




JANUARY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Morning 1 Keepin it fit Donut Delivery Sunday Afternoon Mass Movie New Year's Day	Morning 2 Keepin Fit Fun Facts & Trivia Afternoon Heritage Hikers Adult Coloring	Morning 3 Keepin Fit Sing A Song Sing Along Afternoon Virtual Mass Glitz & Glam Nails	Morning 4 Keepin Fit Would you Rather Wednesday Afternoon Heritage Hikers Finish the Phrase BINGO	Morning 5 Keepin Fit What am I Afternoon Heritage Hikers Craft Corner M	Morning 6 Keepin Fit Brain Games Afternoon Happy Hour W Music & Games Kilocycle Cowboy Sings AL @ 6:00	Morning 7 Keepin Fit Fun Facts & Trivia Afternoon Heritage Hikers Adult Coloring
Morning 8 Keepin it fit Donut Delivery Sunday Afternoon Mass Movie & Snacks	Morning 9 Keepin Fit Finish the Phrase Afternoon Heritage Hikers Balloon Ball	Morning 10 Keepin Fit Sing A Song Sing Along Afternoon Virtual Mass Glitz & Glam Nails	Morning 11 Keepin Fit Morning BINGO Afternoon Heritage Hikers Dan Sullivan Sings	Morning 12 Keepin Fit What am I Afternoon Heritage Hikers White Board Games	Morning 13 Keepin Fit Brain Games Afternoon Happy Hour W Roll A Memory	Morning 14 Keepin Fit Fun Facts & Trivia Afternoon Heritage Hikers Hot Potato
Morning 15 Keepin it fit Donut Delivery Sunday Afternoon Mass Movie & Snacks	Morning 16 Keepin Fit Finish the Phrase Afternoon Heritage Hikers Swatter Ball Martin Luther King	Morning 17 Keepin Fit Sing A Song Sing Along Afternoon Virtual Mass Glitz & Glam Nails	Morning 18 Keepin Fit Would you Rather Wednesday Afternoon Heritage Hikers Craft Corner	Morning 19 Keepin Fit What am I Afternoon Heritage Hikers Snow Much Fun	Morning 20 Keepin Fit Brain Games Afternoon Happy Hour W TV Trivia	Morning 21 Keepin Fit Fun Facts & Trivia Afternoon Heritage Hikers BINGO
Morning 22 Keepin it fit Donut Delivery Sunday Afternoon Mass Movie & Snacks	Morning 23 Keepin Fit Finish the Phrase Afternoon Heritage Hikers Balloon Ball	Morning 24 Keepin Fit Sing A Song Sing Along Afternoon Virtual Mass Glitz & Glam Nails	Morning 25 Keepin Fit Morning BINGO Afternoon Heritage Hikers Find It (Game)	Morning 26 Keepin Fit What am I Afternoon Heritage Hikers Talk about it Thursday	Morning 27 Keepin Fit Brain Games Afternoon Happy Hour W Flip Card & Dice Match	Morning 28 Keepin Fit Fun Facts & Trivia Afternoon Heritage Hikers Prices Then VS Now Game
Morning 29 Keepin it fit Donut Delivery Sunday Afternoon Mass Movie & Snacks	Morning 30 Keepin Fit Finish the Phrase Afternoon Heritage Hikers Swatter Ball	Morning 31 Keepin Fit Sing A Song Sing Along Afternoon Virtual Mass Glitz & Glam Nails		January Birthdays Carol S. Jan. 10 th Dayne Rae Jan. 18 th		

MEMORY CARE

Community Life Enrichment Calendar

SPECIAL EVENTS

Family Social January 6th at 6:00 PM

Educational Presentation January 28th at 1:00 PM

**All activities are subject to change when necessary. Residents' families are invited to participate in community events.*

HSL Independent Assisted Living Memory Care