
















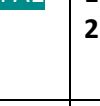








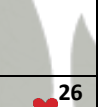













# February

## Heritage West Allis Assisted Living Life Enrichment Calendar

### Recurring Activities

Keepin' Fit Daily at 11 a.m. (A1)

Happy Hour Fridays at 3:30 p.m. (Pub)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1 style="font-size: 48px; margin: 0;">I Heart Wisconsin</h1>						
<p>3</p> <p>9:00 Sweet Treats &amp; Java (A2) 10:00 Church (A1) 11:00 Flex, Fit &amp; Fun (A1) 1:00 Heritage Hikers-Meet in A1 1:30 Board Games (A2) 3:00 Reading Club (A2) 6:00 Movie Mania (A1)</p> 	<p>4</p> <p>10:00 Clip, File 'n Polish (A2) 11:00 Flex, Fit &amp; Fun (A1) 1:00 Heritage Hikers-Meet in A1 1:30 Heritage Hounds A2 3:00 Bingo (A2) 4:00 Bunco (A2) 6:00 Card Club- Cribbage (A2)</p> 	<p>5</p> <p>9:15 Walmart Trip 11:00 Flex, Fit &amp; Fun (A1) 1:00 Heritage Hikers-Meet in A1 2:00 Joe Kadlec Performs (A2) 3:30 Pokeno (A2) 6:00 Snack Room to Room</p>  	<p>6</p> <p>10:00 Catholic Mass (IL Room) 11:00 Flex, Fit &amp; Fun (A1) 12:00 Men Who Lunch 1:30 Heritage Crafters (A2) 3:00 Bingo (A2) 4:15 Heritage Hikers-Meet in A1 6:00 Card Club Rummy (A2)</p>  	<p>7</p> <p>10:00 Coffee Cart-Room to Room 11:00 Flex, Fit &amp; Fun (A1) 1:00 Heritage Hikers-Meet in A1 1:30 Bunco (A2) 2:30 Lutheran Church (A1) 3:30 Wheel of Fortune (A2) 4:00 Fact or Crap (A2)</p> 	<p>8</p> <p>10:00 Rosary &amp; Communion (A2) 11:00 Flex, Fit &amp; Fun (A1) 1:30 Heritage Bakers 3:00 Crafting Creations (A2) 3:30 Happy Hour (Pub) 6:00 Board Games (A2)</p>  	<p>9</p> <p>11:00 Flex, Fit &amp; Fun (A1) 1:00 Heritage Hikers-Meet in A1 1:30 Pokeno (A2) 3:30 Board Games &amp; Chat (A2) 6:30 Movie &amp; Popcorn (A1)</p> 
<p>10</p> <p>9:00 Sweet Treats &amp; Java (A2) 10:00 Church (A1) 11:00 Flex, Fit &amp; Fun (A1) 1:00 Heritage Hikers-Meet in A1 1:30 Board Games (A2) 3:00 Reading Club (A2) 6:00 Movie Mania (A1)</p> 	<p>11</p> <p>10:00 Clip, File 'n Polish (A2) 11:00 Flex, Fit &amp; Fun (A1) 1:00 Heritage Hikers-Meet in A1 1:30 Heritage Hounds (A2) 3:00 Bingo (A2) 4:00 Bunco (A2) 6:00 Card Club- Rummy (A2)</p> 	<p>12</p> <p>9:30 Donut Tuesday (A2) 11:00 Flex, Fit &amp; Fun (A1) 1:00 Heritage Hikers-Meet in A1 2:00 Gary Wisner Performs-Love Show (A2) 3:30 Pokeno (A2) 6:00 Snack Room to Room</p> 	<p>13</p> <p>10:00 Catholic Mass (IL Room) 11:00 Flex, Fit &amp; Fun (A1) 12:00 Women's Lunch Out 1:30 Heritage Crafters (A2) 3:00 Bingo (A2) 4:15 Heritage Hikers-Meet in A1 6:00 Card Club Cribbage (A2)</p>  	<p>Valentine's Day</p> <p>14</p> <p>10:00 Coffee Cart-Room to Room 11:00 Flex, Fit &amp; Fun (A1) 12:00 Sweetheart Lunch (Pub) 1:00 Heritage Hikers-Meet in A1 1:30 Bunco (A2) 2:30 Lutheran Church (A1)</p>  	<p>15</p> <p>9:30 Catholic Mass/Rosary &amp; Communion (IL Room) 11:00 Flex, Fit &amp; Fun (A1) 1:30 Heritage Bakers 2:00-4:00 Sweetheart Dance-Community Room 6:00 Board Games (A2)</p>  	<p>16</p> <p>11:00 Flex, Fit &amp; Fun (A1) 1:00 Heritage Hikers-Meet in A1 1:30 Pokeno (A2) 3:30 Board Games &amp; Chat (A2) 6:30 Movie &amp; Popcorn (A1)</p> 
<p>17</p> <p>9:00 Sweet Treats &amp; Java (A2) 10:00 Church (A1) 11:00 Flex, Fit &amp; Fun (A1) 1:00 Heritage Hikers-Meet in A1 1:30 Board Games (A2) 3:00 Reading Club (A2) 6:00 Movie Mania (A1)</p> 	<p>18</p> <p>10:00 Clip, File 'n Polish (A2) 11:00 Flex, Fit &amp; Fun (A1) 1:00 Heritage Hikers-Meet in A1 1:30 Heritage Hounds (A2) 3:00 Bingo (A2) 4:00 Bunco (A2) 6:00 Card Club- Cribbage (A2)</p> 	<p>19</p> <p>9:15 Walmart Trip 11:00 Flex, Fit &amp; Fun (A1) 1:00 Heritage Hikers-Meet in A1 2:00 Short Stories by the Fire (Fireplace) 3:30 Pokeno (A2) 6:00 Snack Room to Room</p>  	<p>20</p> <p>10:00 Catholic Mass (IL Room) 11:00 Flex, Fit &amp; Fun (A1) 1:15 Resident Council (A1) 3:00 Bingo (A2) 4:15 Heritage Hikers-Meet in A1 6:00 Card Club Rummy (A2)</p>  	<p>21</p> <p>10:00 Coffee Cart-Room to Room 11:00 Flex, Fit &amp; Fun (A1) 1:00 Heritage Hikers-Meet in A1 1:30 Bunco (A1) 2:30 Lutheran Church (A1) 3:30 Guess Who (A2) 4:00 Uno (A2)</p> 	<p>22</p> <p>10:00 Rosary &amp; Communion (A2) 11:00 Flex, Fit &amp; Fun (A1) 1:30 Heritage Bakers 3:00 Crafting Creations (A2) 3:30 Happy Hour (Pub) 6:00 Board Games (A2)</p>  	<p>23</p> <p>11:00 Flex, Fit &amp; Fun (A1) 1:00 Heritage Hikers-Meet in A1 1:30 Pokeno (A2) 3:30 Board Games &amp; Chat (A2) 6:30 Movie &amp; Popcorn (A1)</p> 
<p>24</p> <p>9:00 Sweet Treats &amp; Java (A2) 10:00 Church (A1) 11:00 Flex, Fit &amp; Fun (A1) 1:00 Heritage Hikers-Meet in A1 1:30 Board Games (A2) 3:00 Reading Club (A2) 6:00 Movie Mania (A1)</p> 	<p>25</p> <p>10:00 Clip, File 'n Polish (A2) 11:00 Flex, Fit &amp; Fun (A1) 1:00 Heritage Hikers-Meet in A1 1:30 Heritage Hounds (A2) 3:00 Bingo (A2) 4:00 Bunco (A2) 6:00 Card Club- Rummy (A2)</p> 	<p>26</p> <p>9:30 Donut Tuesday (A2) 11:00 Flex, Fit &amp; Fun (A1) 1:00 Heritage Hikers-Meet in A1 2:00 Drama Club (A2) 3:30 Pokeno (A2) 6:00 Snack Room to Room</p> 	<p>27</p> <p>10:00 Catholic Mass (IL Room) 11:00 Flex, Fit &amp; Fun (A1) 12:00 Red Hat Society Lunch (A2) 1:30 Heritage Crafters (A2) 3:00 Bingo (A2) 4:15 Heritage Hikers-Meet in A1 6:00 Card Club Cribbage (A2)</p>  	<p>28</p> <p>10:00 Coffee Cart-Room to Room 11:00 Flex, Fit &amp; Fun (A1) 1:00 Heritage Hikers-Meet in A1 1:30 Bunco (A1) 2:30 Lutheran Church (A1) 3:15 Johnny Moore Performs (A2)</p> 	<h3>Happy Birthday</h3> <p>Gerry B. – 2/8</p> 	

\*All activities are subject to change when necessary  
Residents' families are invited to participate in community events.

Musical Event/Live Music  
Religious Event    Exercise    Happy Hour  
Bingo/Pokeno