




















































February

Heritage West Allis Memory Care Life Enrichment Calendar

Recurring Activities

Fitness For Life Daily at 11 a.m.
Sundae Funday Sundays at 3:30 p.m.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1 style="text-align: center;">I Heart Wisconsin</h1>						
<p>10:00 Church</p> <p>11:00 Fitness For Life</p> <p>1:30 Card Club</p> <p>2:30 Table Shading</p> <p>3:30 Sundae Funday</p> <p>6:00 Movie & Popcorn</p>  	<p>10:00 Table Shading</p> <p>11:00 Fitness For Life</p> <p>1:30 Manicure Monday</p> <p>2:30 Heritage Hounds</p> <p>3:30 Short Stories by the Fire</p> <p>4:00 Heritage Hikers</p> 	<p>9:15 Walmart Trip</p> <p>11:00 Fitness For Life</p> <p>1:00 Heritage Hikers</p> <p>2:00 Joe Kadlec Performs (A2)</p> <p>3:30 Bingo</p> <p>6:00 Kickin' Karaoke</p>  	<p>10:00 Catholic Mass (IL Room)</p> <p>11:00 Fitness For Life</p> <p>12:00 Men Who Lunch</p> <p>1:30 Heritage Hikers</p> <p>2:00 Bunco</p> <p>3:00 Bingo</p> <p>4:00 Drama Club</p>  	<p>10:00 Table Shading</p> <p>11:00 Fitness For Life</p> <p>1:30 Rhythm Band</p> <p>2:30 Lutheran Church</p> <p>3:30 Bingo</p> <p>4:30 Heritage Hikers</p> <p>6:00 Table Games</p>  	<p>9:30 Catholic Mass/Rosary & Communion (IL Room)</p> <p>11:00 Fitness For Life</p> <p>1:30 Heritage Bakers</p> <p>3:00 Heritage Crafters</p> <p>3:30 Happy Hour (Pub)</p> <p>6:00 Movie Mania</p>  	<p>10:00 Coffee & Donuts</p> <p>10:30 Fitness For Life</p> <p>11:00 Craft of Choice</p> <p>2:30 Bingo</p> <p>3:30 Table Shading & Chat</p> <p>4:00 Kickin' Karaoke</p> <p>6:00 Movie & Popcorn</p>   
<p>10:00 Church</p> <p>11:00 Fitness For Life</p> <p>1:30 Card Club</p> <p>2:30 Table Shading</p> <p>3:30 Sundae Funday</p> <p>6:00 Movie & Popcorn</p>  	<p>10:00 Table Shading</p> <p>11:00 Fitness For Life</p> <p>1:30 Manicure Monday</p> <p>2:30 Heritage Hounds</p> <p>3:30 Short Stories by the Fire</p> <p>4:00 Heritage Hikers</p> 	<p>10:00 Donut Tuesday</p> <p>11:00 Fitness For Life</p> <p>1:00 Heritage Hikers</p> <p>2:00 Gary Wisner Performs-Love Show (A2)</p> <p>3:30 Bingo</p> <p>6:00 Kickin' Karaoke</p>  	<p>10:00 Catholic Mass (IL Room)</p> <p>11:00 Fitness For Life</p> <p>12:00 Women's Lunch Out</p> <p>1:30 Heritage Hikers</p> <p>2:00 Bunco</p> <p>3:00 Bingo</p> <p>4:00 Drama Club</p> <p>6:00 Wednesday Matinee</p>  	<p>Valentine's Day</p> <p>10:00 Table Shading</p> <p>11:00 Fitness For Life</p> <p>1:30 Rhythm Band</p> <p>2:30 Lutheran Church</p> <p>3:30 Bingo</p> <p>4:30 Heritage Hikers</p>  	<p>9:30 Catholic Mass/Rosary & Communion (IL Room)</p> <p>11:00 Fitness For Life</p> <p>2:00-4:00 Sweetheart Dance-Community Room</p> <p>6:00 Movie Mania</p> 	<p>10:00 Coffee & Donuts</p> <p>10:30 Fitness For Life</p> <p>11:00 Craft of Choice</p> <p>2:30 Bingo</p> <p>3:30 Table Shading & Chat</p> <p>4:00 Kickin' Karaoke</p> <p>6:00 Movie & Popcorn</p>   
<p>10:00 Church</p> <p>11:00 Fitness For Life</p> <p>1:30 Card Club</p> <p>2:30 Table Shading</p> <p>3:30 Sundae Funday</p> <p>6:00 Movie & Popcorn</p>  	<p>10:00 Table Shading</p> <p>11:00 Fitness For Life</p> <p>1:30 Manicure Monday</p> <p>2:30 Heritage Hounds</p> <p>3:30 Short Stories by the Fire</p> <p>4:00 Heritage Hikers</p> 	<p>9:15 Walmart Trip</p> <p>11:00 Fitness For Life</p> <p>1:00 Heritage Hikers</p> <p>2:00 Pennys Inn</p> <p>3:30 Bingo</p> <p>6:00 Kickin' Karaoke</p>  	<p>10:00 Catholic Mass (IL Room)</p> <p>11:00 Fitness For Life</p> <p>1:30 Heritage Hikers</p> <p>2:00 Bunco</p> <p>3:00 Bingo</p> <p>4:00 Drama Club</p> <p>6:00 Wednesday Matinee</p>  	<p>10:00 Table Shading</p> <p>11:00 Fitness For Life</p> <p>1:30 Rhythm Band</p> <p>2:30 Lutheran Church</p> <p>3:30 Bingo</p> <p>4:30 Heritage Hikers</p> <p>6:00 Table Games</p>  	<p>10:00 Rosary & Communion (A2)</p> <p>11:00 Fitness For Life</p> <p>1:30 Heritage Bakers</p> <p>3:00 Heritage Crafters</p> <p>3:30 Happy Hour (Pub)</p> <p>6:00 Movie Mania</p>  	<p>10:00 Coffee & Donuts</p> <p>10:30 Fitness For Life</p> <p>11:00 Craft of Choice</p> <p>2:30 Bingo</p> <p>3:30 Table Shading & Chat</p> <p>4:00 Kickin' Karaoke</p> <p>6:00 Movie & Popcorn</p>   
<p>10:00 Church</p> <p>11:00 Fitness For Life</p> <p>1:30 Card Club</p> <p>2:30 Table Shading</p> <p>3:30 Sundae Funday</p> <p>6:00 Movie & Popcorn</p>  	<p>10:00 Table Shading</p> <p>11:00 Fitness For Life</p> <p>1:30 Manicure Monday</p> <p>2:30 Heritage Hounds</p> <p>3:30 Short Stories by the Fire</p> <p>4:00 Heritage Hikers</p> 	<p>10:00 Donut Tuesday</p> <p>11:00 Fitness For Life</p> <p>1:00 Heritage Hikers</p> <p>2:00 Pennys Inn</p> <p>3:30 Bingo</p> <p>6:00 Kickin' Karaoke</p>  	<p>10:00 Catholic Mass (IL Room)</p> <p>11:00 Fitness For Life</p> <p>12:00 Red Hat Society Lunch (A2)</p> <p>1:30 Heritage Hikers</p> <p>2:00 Bunco</p> <p>3:00 Bingo</p> <p>4:00 Drama Club</p> <p>6:00 Wednesday Matinee</p>  	<p>10:00 Table Shading</p> <p>11:00 Fitness For Life</p> <p>1:30 Rhythm Band</p> <p>2:30 Lutheran Church</p> <p>3:15 Johnny Moore Performs (A2)</p> <p>6:00 Table Games</p> 	<h3>Happy Birthday</h3> <p>Doloris W. – 2/04</p> <p>Susan L. – 2/04</p> <p>Ewa W. – 2/11</p> 	

*All activities are subject to change when necessary
Residents' families are invited to participate in community events.

Musical Activity/Live Music Bingo
Religious Activity Exercise Happy Hour