin it Fit Fun Facts & Trivia Afternoon Heritage Hikers Mindfulness Coloring
Morning 12 Keepin it Fit Donut Delivery Sunday! Afternoon Mass Movie & Snack Daylight Savings Begins	Morning 13 Keepin it Fit Finish the Phrase Afternoon Heritage Hikers Swatter Ball Kilocycle Cowboy Sing @ 6:00 AM	Morning 14 Keepin it Fit Sing A Song Along Afternoon Virtual Mass Glitz & Glam Nails	Morning 15 Keepin it Fit Would You Rather Afternoon Heritage Hikers Saint Patty’s Day BINGO	Morning 16 Keepin it Fit What Am I Afternoon Heritage Hikers Mindfulness Activities	Morning 17 Keepin it Fit Brain Games Afternoon Heritage Hikers Happy Hour W/ Shamrock Shakes St. Patrick’s Day	Morning 18 Keepin it Fit Fun Facts & Trivia Afternoon Heritage Hikers BINGO
Morning 19 Keepin it Fit Donut Delivery Sunday! Afternoon Mass Movie & Snack	Morning 20 Keepin it Fit Finish the Phrase Afternoon Heritage Hikers Balloon Ball First Day of Spring	Morning 21 Keepin it Fit Sing A Song Along Afternoon Virtual Mass Glitz & Glam Nails	Morning 22 Keepin it Fit Would You Rather Afternoon Heritage Hikers Craft Corner (Spring)	Morning 23 Keepin it Fit What Am I Afternoon Heritage Hikers Jan Leman Band Sings	Morning 24 Keepin it Fit Brain Games Afternoon Heritage Hikers Happy Hour W/ Candy Pong	Morning 25 Keepin it Fit Fun Facts & Trivia Afternoon Heritage Hikers Card Games
Morning 26 Keepin it Fit Donut Delivery Sunday! Afternoon Mass Movie & Snack	Morning 27 Keepin it Fit Finish the Phrase Afternoon Heritage Hikers Swatter Ball	Morning 28 Keepin it Fit Sing A Song Along Afternoon Virtual Mass Glitz & Glam Nails	Morning 29 Keepin it Fit Would You Rather Afternoon Heritage Hikers BINGO	Morning 30 Keepin it Fit What Am I Afternoon Heritage Hikers Karaoke	Morning 31 Keepin it Fit Brain Games Afternoon Heritage Hikers Happy Hour W/ Chit Chat	

MEMORY CARE

SPECIAL EVENTS

Educational Presentation March 2nd at 10:00 AM

Family Social March 23rd at 2:00 PM

*All activities are subject to change when necessary. Residents’ families are invited to participate in community events.