

# September

## Heritage Waukesha Life Enrichment Calendar

**Recurring Activities**  
Pet Therapy Every other Monday | Feet to the Fire Thursdays at 3 p.m.  
Resident Choice Netflix Movie Fridays at 6 p.m.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:00 Sunday Stretches 10:45 Daily Chronicles 11:00 Welcome to September 2:00 Noodle War 3:00 Word Challenge Games	2 Labor Day 10:00 Monday Stretches 10:45 Conway Twitty's Birthday 11:00 The History of Labor Day 2:00 BINGO 3:00 Wii Games 4:00 Andy Griffeth Show	3 10:00 Morning Yoga 10:45 Happy BD Uncle Sam 11:00 Back to School Memories 2:00 Dice Games – Cover All 3:00 Music with Charming Char 4:00 You Be The Judge	4 10:00 Everyday Fitness 10:45 The Price is Right Day 11:00 Story in a Picture 2:00 BINGO 3:00 Animal Races 4:00 Wii Games	5 10:00 Exercise to Music 10:45 Happy BD Raquel Welch 11:00 Comic Heroes 2:00 Fun with Beading 3:00 Drinks & Trivia 4:00 Wii Games 7:20 Packers vs. Bears	6 9:30 Mass 10:45 Exercises 11:00 Famous Musicals 2:00 Balloon Volleyball 3:00 Wii Games 4:00 You Tubing	7 10:00 Exercises 10:45 Happy BD Buddy Holly 11:00 Grandma Moses Day 2:00 BINGO 3:00 Brain Challenge
8 Grandparents Day 10:00 Sunday Stretches 10:45 All about Grandparents 11:00 Christian Church Service 2:00 Coloring/Patio Social 3:00 Word Challenge Games	9 10:00 Devotions 10:45 Hugh Grant's Birthday 11:00 Colonial Sander's Day 2:00 Bowling 3:00 Memory Game 4:00 Dynseo Games	10 10:00 Morning Yoga 10:45 Happy BD Arnold Palmer 11:00 Good News Day 2:00 Heritage Hounds Biscuits 3:00 Dice Games 4:00 You Be The Judge	11 10:00 Everyday Fitness 10:45 Remembering 9/1/01 11:00 Lutheran Church 2:00 BINGO 3:00 Fall Project 4:00 Wii Games	12 Brewer Day 10:00 Exercise to Music 10:45 Lassie's Birthday 11:00 Best World Records 12:00 Tailgate Lunch 2:00 Brewer Craft & Trivia 3:00 Baseball Dice 4:00 Dynseo Games	13 10:00 Exercises 10:45 Scooby-Doo Anniversary 11:00 All about Superstitions 1:30 Piano Entertainment 3:00 Wii Games 4:00 You Tubing	14 10:00 Exercises 10:45 The Golden Girls 11:00 Drive your Studebaker Day 2:00 BINGO 3:00 Brain Challenge
15 10:00 Sunday Stretches 10:45 Days of Creation 11:00 Good Manners Day 12:00 Packers vs. Vikings 2:00 Noodle War 3:00 Word Challenge Games	16 10:00 Monday Stretches 10:45 Mexican Independence Day 11:00 B.B. King's Birthday 2:00 Bowling 3:00 Memory Game 4:00 Dynseo Games	17 10:00 Morning Yoga 10:45 Who was President When you were Born? 11:00 Story in a Picture 2:00 Art Therapy with Ellen 3:00 Fishing Game 4:00 You Be The Judge	18 10:00 Everyday Fitness 10:45 Happy 80 <sup>th</sup> Birthday Frankie Avalon 11:00 U.S. Air Force Anniversary 2:00 BINGO 3:00 Country Rock Music With Brian Olson 4:00 Wii Games	19 Badger Day 10:00 Exercise to Music 10:45 Hummingbird Celebration 11:00 Premiere of the Mary Tyler Moore Show 2:00 WI Badger Craft & Trivia 3:00 Circle Games 4:00 Dynseo Games	20 9:30 Mass 10:45 Happy Birthday Sophia! 11:00 Top 10 Day 2:00 Balloon Volleyball 3:00 Wii Games 4:00 You Tubing	21 10:00 Exercises 10:45 Happy Birthday Bill Murray 11:00 A-Z with Autumn 2:00 BINGO 3:00 Brain Challenge
22 10:00 Sunday Stretches 10:45 Emmy Awards 11:00 Slogan Sunday 12:00 Packers vs. Broncos 2:00 Coloring/Patio Social 3:00 Word Challenge Games	23 10:00 Devotions 10:45 Autumn officially Begins 11:00 Deaf Awareness Week 2:00 Bowling 3:00 Memory Game 4:00 Dynseo Games	24 10:00 Morning Yoga 10:45 The Love Boat sets Sail 11:00 National Monuments 2:00 Dice Games - Bunco 3:00 Smoothie Making 4:00 You Be The Judge	25 10:00 Everyday Fitness 10:45 Christopher Reeve Day 11:00 Happy BD Will Smith 2:00 BINGO 3:00 Large Dice Games 4:00 Wii Games	26 Packer Day 10:00 Exercise to Music 10:45 Johnny Appleseed's Birthday 11:00 Gilligan's Island Day 2:00 Packer Craft & Trivia 3:30 Piano Entertainment 7:20 Packers vs. Eagles	27 10:00 Exercises 10:45 Samuel Adams Day 11:00 Ancestor Appreciation Day 2:00 Balloon Volleyball 3:00 Wii Games 4:00 You Tubing	28 10:00 Exercises 10:45 Fish Amnesty Day 11:00 Ed Sullivan's Birthday 2:00 BINGO 3:00 Brain Challenge
29 10:00 Sunday Stretches 10:45 Rosh Hashanah (Jewish New Year) 11:00 Singing Cowboy Day 2:00 Coloring/Patio Social 3:00 Word Challenge Games	30 10:00 Monday Stretches 10:45 "Yabba Dabba Doo" Day 11:00 How did we live Without it? 2:00 Bowling 3:00 Memory Game 4:00 Dynseo Games	<p style="text-align: center;"><i>Celebrating Wisconsin Sports</i></p> 		<p style="text-align: center;"><b>Happy Birthday</b></p> <div style="display: flex; justify-content: space-around; align-items: center;">  <div style="text-align: center;"> <p>Joseph L. – 9/7</p> <p>Geraldine S. – 9/8</p> <p>Barbara W. – 9/29</p> </div>  </div>		

\*All activities are subject to change when necessary

Residents' families are invited to participate in community events.

Musical Activity Religious Activity Celebrate Wisconsin

Heritage Hounds

Active Game

Packer Games