



February

Heritage West Allis Memory Care Life Enrichment Calendar

Special Events

Prom & Entertainment February 18 at 5 p.m. (IL Room)
Paczi/Mardi Gras Breakfast February 25 at 8 a.m.

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|--|---|---|--|---|
|  <h1 style="font-size: 2em;">I Heart Wisconsin</h1> | | | <h2>Happy Birthday</h2> <p>Doloris W. 2/04 Jim B. 2/08 Ewa W. 2/11</p>  | | <p>9:15 Dynseo Competition 10:00 Chicken Soup Stories -AL 11:00 Weekend Fitness -AL 1:30 Bingo- AL 3:15 Relax, Rewind, Refreshments - AL 4:00 Coloring Creations</p> | |
| <p>9:15 Dynseo Competition 9:30 Faith & Fellowship -AL 10:00 Conversation Dice- AL 11:00 Flex, Fit & Fun- AL 1:30 Hangman- AL 2:30 Action Film w/ Popcorn -AL</p> | <p>9:15 Dynseo Competition 10:00 Mani Monday 11:00 Sit and Be Fit -AL 1:30 The Bookworms Book Club-AL 2:30 Bingo -AL 3:45 Heritage Singers-AL</p> | <p>9:15 Dynseo Competition 10:00 Poets Corner-AL 11:00 Wii Fitness -AL 1:30 Cranium Crunches: Scattergories -AL 2:30 Tea Time & Chat 3:30 Art Pages</p> | <p>9:15 Dynseo Competition 10:00 Catholic Mass -IL 11:00 Bodies in Motion-AL 1:30 Bakers Corner: Money Bread-AL 2:15 Trivia and Treats -AL 3:00 Bingo-AL 4:00 Table Games/Puzzles</p> | <p>9:15 Dynseo Competition 10:00 Feet to the Fire- AL 11:00 Balloon Volleyball -AL 1:30 Current Events 2:30 Lutheran Church -AL 3:30 Yahtzee 4:00 Art Pages</p> | <p>9:00 Coffee/Donut Cart 9:30 Catholic Mass/Rosary & Communion -IL 11:00 Make Rice Krispy Treats-AL 1:30 Innovation Fitness-AL 3:00 Happy Hour: Pink Punch - Pub 3:00 Easy Days Quartet- Pub</p> | <p>9:15 Dynseo 10:00 Java & Jokes-AL 11:00 Weekend Fitness-AL 1:30 Bingo-AL 3:00 Movie Matinee w/ Popcorn-AL 4:15 Brain Teasers</p> |
| <p>9:30 Faith & Fellowship -AL 10:00 Punch & Poetry-AL 11:00 Flex, Fit & Fun-AL 1:30 Art time with Juli: Suncatchers-AL 2:30 Action Film w/ Popcorn- AL</p> | <p>9:15 Dynseo 10:00 Mani Monday 11:00 Sit and Be Fit - AL 1:30 The Bookworms Book Club-AL 2:30 Pokeno-AL 3:45 Heritage Singers</p> | <p>9:15 Dynseo 10:00 Mind Games: Joke Hangman- AL 11:00 Wii Fitness - AL 1:30 Jeopardy! -AL 2:30 Creative Art: Val Pal Mailboxes -AL 4:00 Art Pages</p> | <p>9:15 Dynseo 10:00 Catholic Mass -IL 11:00 Bodies in Motion-AL 1:30 Crafting Creations: Valentine's Day Cards 2:45 Valentine's Funny Bloopers-AL 3:00 Bingo- AL</p> | <p>9:15 Dynseo 10:00 Feet to the Fire- AL 11:00 Balloon Volleyball -AL 1:30 Music Trivia - AL 2:30 Lutheran Church -AL 3:30 Hot Seat Game- AL 4:00 Art Pages</p> | <p style="text-align: center;">Valentine's Day</p> <p>9:00 Coffee/Donut Cart 10:00 Rosary & Communion-AL 11:00 Baking Club: Val Pal Sugar Cookies- AL 1:15 Innovation Fitness- AL 2:00 Gary Wisner – Pub 2:15 Happy Hour: Love Potion Punch- Pub</p> | <p>9:15 Dynseo 10:00 Chicken Soup Stories- AL 11:00 Weekend Fitness- AL 1:30 Bingo -AL 3:15 Relax, Rewind, Refreshments -AL 4:00 Coloring Creations</p> |
| <p>9:15 Dynseo Competition 9:30 Faith & Fellowship -AL 10:00 Conversation Dice- AL 11:00 Flex, Fit & Fun- AL 1:30 Hangman- AL 2:30 Action Film w/ Popcorn -AL</p> | <p>9:15 Dynseo 10:00 Mani Monday 11:00 Sit and Be Fit -AL 1:30 The Bookworms Book Club-AL 2:30 Bingo-AL 3:45 Heritage Singers</p> | <p>9:15 Dynseo 10:00 Crafting Creations: Disco Balls & Prom Décor-AL 11:00 Wii Fitness -AL 1:30 Scattergories-AL 4:00 Dinner 5:00 Senior Prom + Rockin' Randy Entertainment -IL</p> | <p>9:15 Dynseo 10:00 Catholic Mass -IL 11:00 Bodies in Motion-AL 1:30 Bakers Corner: Meltaway Cinnamon Muffins-AL 2:15 Trivia and Treats-AL 3:00 Bingo-AL 4:00 Table Games / Puzzles</p> | <p>9:15 Dynseo 10:00 Feet to the Fire-AL 11:00 Balloon Volleyball-AL 1:30 Current Events 2:30 Lutheran Church -AL 3:15 Yahtzee 4:00 Art Pages</p> | <p>9:00 Coffee/Donut Cart 9:30 Catholic Mass/Rosary & Communion -IL 11:00 Baking Buddies: Cake-AL 1:30 Innovation Fitness-AL 3:00 Happy Hour + Birthday Celebrations – Pub 3:00 Brian Olson - Pub</p> | <p>9:15 Dynseo 10:00 Java & Jokes-AL 11:00 Weekend Fitness-AL 1:30 Bingo-AL 3:00 Movie Matinee w/ Popcorn-AL 4:15 Brain Teasers</p> |
| <p>9:30 Faith & Fellowship -AL 10:00 Punch & Poetry-AL 11:00 Flex, Fit & Fun-AL 1:30 Art time with Juli: Geometric Painting -AL 2:30 Action Film w/ Popcorn- AL</p> | <p>9:15 Dynseo 10:00 Mani Monday 11:00 Sit and Be Fit - AL 1:30 The Bookworms Book Club-AL 2:30 Pokeno-AL 3:45 Heritage Singers</p> | <p style="text-align: center;">Mardi Gras</p> <p>8:00 Paczi/Mardi Gras Breakfast 9:15 Dynseo 10:00 Baking Buddies: Mardi Gras Kings Cake-AL 11:00 Wii Fitness -AL 1:30 Arm Chair Travel: New Orleans + Mardi Gras Party- AL 3:30 Table Games / Puzzles</p> | <p>9:15 Dynseo 10:00 Catholic Mass -IL 11:00 Bodies in Motion- AL 2:00 Jeopardy! 3:00 Bingo- AL 4:00 Table Games / Puzzles</p> | <p>9:15 Dynseo 10:00 Feet to the Fire- AL 11:00 Balloon Volleyball - AL 1:30 Music Trivia -AL 2:30 Lutheran Church -AL 3:15 Hot Seat Game- AL 4:00 Art Pages</p> | <p>9:00 Coffee/Donut Cart 10:00 Rosary & Communion-AL 11:00 Baking Club: Cream Cheese Spinach Dip- AL 1:30 Innovation Fitness- AL 3:00 Happy Hour: Pink Lemonade Sparkling Punch- Pub 4:00 Table Games / Puzzles</p> | <p>9:15 Dynseo 10:00 Chicken Soup Stories- AL 11:00 Weekend Fitness- AL 1:30 Bingo -AL 3:15 Relax, Rewind, Refreshments -AL 4:00 Coloring Creations</p> |

*All activities are subject to change when necessary
Residents' families are invited to participate in community events.

Musical Performance

Happy Hour

Spiritual Service