



December

Heritage West Allis Assisted Living Life Enrichment Calendar

Recurring Activities

Flex, Fit, & Fun Daily at 11 a.m.
Catholic Mass Thursdays at 10 a.m.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	 <p style="text-align: center;"><i>Celebrating Wisconsin Holiday Traditions</i></p>				<p style="text-align: center;">Happy Birthday</p> <p>Sue T. – 12/11 Ann L. – 12/16 Germaine J. – 12/20</p> 		<p>11:00 Flex, Fit, & Fun (A1) 1:30 Pokeno (A2) 4:00 West Allis Christmas Parade (Meet in Lobby) 4:00 Bucks vs. Knicks (FSWI)</p>
<p>2 9:00 Sweets Treats & Java (A2) 10:00 Church w/Dave (A1) 12:00 Packers vs. Cardinals (FOX) 1:30 Flex, Fit, & Fun (A1) 3:00 Christmas Table Shading (A2) 5:00 Bucks vs. Raptors (FSWI)</p>	<p>3 10:00 Clip, File' n Polish (A2) 11:00 Flex, Fit, & Fun (A1) 1:30 Caroling Practice (A2) 3:00 Bingo (A2) 6:00 Christmas Wordsearch (Main Bullentin Board)</p>	<p>4 9:00 Walmart Trip 11:30 Flex, Fit, & Fun (A1) 1:15 Pokeno (A2) 3:00 Christmas Trivia (A2) 4:00 Tea & Talk (A2) 6:30 Snack (Room to Room)</p>	<p>5 10:00 Catholic Mass (A1) 11:00 Flex, Fit & Fun (A1) 12:00 Mens Lunch Out 1:30 Caroling Practice (A2) 3:00 Bingo (A2) 6:00 Rummy *Resident Led* (A2) 7:00 Bucks vs. Pistons (FSWI)</p>	<p>6 10:00 Coffee Cart & Snack (Room to Room) 11:00 Nick Party (A2) 2:30 Lutheran Church (A1) 3:30 Flex, Fit, & Fun (A1) 5:00 Family Christmas Dinnner</p>	<p>7 10:00 Rosary & Communion (A1) 11:00 Flex, Fit, & Fun (A1) 1:30 Holiday Sugar Cookie Cup Making (A2) 3:00 Caroling Practice (A2) 3:30 Happy Hour-Pub 4:00 Hot Chocolate Bar (A2) 8:30 Bucks vs. Warriors</p>	<p>8 10:00 Choir & Elf Contest 1:30 Pokeno (A2) 3:30 Flex, Fit, & Fun *Resident Led* 6:30 Movie Night & Popcorn (A2)</p>	
<p>9 9:00 Sweets Treats & Java (A2) 10:00 Church w/Dave (A1) 12:00 Packers vs. Falcons (FOX) 1:30 Flex, Fit, & Fun (A1) 3:00 10th Day OF Christmas (Main Bullentin Board)</p>	<p>10 10:00 Clip, File' n Polish (A2) 11:00 Flex, Fit, & Fun (A1) 1:30 9th Day of Christmas (A2) 3:00 Bingo (A2) 6:00 Christmas Crossword Puzzle (Main Bullentin Board) 7:00 Bucks vs. Cavaliers (FSWI)</p>	<p>11 10:00 Pickle on the tree (Pub) 11:00 Flex, Fit, & Fun (A1) 1:15 Pokeno (A2) 3:00 8th Day of Christmas (A2) 6:30 Snack (Room to Room)</p>	<p>12 9:00 Scrooge! Holiday Floral Show (Milwaukee Domes) 10:00 Catholic Mass (A1) 11:00 Flex, Fit & Fun (A1) 1:15 Resident Council (A1) 3:00 Bingo (A2) 6:00 Bucks vs. Pacers (FSWI)</p>	<p>13 10:00 Coffee Cart & Snack (Room to Room) 11:00 Flex, Fit, & Fun (A1) 1:30 Cookie Baking (A2) 2:30 Lutheran Church (A1) 3:30 Holiday Craft (A2)</p>	<p>14 10:00 Rosary & Communion (A1) 10:00 Cookie & Recipe Swap 1:30 Flex, Fit, & Fun (A1) 3:00 12th Day of Christmas (A2) 3:30 Happy Hour-Pub 4:00 Caroling Practice (A2) 6:30 Bucks vs. Cavaliers (FSWI)</p>	<p>15 11:00 Flex, Fit, & Fun (A1) 1:30 11th Day of Christmas (A2) 3:30 Table Games (A2) 6:30 Movie Night & Popcorn (A2)</p>	
<p>16 9:00 Sweets Treats & Java (A2) 10:00 Church w/Dave (A1) 12:00 Packers vs. Bears 1:30 Flex, Fit, & Fun (A1)</p>	<p>17 10:00 Clip, File' n Polish (A2) 11:00 Flex, Fit, & Fun (A1) 1:30 Caroling Practice (A2) 2:00 December Birthday Party (A1) 3:30 9th Day of Christmas 6:00 Bucks vs. Pistons (FSWI)</p>	<p>18 9:00 Walmart Trip 11:30 Flex, Fit, & Fun (A1) 1:15 Pokeno (A2) 3:00 8th Day of Christmas (A2) 4:00 Hot Chocolate Bar (A2) 6:30 Snack (Room to Room)</p>	<p>19 10:00 Catholic Mass (A1) 11:00 Flex, Fit & Fun (A1) 1:30 Caroling Practice (A2) 2:00 7th Day of Christmas (A2) 3:00 Bingo (A2) 6:00 Candy Cane Lane 7:00 Bucks vs. Pelicans (FSWI)</p>	<p>20 8:30 Breakfast with Santa 11:00 Flex, Fit, & Fun (A1) 1:30 6th Day of Christmas (A2) 2:30 Lutheran Church (A1) 3:30 Holiday Craft (A2) 4:00 Tea & Talk (A2)</p>	<p>21 10:00 Rosary & Communion (A1) 11:00 Flex, Fit, & Fun (A1) 1:30 Chocolate Covered Holiday Pretzels (A2) 3:00 5th Day of Christmas (A2) 3:30 Happy Hour-Pub 4:00 Caroling Practice (A2) 7:00 Bucks vs. Celtics (ESPN)</p>	<p>22 11:00 Flex, Fit, & Fun (A1) 1:30 4th Day of Christmas (A2) 3:30 Table Games (A2) 6:30 Movie Night & Popcorn (A2) 7:00 Bucks vs. Heat (FSS)</p>	
<p>23 9:00 Sweets Treats & Java (A2) 10:00 Church w/Dave (A1) 12:00 Packers vs. Jets (Fox/CBS) 1:30 3rd Day of Christmas (A2)</p>	<p>Christmas Eve 24 10:30 Cocoa & Caroling (Independent Room) 1:30 2nd Day of Christmas (A2)</p>	<p>Christmas Day 25 MERRY CHRISTMAS! 11:00 Flex, Fit, & Fun (A1) 11:00 Bucks vs. Knicks (ESPN) 1:30 1st Day of Christmas (A2) 3:00 Cookies & Cocoa (A2) 6:30 Snack (Room to Room)</p>	<p>26 10:00 Catholic Mass (A1) 11:00 Flex, Fit & Fun (A1) 1:30 Caroling Practice (A2) 3:00 Bingo (A2) 6:00 Rummy *Resident Led* (A2)</p>	<p>27 10:00 Coffee Cart & Snack (Room to Room) 11:00 Flex, Fit, & Fun (A1) 1:30 Hot Chocolate Bar (A2) 2:30 Lutheran Church (A2) 3:30 Holiday Craft Making (A2) 7:00 Bucks vs. Knicks (MSG)</p>	<p>28 10:00 Rosary & Communion (A1) 11:00 Flex, Fit, & Fun (A1) 1:30 Holiday Treat Making (A2) 3:00 Holiday Craft Making (A2) 3:30 Happy Hour-Pub 4:00 Tea & Talk (A2)</p>	<p>29 11:00 Flex, Fit, & Fun (A1) 1:30 Pokeno (A2) 3:30 Table Games (A2) 4:00 Bucks vs. Nets (FSWI) 6:30 Movie Night & Popcorn (A2)</p>	
<p>30 9:00 Sweets Treats & Java (A2) 12:00 Packers vs. Lions (FOX) 10:00 Church w/Dave (A1) 1:30 Flex, Fit, & Fun (A1)</p>	<p>New Year's Eve 31 11:00 New Year's Party (Independent Room)</p>						

*All activities are subject to change when necessary
Residents' families are invited to participate in community events.

Religious Service
Celebrate Wisconsin Exercise