

JANUARY

Independent Living

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|---|--|--|---|---|--|
| 1 10:00 Sunday Funnies-EC 1:30 New year's Trivia - EC 3:25 Packer Game-Pub New Year's Day | 2 9:30 Exercise- EC 10:15 Trivia-Pub 1:30 Movie & Popcorn 1:00 Glee Club- EC** 3:00 Happy Hour-Pub 6:00 Sheep head** | 3 9:00 Outing-Walmart 9:30 Exercise- EC 10:00 manicures-EC 2:00 Bingo-Pub 3:15 Cooking Club-EC 6:00 Sheep Head** | 4 9:00 Water Exercise 10:00 Lutheran Service-EC 10:00 Aegis Presentation-Pub 1:30 Dominos-IL** 1:30 Catholic Mass-Pub 3:00 Crochet/Knit Club -EC 6:00 Paint N Sip-Pub | 5 9:30 Exercise 11:00 Outing- Milwaukee Burger 3:30 ladies club 6:00 Sheep Head** | 6 9:30 Exercise-EC 10:00 Bible Study-Library 1:30 Movie and popcorn 3:00 Happy Hour-Pub | 7 9:30 Chair Yoga- EC 2:00 Bingo-Pub 3:30 - Walking Club** 6:00 Sheep Head** |
| 8 10:00 Sunday Funnies-EC 1:30 Whack a balloon-EC 3:00 Men's Mingle-Pub | 9 9:30 Exercise- EC 10:15 Trivia-Pub 1:30 Movie & Popcorn 1:00 Glee Club- EC** 3:00 Happy Hour-Pub 6:00 Sheep head** | 10 9:00 Outing-Festival Foods 9:30 Exercise- EC 10:00 manicures-EC 1:30 Resident Council-Pub 3:15 Cooking Club-EC 6:00 Sheep Head** | 11 9:00 Water Exercise 10:00 Lutheran Service-EC 1:30 Dominos-IL** 3:00 Crochet/Knit Club -EC | 12 10:00 Shepherds Care Church Services-EC 11:00- Jacobs Meat Market and Lunch 3:30 - Ladies Club 6:00 Sheep Head** | 13 9:30 Exercise-EC 10:00 Christian Mingle-Pub 10:00 Bible Study-Library 1:30 Movie and popcorn 3:00 Happy Hour-Pub | 14 9:30 Chair Yoga- EC 2:00 Bingo-Pub 3:30 - Walking Club** 6:00 Sheep Head** |
| 15 10:00 Sunday Funnies-EC 1:30 Begins with-EC 3:00 Men's Mingle-Pub | 16 9:30 Exercise- EC 10:15 Trivia-Pub 1:30 Movie & Popcorn 1:00 Glee Club- EC** 3:00 Happy Hour-Pub 6:00 Sheep head** Martin Luther King | 17 9:00 Outing-Meijer 9:30 Exercise- EC 10:00 manicures-EC 2:00 Bingo-Pub 3:15 Cooking Club -EC 6:00 Sheep Head** | 18 9:00 Water Exercise 10:00 Lutheran Service-EC 1:30 Dominos-IL** 3:00 Crochet/Knit Club -EC | 19 9:30 Exercise-EC 10:00-Outing -EAA Museum& lunch 6:00 Sheep Head** | 20 9:30 Exercise-EC 10:30 Bible Study-Library 1:30 Movie and popcorn- 3:00 Happy Hour-Pub | 21 9:30 Chair Yoga- EC 2:00 Bingo-Pub 3:30 - Walking Club** 6:00 Sheep Head** |
| 22 10:00 Sunday Funnies-EC 1:30 Fireside Reminisce-2 nd floor Sunroom 3:00 Men's Mingle-Pub | 23 9:30 Exercise- EC 10:15 Trivia-Pub 1:30 Movie & Popcorn 1:00 Glee Club- EC** 3:00 Happy Hour-Pub 6:00 Sheep head** | 24 9:00 Outing-Pick N Save 9:30 Exercise- EC 10:00 manicures-EC 2:00 Bingo-EC D 3:15 Cooking Club -EC 6:00 Sheep Head** | 25 9:00 Water Exercise 10:00 Lutheran Service-EC 1:30 Dominos-IL** 3:00 Crochet/Knit Club-EC | 26 10:00 Shepherds Care Church Services-EC 10:00 Outing-Casino 6:00 Sheep Head** | 27 9:30 Exercise-EC 10:00 Christian Mingle-Pub 10:00 Bible Study-Library 1:30 Movie and popcorn 3:00 Happy Birthday Happy Hour-Pub | 28 9:30 Chair Yoga- EC 2:00 Bingo-Pub 3:30 - Walking Club** 6:00 Sheep H- |
| 29 10:00 Sunday Funnies-EC 1:30 Fireside Reninisce-2 nd floor Sunroom 3:00 Men's Mingle-Pub | 30 9:30 Exercise- EC 10:15 Trivia-Pub 1:30 Movie & Popcorn 1:00 Glee Club- EC** 3:00 Happy Hour-Pub 6:00 Sheep head** | 31 9:00 Outing-Festival Foods 9:30 Exercise- EC 10:00 manicures-EC 2:00 Bingo-Pub 3:15 Cooking Club -EC 6:00 Sheep Head** | 9:00 Water Exercise 10:00 Lutheran Service-EC 1:30 Dominos-IL** 3:00 Crochet/Knit Club -EC | Activity Location Key EC+D=Enhanced Care + Dining Room 1 st floor Lobby =1 st Floor Theatre = 3 rd Floor ** =Resident Lead | Activity Location Key IL- Independent Activity Room EC- Enhanced Care Activity Room 2 nd Floor Library- 2 nd Floor | |

SPECIAL EVENTS

Educational Presentation about falls By Aegis at 10 am 1-4-22

*All activities are subject to change when necessary. Residents' families are invited to participate in community events.