

















































August

Heritage West Allis Assisted/Enhanced Life Enrichment Calendar

Recurring Activities
Flex, Fit & Fun Daily at 11 a.m. (A2) | Snack Cart Daily at 7 p.m.
Happy Hour Fridays at 3:30 p.m. (Pub)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Celebrating WI Fairs & Festivals	Happy Birthday Herb M. – 8/1 Edith M. – 8/7 Irene K. – 8/18 Carl P. – 8/21  Martha M. – 8/23 Barbara K. – 8/25 Thomas R. – 8/29		1 9:15 Dynseo 10:00 Coffee Cart-Room to Room 11:00 Flex, Fit & Fun 1:00 Conversation Dice 2:30 Lutheran Church 3:30 Bingo -Prizes 4:00 Ice Pops Outside	2 9:30 Catholic Mass/Rosary & Communion (IL Room) 11:00 Heritage Bakers 1:30 Innovative Fitness 3:00 Crafting Creations 3:30 Happy Hour (Pub)  	3 9:15 Dynseo 11:00 Flex, Fit & Fun 1:30 Pokeno 3:30 Board Games & Chat 6:30 Movie & Popcorn  
4 9:00 Sweet Treats & Java 10:00 Church 11:00 Flex, Fit & Fun 1:00 Bingo 2:30 Social Hour 4:00 Board Games 6:00 Movie Mania 	5 9:15 Dynseo 10:00 Clip, File 'n Polish 11:00 Flex, Fit & Fun 1:00 Outside Chat & Snack 1:30 Yahtzee 3:00 Bingo 4:30 Bunco 	6 9:15 Walmart Trip/Dynseo 11:00 Flex, Fit & Fun 1:00 State Fair Cream Puffs 2:00 Pokeno 3:30 Heritage Crafters 4:30 Uno or Card game of choice  	7 9:15 Dynseo 10:00 Catholic Mass (IL Room) 11:00 Flex, Fit & Fun 12:00 Men Who Lunch 2:00 Music W/Carol(MC) 3:00 Bingo 4:15 Cocktails & Cards  	8 9:15 Dynseo 10:00 Coffee Cart-Room to Room 11:00 Flex, Fit & Fun 1:00 Heritage Crafters 2:30 Lutheran Church 3:30 Bingo -Prizes 4:00 Ice Pops Outside 	9 9:00 Seniors of WI Bingo(outing) 10:00 Rosary & Communion 11:00 Heritage Bakers 1:30 Innovative Fitness 3:00 Crafting Creations 3:30 Happy Hour (Pub)  	10 9:15 Dynseo 10:00 Visit from Chloe 11:00 Flex, Fit & Fun 1:30 Pokeno 3:30 Board Games & Chat 6:30 Movie & Popcorn  
11 9:00 Sweet Treats & Java 10:00 Church 11:00 Flex, Fit & Fun 1:00 Bingo 2:30 Social Hour 4:00 Board Games 6:00 Movie Mania 	12 9:15 Dynseo 10:00 Clip, File 'n Polish 11:00 Flex, Fit & Fun 1:00 Outside Chat & Snack 1:30 Ice Cream Making (Pub) 3:00 Bingo 4:30 Bunco 	13 9:15 Dynseo 11:00 Flex, Fit & Fun 1:00 Sporkies Trivia-WI State Fair 2:00 Craig Siemsen Performs 3:30 Pokeno 4:30 Heritage Crafters 	14 9:15 Dynseo 10:00 Catholic Mass (IL Room) 11:00 Flex, Fit & Fun 1:15 Resident Council 3:00 Bingo 4:15 Cocktails & Chat 	15 9:15 Dynseo 10:00 Coffee Cart-Room to Room 11:00 Flex, Fit & Fun 1:00 Feet to the Fire 2:30 Lutheran Church 3:30 Bingo -Prizes 4:00 Ice Pops Outside 	16 9:30 Catholic Mass/Rosary & Communion (IL Room) 11:00 Heritage Bakers 1:30 Innovative Fitness 3:00 Crafting Creations 3:30 Happy Hour (Pub)  	17 9:15 Dynseo 11:00 Flex, Fit & Fun 1:30 Pokeno 3:30 Board Games & Chat 6:30 Movie & Popcorn  
18 9:00 Sweet Treats & Java 10:00 Church 11:00 Flex, Fit & Fun 1:00 Bingo 2:30 Social Hour 4:00 Board Games 6:00 Movie Mania 	19 9:15 Dynseo 10:00 Clip, File 'n Polish 11:00 Flex, Fit & Fun 1:00 Outside Chat & Snack 1:30 Heritage Hounds 3:00 Bingo 4:30 Bunco 	20 9:15 Dynseo 10:00 Kindercare Visit (IL Room) 1:00 Heritage Crafters 2:00 Carrie Labinski (MC) 3:30 Pokeno 4:30 Relaxation & Reminiscing  	21 9:15 Dynseo 10:00 Catholic Mass (IL Room) 11:00 Flex, Fit & Fun 12:00 Women's Lunch Out 1:30 Heritage State Fair 3:00 Bingo 4:15 Brain Games  	22 9:15 Dynseo 10:00 Coffee Cart-Room to Room 11:00 Flex, Fit & Fun 1:00 Feet to the Fire 2:30 Lutheran Church 3:30 Bingo -Prizes 4:00 Ice Pops Outside 	23 9:15 Dynseo 10:00 Rosary & Communion (A2) 11:00 Heritage Bakers 1:30 Innovative Fitness 3:00 Crafting Creations 3:30 Happy Hour (Pub)  	24 9:15 Dynseo 11:00 Flex, Fit & Fun 1:30 Pokeno 3:30 Board Games & Chat 6:30 Movie & Popcorn  
25 9:00 Sweet Treats & Java 10:00 Church 11:00 Flex, Fit & Fun 1:00 Bingo 2:30 Social Hour 4:00 Board Games 	26 10:00 Clip, File 'n Polish 11:00 Flex, Fit & Fun 1:00 Outing to Movies 1:30 Brain Games 3:00 Bingo 4:30 Bunco  	27 9:15 Walmart Trip/Dynseo 11:00 Flex, Fit & Fun 1:00 Heritage Crafters 2:00 Greg Driss Performs(Aug B-day Celebration) 3:30 Pokeno  	28 10:00 Catholic Mass (IL Room) 11:00 Flex, Fit & Fun 12:00 Red Hat Society Lunch 3:00 Bingo 4:15 Cocktails & Board Games 6:00 State Fair Documentary 	29 10:00 Coffee Cart-Room to Room 11:00 Flex, Fit & Fun 1:00 Feet to the Fire 2:30 Lutheran Church 3:30 Bingo -Prizes 4:00 Ice Pops Outside 	30 10:00 Rosary & Communion (A2) 11:00 Heritage Bakers 1:30 Innovative Fitness 3:00 Crafting Creations 3:30 Happy Hour (Pub)  	31 11:00 Flex, Fit & Fun 1:00 Snacks & Chat 1:30 Pokeno 3:30 Board Games & Chat 6:30 Movie & Popcorn  

*All activities are subject to change when necessary. All activities held in A1 unless otherwise specified.
Residents' families are invited to participate in community events.

Music Happy Hour Celebrate Wisconsin
Spiritual Activity Exercise Bingo/Pokeno