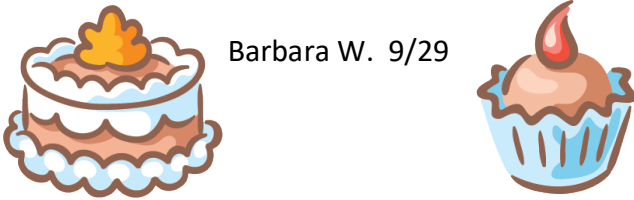






September

Heritage Waukesha Life Enrichment Calendar

Recurring Activities

Pet Therapy Every other Monday | Residents Choice Movie Mondays at 6 p.m.
Netflix Movie Tuesdays and Wednesdays at 6p.m. | Movie and Snack Fridays at 6 p.m.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>Celebrating Wisconsin Companies</i></p> 		<p>Happy Birthday</p>  <p>Barbara W. 9/29</p>		<p>10:00 Saturday Stretches 10:45 Story in a Picture 11:00 Country Music Legends 2:00 BINGO 3:00 Brain Games</p>		1
<p>2 10:00 Morning Stretches 10:45 Daily Chronicles 11:00 All About Frank Sinatra 2:00 Noodle War 3:00 Headband Game</p>	<p>3 Labor Day 10:00 Monday Stretches 10:45 Squeaky Clean Race Day 11:00 The History of Labor Day 2:00 BINGO 3:00 Junk Drawer Detective</p>	<p>4 10:00 Morning Yoga 10:45 Daily Chronicles 11:00 History & Trivia on The Harley Davidson Company 2:00 Dice Games 3:00 Fishing Game 4:00 Dynseo Games</p>	<p>5 10:00 Everyday Fitness 10:45 Happy Birthday Raquel 11:00 5-a-day Day 2:00 BINGO 3:00 Amazing Char's tribute To the Beatles 4:00 Wii Games</p> 	<p>6 10:00 Exercise to Music 10:45 Mayflower Anniversary 11:00 Back to School Memories 2:00 Craft Corner – Frames 3:30 Heritage Veterans Honor Ceremony</p>	<p>7 9:30 Mass 10:15 Exercises 11:00 Grandma Moses Day 2:00 Balloon Volleyball 3:00 Wii Games 4:00 You Tubing</p> 	<p>8 Alzheimer's Walk 10:00 Saturday Stretches 10:45 Today in History 11:00 Top 10 Lists 2:00 BINGO 3:00 Brain Trivia</p>
<p>9 10:00 Morning Stretches 10:45 The 10 Commandments 11:00 Miss America History 2:00 Noodle War 3:00 Which Came First? 7:20 Packers vs. Bears</p>	<p>10 10:00 Devotions 10:30 Exercises 11:00 Good News Day 2:00 Bowling 3:00 Memory Games 4:00 Finishing Lines</p>	<p>11 10:00 Morning Yoga 10:45 Today in History 11:00 How did we live without? 2:00 Broadway Civic Singers 3:00 Smoothie Making & Trivia 4:00 You Be The Judge</p>	<p>12 10:00 Everyday Fitness 10:45 Jack & Jackie's Anniversary 11:00 National Cat Day 2:00 BINGO 3:00 Jelly Bellies of Wisconsin History & Sampling</p>	<p>13 10:00 Exercise to Music 10:45 Miss Manners Day 11:00 Milton S. Hersey's B.D. 2:00 Heritage Hounds 3:00 Dice Games 4:00 Wii Games</p> 	<p>14 10:00 Exercises 10:45 First Lighthouse Lighting 11:00 If at First you Don't Succeed ... 1:30 Piano Entertainment 2:30 Balloon Volleyball 3:30 Dynseo Games</p>	<p>15 10:00 Saturday Stretches 10:45 All about Red Panda's 11:00 Hispanic Month Begins 2:00 BINGO 3:00 Brain Games</p>
<p>16 10:00 Morning Stretches 10:45 The Days of Creation 11:00 Story in a Picture 12:00 Packers vs. Vikings 2:00 Music with Rory 3:30 Netflix Movie</p>	<p>17 10:00 Monday Stretches 10:45 Deaf Awareness Day 11:00 Why is Sleep important? 2:00 Bowling 3:00 Memory Games 4:00 Dynseo Games</p> 	<p>18 10:00 Morning Yoga 10:45 Yom Kippur Begins 11:00 Happy Birthday Greta Garbo and U.S. Air Force 2:00 Noodle War 3:00 Giant Crossword Puzzle 4:00 Chain of Thought</p>	<p>19 10:00 Everyday Fitness 10:45 Daily Chronicles 11:00 Lutheran Church 2:00 BINGO 3:00 Country Rock W/Brian 4:00 Fishing Game</p>	<p>20 10:00 Exercise to Music 10:45 Today in History 11:00 Save a Tiger & Koala Day 2:00 Art Class 3:00 Smoothie Making 4:00 You Tubing</p>	<p>21 First Day of Autumn 9:30 Mass 10:15 Exercises 11:00 Breweries of Wisconsin 2:00 Balloon Volleyball 3:00 Animal Races 4:00 Finishing Words</p>	<p>22 10:00 Saturday Stretches 10:45 Autumn Begins 11:00 Elephant Appreciation Day 2:00 BINGO 3:00 Brain Trivia</p>
<p>23 10:00 Morning Stretches 11:00 Beginning of National Dog Week 12:00 Packers vs. Redskins 2:30 Brain Trivia</p>	<p>24 10:00 Devotions 10:45 Bullwinkle Day 11:00 Harvest Moon Night 2:00 Bowling 3:00 Memory Games 4:00 You Be The Judge</p>	<p>25 10:00 Morning Yoga 10:45 Do-Re-Mi Day 11:00 One Hit Wonders 1:30 Scenic Drive-Dairy Farm 2:30 Heritage Hounds 4:00 Word Associations</p>	<p>26 10:00 Everyday Fitness 10:45 Johnny Appleseed BD 11:00 Poetry Writing 2:00 BINGO 3:00 Baseball Dice 4:00 Dynseo Games</p>	<p>27 10:00 Exercise to Music 10:45 Daily Chronicles 11:00 Ancestor Appreciation Day 2:00 Planetarium Trip 3:30 Piano Entertainment</p> 	<p>28 10:00 Exercises 10:45 Sleepiest Animals 11:00 Ed Sullivan BD 2:00 Balloon Volleyball 3:00 Junk Drawer Detective 4:00 Giant Crossword Puzzle</p>	<p>29 10:00 Saturday Stretches 10:45 Slogan Saturday 11:00 Autumn Alphabet Game 2:00 BINGO 3:00 Brain Games</p>
<p>30 10:00 Morning Stretches 11:00 Home Run Day 12:00 Packers vs. Buffalo Bills 2:30 Brain Trivia</p>						

*All activities are subject to change when necessary
Residents' families are invited to participate in community events.

Musical Activity Celebrate Wisconsin Religious Activity Active Game Packer Games Heritage Hounds