

October

Heritage West Allis Memory Care Life Enrichment Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Happy Birthday Bernadine T.-10/01 Audrey K.-10/04 Gerri L.-10/05 Leta R.-10/06 Shirley M.-10/15 Phillip D.-10/21 Richard S.-10/24	1 10:00 Fitness for Life 11:00 Manicure Monday 1:30 Bingo 2:30 Happy Hour 4:00 Remember When.. 6:00 Board Games	2 10:00 Fitness for Life 11:00 Table Shading 1:30 German Flash Cards-Animals 3:00 Heritage Crafters 4:00 Kickin’ Karoke 6:00 Dynseo	3 10:00 Catholic Mass 11:00 Fitness for Life 12:00 Ladies Who Lunch-Kegels Inn 1:30 Pokeno 3:00 Sweet Treats Social 4:00 Dynseo 6:00 Wednesday Matinee	4 10:00 Fitness for Life 11:00 Table Shading 1:30 Starting the Day 2:30 Luthern Church 4:00 Happy Hour 6:00 Board Games	5 9:15 Coffee & Donuts 10:00 Fitness for Life 11:00 Bingo 1:30 Cooking Club-Dirt Cups 3:00 Heritage Crafters 4:00 Happy Hour & Dynseo 6:00 Movie Mania	6 10:00 Fitness for Life 10:45 Coffee & Cookies 1:30 Dynseo 2:30 Bingo 4:00 Kickin’ Karoke 6:00 Wisconsin German History
7 10:00 Church with Dave 11:30 Fitness For Life 1:30 Card Club 2:30 Sundae Funday 4:00 Dynseo 6:30 Movie & Popcorn	8 10:00 Fitness for Life 11:00 Manicure Monday 1:30 Bingo 2:30 Happy Hour 4:00 Remember When.. 6:00 Board Games	9 10:00 Fitness for Life 11:00 Table Shading 1:30 German Flash Cards-Colors 3:00 Heritage Crafters 4:00 Kickin’ Karoke 6:00 Dynseo	10 10:00 Catholic Mass 11:00 Fitness for Life 1:30 Pokeno 3:00 Sweet Treats Social 4:00 Dynseo 6:00 Wednesday Matinee	11 10:00 Fitness for Life 11:00 Table Shading 1:30 Sensory Cards 2:30 Luthern Church 4:00 Happy Hour 6:00 Board Games	12 9:15 Coffee & Donuts 10:00 Fitness for Life 11:00 Bingo 1:30 Cooking Club-Popcorn Mix 3:00 Heritage Crafters 4:00 Happy Hour & Dynseo 6:00 Movie Mania	13 11:00 Oktoberfest in Cedarburg: Judend/Erwachsenen
14 10:00 Church with Dave 11:30 Fitness For Life 1:30 Card Club 2:30 Sundae Funday 4:00 Dynseo 6:30 Movie & Popcorn	15 10:00 Fitness for Life 11:00 Manicure Monday 1:30 Bingo 2:30 Happy Hour 4:00 Remember When.. 6:00 Board Games	16 10:00 Fitness for Life 11:00 Table Shading 1:30 German Flash Cards-Animals 3:00 Heritage Crafters 4:00 Kickin’ Karoke 6:00 Dynseo	17 10:00 Catholic Mass 11:00 Fitness for Life 12:00 Mens Lunch Out-Kegels Inn 1:30 Pokeno 3:00 Sweet Treats Social 4:00 Dynseo 6:00 Wednesday Matinee	18 10:00 Fitness for Life 11:00 Table Shading 1:30 Starting the Day 2:30 Luthern Church 4:00 Happy Hour 6:00 Board Games	19 9:15 Coffee & Donuts 10:00 Fitness for Life 11:00 Bingo 1:30 Cooking Club-German Chocolate Cupcakes 3:00 Heritage Crafters 4:00 Happy Hour & Dynseo 6:00 Movie Mania	20 10:00 Fitness for Life 10:45 Coffee & Cookies 1:30 Dynseo 2:30 Bingo 4:00 Kickin’ Karoke 6:00 Wisconsin German History
21 10:00 Church with Dave 11:30 Fitness For Life 1:30 Card Club 2:30 Sundae Funday 4:00 Dynseo 6:30 Movie & Popcorn	22 10:00 Fitness for Life 11:00 Manicure Monday 1:30 Bingo 2:30 Happy Hour 4:00 Remember When.. 6:00 Board Games	23 10:00 Fitness for Life 11:00 Table Shading 1:30 German Flash Cards-Numbers 3:00 Heritage Crafters 4:00 Kickin’ Karoke 6:00 Dynseo	24 10:00 Catholic Mass 11:00 Fitness for Life 1:30 Pokeno 3:00 Sweet Treats Social 4:00 Dynseo 6:00 Wednesday Matinee	25 10:00 Fitness for Life 11:00 Table Shading 1:30 Sensory Cards 2:30 Luthern Church 4:00 Happy Hour 6:00 Board Games	26 9:15 Coffee & Donuts 10:00 Fitness for Life 11:00 Bingo 1:30 Cooking Club-Halloween Trail Mix 3:00 Heritage Crafters 4:00 Happy Hour & Dynseo 6:00 Movie Mania	27 10:00 Fitness for Life 10:45 Coffee & Cookies 1:30 Dynseo 2:30 Bingo 4:00 Heritage Crafters 6:00 Kickin’ Karoke-German Songs
28 10:00 Church with Dave 11:30 Fitness For Life 1:30 Card Club 2:30 Sundae Funday 4:00 Dynseo 6:30 Movie & Popcorn	29 10:00 Fitness for Life 11:00 Manicure Monday 1:30 Trick Or Trick 4:00 Remember When.. 6:00 Board Games	30 10:00 Fitness for Life 11:00 Table Shading 1:30 German Flash Cards 3:30 October Birthday Party 6:00 Dynseo	31 10:00 Catholic Mass 11:00 Fitness for Life 1:30 Halloween Craft 3:00 Halloween Party 4:00 Halloween Trivia 6:00 Wednesday Matinee	 Celebrating Wisconsin’s German Heritage		

*All activities are subject to change when necessary
Residents’ families are invited to participate in community events.

Musical Activity Happy Hour Spiritual Activity
Celebrate Wisconsin Exercise