



March

Heritage Waukesha Life Enrichment Calendar

Recurring Activities

Pet Therapy Every other Monday | Resident Choice Movie Mondays at 6 p.m.
Snack and Chat Tuesdays & Wednesdays at 6 p.m. | Movie & Snack Fridays at 6 p.m.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
		<h1>Wisconsin Health & Fitness</h1>			<h2>Happy Birthday</h2> <p>Bill B. 3/14 Lois S. 3/15</p> 		<p>9:30 Mass 10:15 Welcome to March Day 11:00 Go Hog Wild Day 2:00 Balloon Volleyball 3:00 Drinks & Trivia 4:00 Dynseo Games</p>	<p>10:00 Saturday Stretches 10:45 Mt. Rainier Anniversary 11:00 Cat in the Hat Day 2:00 BINGO 3:00 Brain Trivia</p>
<p>10:00 Exercises 10:45 Happy BD Alexander Bell 11:00 It's about Time Day 2:00 Noodle War 3:00 Sitcoms of Yesterday</p>	<p>10:00 Monday Stretches 10:45 Happy Birthday Chicago 11:00 A Cinderella Day 2:00 The Broadway Civic Singers 3:00 Memory Games 4:00 Large Dice Games</p>	<p>10:00 Morning Yoga 10:45 Daily Chronicles 11:00 Fat Tuesday 2:00 Mardi Gras Party 3:00 Animal Races 4:00 Dynseo Games</p>	<p>Ash Wednesday 10:00 Everyday Fitness 10:45 Beginning of Lent 11:00 Remember the Alamo 2:00 BINGO 3:00 Junk Drawer Detective 4:00 Baseball Dice</p>	<p>10:00 Exercise to Music 10:45 Lucky 7 Day 11:00 History of Monopoly 2:00 Dice Game – Bunco 3:00 Resident Council Meeting 4:00 Wii Games</p>	<p>10:00 Exercise to Music 10:45 Poetry Writing 11:00 Charm March Day 1:30 Piano Entertainment 2:30 Balloon Volleyball 3:30 Headband Game</p>	<p>10:00 Saturday Stretches 10:45 Potato Chip Day 11:00 Happy Birthday Barbie 2:00 BINGO 3:00 Chain of Thought</p>		
<p>Daylight Saving Time Begins 10:00 Exercises 10:45 Daily Chronicles 11:00 Irish Dancers 2:00 Noodle War 3:00 Wii Games</p>	<p>10:00 Devotions 10:30 Monday Exercises 11:00 Johnny Appleseed Day 2:00 Bowling 3:00 Floral Centerpiece Arranging 4:00 Dynseo Games</p>	<p>10:00 Exercises and Tips – Given by Lessila Therapy 10:45 “Wunnerful Wunnerful” Day 11:00 Girl Scout Day 2:00 Art Therapy with Ellen 3:00 Heritage Hounds</p>	<p>10:00 Everyday Fitness 10:45 Happy 80 BD Neil Sedaka 11:00 Donald Duck Day 2:00 BINGO 3:00 Healthy Eating – Taste Testing 4:00 Finishing Words</p>	<p>10:00 Exercise to Music 10:45 Save a Spider Day 11:00 International Ask a Question Day 1:30 The Music of Johnny Cash and More 3:00 Dice Games</p>	<p>9:30 Mass 10:15 Exercises 11:00 World Sleep Day 2:00 Balloon Volleyball 3:00 Wii Games 4:00 You Be the Judge</p>	<p>10:00 Saturday Stretches 10:45 Today in History 11:00 National Panda Day 2:00 BINGO 3:00 Brain Challenges</p>		
<p>St. Patrick's Day 10:00 Exercises 10:45 Today in History 11:00 The Traditions of St. Patrick's Day 2:00 St. Patrick's Day Party</p>	<p>10:00 Monday Stretches 10:45 All Hail the Queen 11:00 Mothers of Invention 2:00 Bowling 3:00 Memory Game 4:00 You Tubing</p>	<p>10:00 Morning Yoga 10:45 Swallows Return Day 11:00 March Madness Begins 2:00 Staff Olympics 3:00 Dynseo Games 4:00 Finishing Lines</p>	<p>10:00 Everyday Fitness 10:45 Spring Equinox 11:00 Lutheran Church 2:00 BINGO 3:00 Ice Cream Social 4:00 Dynseo Games</p>	<p>10:00 Exercise to Music 10:45 International Day of Happiness 11:00 Story in a Picture 2:00 Steel Drum Music With Bahama Bob 3:00 Wii Games</p>	<p>10:00 Exercises 10:45 James T. Kirk's Birthday 11:00 Day of the Seal 2:00 Balloon Volleyball 3:00 Would You Rather? 4:00 Dynseo Games</p>	<p>10:00 Saturday Stretches 10:45 Daily Chronicles 11:00 Cuddly Kitten and National Puppy Day 2:00 BINGO 3:00 Brain Trivia</p>		
<p>10:00 Exercises 11:00 Harry Houdini's Birthday 2:00 Noodle War</p>	<p>10:00 Devotions 10:30 Monday Exercises 11:00 Happy BD Howard Cosell 2:00 Bowling 3:00 Memory Games 4:00 Wii Games</p>	<p>10:00 Morning Yoga 10:45 Tennessee Williams BD 11:00 Purple Day 1:30 Scenic Ride 3:00 Circle Games 4:00 Dynseo Games</p>	<p>10:00 Everyday Fitness 10:45 Cherry Tree Day 11:00 Manatee Appreciation Day 2:00 BINGO 3:00 Dynseo Games</p>	<p>10:00 Exercise to Music 10:45 Nurse Cathy Speaks on Fitness for the Elderly 11:00 Baseball's Official Opening 2:00 Art Therapy with Ellen 3:30 Piano Entertainment</p>	<p>9:30 Mass 10:15 Exercises 11:00 Pearl Baily Day 2:00 Balloon Volleyball 3:00 Word Challenge 4:00 You-Tubing</p>	<p>10:00 Saturday Stretches 10:45 Seward's Folly Anniversary 11:00 Hurray for Charlie Brown 2:00 BINGO 3:00 Brain Challenges</p>		
<p>10:00 Exercises 11:00 Lamb or Lion? 2:00 Noodle War</p>								

*All activities are subject to change when necessary

Residents' families are invited to participate in community events.

Musical Activity
Religious Activity
Social Event
Celebrate Wisconsin
Active Game
Heritage Hounds