



November

Heritage Waukesha Life Enrichment Calendar

Recurring Activities

Pet Therapy Mondays | Residents Choice Movie Mondays at 6 p.m.
Netflix Movie Tuesdays and Wednesdays at 6 p.m. | Movie and Snack Fridays at 6 p.m.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Happy Birthday Thelma V. – 11/5 Dorothy H. – 11/26 Lucille O. – 11/16 Arlene G. – 11/29 				Celebrating Wisconsin Sports		
Day Light Savings Begins 4 10:00 Morning Stretches 10:45 History of Fall Back Day 11:00 Art Carneys's 100 th BD 2:00 Noodle War 3:00 Large Dice Games 7:20 Packers vs. Patriots	5 10:00 Devotions 10:45 Monopoly Day 11:00 Happy BD Roy Rogers 2:00 BINGO 3:00 Memory Game 4:00 Finishing Words	6 10:00 Morning Yoga 10:45 Presidents on our Money 11:00 The History of Alcatraz 2:00 Art Therapy W/Ellen 3:00 November Trivia 4:00 Headband Game	7 10:00 Everyday Fitness 10:45 Railroad Day 11:00 "Dear Santa" Letter Week 2:00 BINGO 3:00 Large Dice Games 4:00 Fishing Game	8 10:00 Exercise to Music 10:45 Today in History 11:00 Gone With the Wind Day 2:00 Dice Games 3:00 Thanksgiving Tree Craft 4:00 You Tubing	9 10:00 Exercises 10:45 Mum's the Word 11:00 Wisconsin Winter Sports 1:30 Piano Entertainment 2:30 Balloon Volleyball 3:30 Wii Games	10 10:00 Saturday Stretches 10:45 Sesame Street Anniversary 11:00 Richard Burton's BD 2:00 BINGO 3:00 Brain Trivia
Veterans Day 11 10:00 Morning Stretches 10:45 God Bless America Deput 11:00 Veterans Tribute 12:00 Packers vs. Dolphins 3:30 Brain Games	12 10:00 Monday Stretches 10:45 Princess Grace Day 11:00 Story in a Picture 2:00 Bowling 3:00 Craft – Sport Flags 4:00 Dynseo Games	13 10:00 Morning Yoga 10:45 Do the Chicken Dance 11:00 Famous TV Animals 2:00 Heritage Hounds 3:00 Dice Game (Bunco) 4:00 Would You Rather?	14 10:00 Everyday Fitness 10:45 Daily Chronicles 11:00 Lutheran Church 2:00 BINGO 3:00 Headband Game 4:00 You Tubing	15 10:00 Exercise to Music 10:45 Native American Month 11:00 Famous Musicals 2:00 Door Decorations 3:00 Dice Game (Cover All) 4:00 Wii Games 7:20 Packers vs. Seahawks	16 9:30 Mass 10:15 Exercises 11:00 Book of World Records 2:00 Country Rock With Brian Olson 3:00 Wii Games	17 10:00 Saturday Stretches 10:45 Happy BD Rock Hudson 11:00 Remembering the 50's 2:00 BINGO 3:00 Brain Trivia
18 10:00 Morning Stretches 10:45 Bible Trivia 11:00 Happy BD Mickey Mouse 2:00 Music W/Rory 3:00 Netflix Movie	19 10:00 Devotions 10:45 Today in History 11:00 History of our Milw. Bucks 2:00 Bowling 3:00 Memory Games 4:00 Baseball Dice	20 10:00 Morning Yoga 11:00 Let's talk Turkey Day 12:00 Resident, Family & Staff Thanksgiving Buffet 2:00 Musical Entertainment - Vintage Mix 3:30 Wii Games	21 10:00 Everyday Fitness 10:45 World "Hello" Day 11:00 Learn about Owls 2:00 BINGO 3:00 Smoothie Making 4:00 Giant Crossword Puzzle	Thanksgiving 22 10:00 Turkey Exercises 10:45 Sad Anniversary 11:00 Thanksgiving History 2:00 Turkey Bingo 3:00 Drinks & Team Trivia	23 10:00 Exercises 10:45 Billy the Kid's BD 11:00 Shop until you Drop Day 2:00 Balloon Volleyball 3:00 Wii Games 4:00 You Be The Judge	24 10:00 Saturday Stretches 10:45 GiGi Day 11:00 Celebrity Gossip 2:00 BINGO 3:00 Brain Games
25 10:00 Morning Stretches 10:45 Alphabet Game - Gifts 11:00 Rudolph's Red Nose Day 2:00 Noodle War 3:00 Headband Game	26 10:00 Monday Stretches 10:45 Famous Game Shows 11:00 Happy 80 th Tina Turner 2:00 Bowling 3:00 Memory Game 4:00 True or False Competitio	27 10:00 Morning Yoga 10:45 Who was president when You were Born? 11:00 Poetry Writing 2:00 Art Therapy W/Ellen 3:00 Heritage Hounds	28 10:00 Everyday Fitness 10:45 Tree Lighting – Rockefeller Center 11:00 Poetry Writing 2:00 BINGO 3:00 First Christmas Craft	29 10:00 Everyday Fitness 10:45 Daily Chronicles 11:00 Chocolate Day 2:00 Holiday Music with Bahama Bob on his steel drum 3:00 Resident Fishing Competition	30 9:30 Mass 10:45 Happy BD Dick Clark 11:00 Alphabet Game 2:00 Balloon Volleyball 3:00 Piano Entertainment	

*All activities are subject to change when necessary
Residents' families are invited to participate in community events.

Musical Activity Social Event Religious Activity Packers Games
Celebrate Wisconsin Physical Activity Heritage Hounds