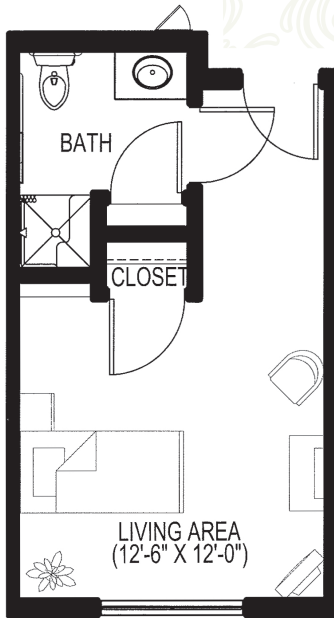


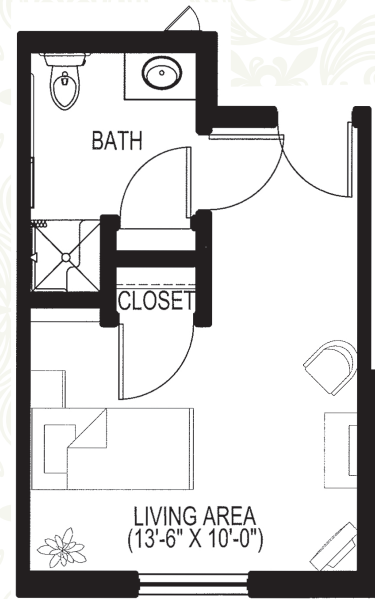
Unit Plans

Enhanced Care

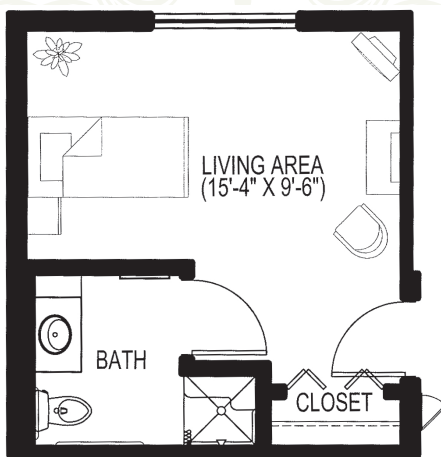
Our Enhanced Care community offers studios and one-bedroom apartments. Within each apartment is a private bath with walk-in shower, granite countertops, and spacious closets.



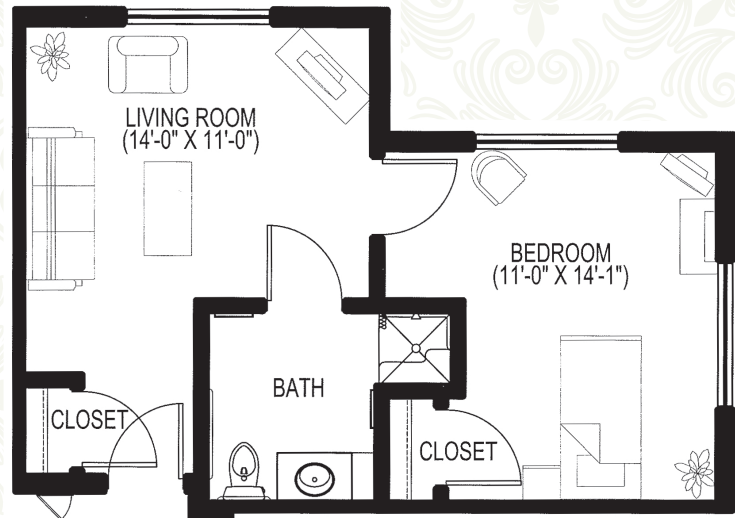
STUDIO
265 Sq. Ft.



STUDIO
262 Sq. Ft.



STUDIO
289 Sq. Ft.



ONE BEDROOM
502 Sq. Ft.



This is an Equal Housing Opportunity Community which adheres to all State and Federal Fair Housing Laws.



Philosophy Of Care

Memory Care

Vision

Heritage Senior Living's vision is to be the Midwest's premier provider of senior living services, transforming the industry through innovation in care, employee development and resident lifestyle enhancement. To achieve our vision we:

- Strive to deliver the highest quality of care within every Heritage community
- Provide comprehensive and individualized care to each and every resident
- Meet and exceed both the cognitive and physical needs of our residents
- Create a comfortable lifestyle for seniors based on free choice, dignity and respect
- Promote innovation and centers of clinical excellence

Philosophy Of Care

We're collectively committed to the following five principles which serve as guidelines for all our programs and relationships.

Independence

Our programs emphasize self-reliance within a supportive environment which enhances the residents' quality of life and helps them to feel good about themselves.

Individuality

We customize our care programs to reflect the interests, abilities and preferences of each individual resident because each of us experiences the aging process differently.

Privacy

Residents maintain and decorate their own apartment with personal belongings. Apartment and mail keys are issued if requested, yet staff will always knock before entering.

Choice

Residents are encouraged to continue to make their own decisions. Our programs and care plans are designed to honor individual preferences by providing plenty of variety from entrée choices to the daily scheduling of care and activities.

Dignity

Our staff is committed to assisting residents in their personal needs such as bathing, dressing and toileting in a manner that is always sensitive to the resident's dignity.

Resident Services

Enhanced Care

Walk through the doors of one of our senior living communities and you will immediately sense the homelike and friendly atmosphere.

At Heritage West Allis, we offer personalized care and services to meet the needs of each individual resident. Well-trained and compassionate staff members are available 24 hours per day in addition to a reassuring emergency call system with personalized call pendants.



Wellness

Personalized care plans are developed based on residents' needs, as well as medication management. In addition, Heritage offers a variety of services such as a visiting physician, podiatrist, audiologist, dentist, eye doctor, and therapy. *(services may vary per location)*

Culinary

Our culinary program provides flexibility and choice for our residents. Mealtimes offer delicious and nutritious meals served restaurant-style. Private dining rooms are available for personal use.

Life Enrichment

Daily planned activities are offered to nurture the mind, body and spirit and allow residents to socialize and remain active. Residents are able to choose from a variety of lifestyle activities including community outings.

Mobility

Walking programs, advanced mechanical lifts, transitional therapy and a Falls Prevention program provide residents the help they need to maintain their quality of life.

Revitalize

Relaxing spa services such as massage, reiki, aromatherapy, yoga, and tai chi help to revitalize the mind and body. *(programs may vary per location)*

Respite

Short-term stays are available from 5-28 days offering a temporary break for one to regain strength prior to going home.

Activity Programs

Enhanced Care

Here is what a typical day may look like:

7:00 a.m. to 9:30 a.m.

Breakfast
Household Activities
Exercise

9:30 a.m. to 11:30 a.m.

Recreation Program Activities
Snacks
Individual Activities

11:30 a.m. to 2:30 p.m.

Dinner
Household Activities
Quiet Time/Rest Time

2:30 p.m. to 5:30 p.m.

Snacks
Recreation Program Activities
Individual Activities

5:30 p.m. to 7:00 p.m.

Supper
Household Activities

7:00 p.m. to 8:00 p.m.

Recreation Program Activities
Evening Snack

8:00 p.m. to ?

Personal Time
Household Activities
Bedtime

RECREATION PROGRAMS: Music, Walking/Stretching/Exercising, Table Games, Pet Therapy, Religious Services, Sports and Recreation, Cooking/Baking, Outings, Children's Visits, Entertainment, Reminiscing, Arts and Crafts, Poetry

HOUSEHOLD ACTIVITIES: Bed Making, Grooming, Sweeping, Personal Health and Hygiene, Setting the Table, Folding Laundry, Reading Mail, Getting Ready for Bed, Gardening