


June

Heritage West Allis Assisted Living Life Enrichment Calendar

Please Note: All activities take place individually in the residents room 6 feet social distancing rule.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	National Nail Polish Day 1 9:30 Sit and Be Fit 10:30 Dynseo 1:30 Manicures 6:00 Coloring Pages	2 9:30 Stretch & Flex 10:30 Geography (WI) Trivia 2:30 Card Games 6:00 Puzzle Mania	3 9:30 Bodies in Motion 10:30 Pen Pals 2:30 Learn About Wisconsin Lakes 6:00 Board Games	4 9:30 1:1 Workout 10:30 Trivia 1:30 Reminisce W/ Me 6:00 Puzzle Mania	National Doughnut Day 5 9:00 Doughnut and Coffee Cart 10:00 Flex, Fit, Fun 3:00 Happy Hour 6:00 Coloring Pages	6 9:30 Weekend Fitness 2:15 Crafty Pals 4:00 Scrabble
National Chocolate Ice Cream Day 7 Nurse appreciation week 9:45 In Room Faith and Fellowship 10:30 Weekend Fitness 2:00 Movie W/ Chocolate Ice Cream 4:15 Card Games	8 9:30 Sit and Be Fit 10:30 Dynseo 1:30 Toss & Talk 6:00 Coloring Pages	9 9:30 Stretch & Flex 10:30 Trivia 2:30 Card Games 6:00 Puzzle Mania	10 9:30 Bodies in Motion 10:30 Pen Pals 2:30 Dominoes 6:00 Board Games	National Corn on the Cob Day 11 9:30 1:1 Workout 10:30 Literature Trivia 12:00 Corn on the Cob Lunch 1:30 Reminisce W/ Me 6:00 Puzzle Mania	12 9:00 Doughnut and Coffee Cart 10:00 Flex, Fit, Fun 3:00 Ice Cream Cart 6:00 Coloring Pages	13 9:30 Weekend Fitness 2:15 Crafty Pals 4:00 Scrabble
14 9:45 In Room Faith and Fellowship 10:30 Weekend Fitness 2:00 Movie W/ Popcorn 4:15 Card Games	15 9:30 Sit and Be Fit 10:30 Dynseo 1:30 Toss & Talk 6:00 Coloring Pages	International Fudge Day 16 9:30 Stretch & Flex 10:30 Animal Trivia 2:30 Card Games & Fudge Snacks 6:00 Puzzle Mania	17 9:30 Bodies in Motion 10:30 Pen Pals 2:30 Learn About Wisconsin 6:00 Board Games	18 9:30 1:1 Workout 10:30 Trivia 1:30 Reminisce W/ Me 6:00 Puzzle Mania	National Martini Day 19 9:00 Doughnut and Coffee Cart 10:00 Flex, Fit, Fun 12:00 Father's Day 'Picnic' Lunch 3:00 Happy Hour: Make Your Own Mocktails 6:00 Coloring Pages	20 9:30 Weekend Fitness 2:15 Crafty Pals 4:00 Scrabble
Father's Day 21 9:45 In Room Faith and Fellowship 10:30 Weekend Fitness 2:00 Movie W/ Popcorn 4:15 Card Games	22 9:30 Sit and Be Fit 10:30 Dynseo 1:30 Toss & Talk 6:00 Coloring Pages	23 9:30 Stretch & Flex 10:30 Trivia 2:30 Card Games 6:00 Puzzle Mania	24 9:30 Bodies in Motion 10:30 Pen Pals 2:30 Birthday Celebration 6:00 Board Games	National The Beatles Day 25 9:30 1:1 Workout 10:30 Beatles Trivia 1:30 Reminisce W/ Me 6:00 Puzzle Mania	26 9:00 Doughnut and Coffee Cart 10:00 Flex, Fit, Fun 3:00 Ice Cream Cart 6:00 Coloring Pages	27 9:30 Weekend Fitness 2:15 Crafty Pals 4:00 Scrabble
28 9:45 In Room Faith and Fellowship 10:30 Weekend Fitness 2:00 Movie W/ Popcorn 4:15 Card Games	29 9:30 Sit and Be Fit 10:30 Dynseo 1:30 Toss & Talk 6:00 Coloring Pages	30 9:30 Hallway Bowling 10:30 Trivia 3:00 Card Games 6:00 Puzzle Mania	 <p><i>Celebrating WI Lakes & Landmarks</i></p>			Happy Birthday Ann T. – 6/8 Clara S. – 6/10 Jeffery K. – 6/29 

*All activities are subject to change when necessary
Residents' families are invited to participate in community events.

Musical Performance

Happy Hour

Spiritual Service