



# March

## Heritage at Oakwood Hills Life Enrichment Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
		<h3>Wisconsin Health &amp; Fitness</h3>		<h3>Happy Birthday</h3>  <p>June H. – 3/8 Margaret B. – 3/20 Monica G. – 3/15 Harris S. – 3/25 Cliff T. – 3/18</p>		1	2
<p>9:30 Church with St. John's 10:30 Morning Social 11:30 20 Questions 2:00 Manicures 4:00 Horseshoes 6:00 Classic TV Show Sunday: They Honeymooners</p>	<p>9:00 Sit and Fit 10:00 Morning Social 10:30 March into spring: Walking Club 11:30 Exercises 2:30 Music with JC Colby 4:00 Card Game 5:45 Ole and Lena Jokes</p>	<p>10:00 Morning Social 12:00 Mardi Gras Themed Lunch 2:00 BINGO 3:30 Fat Tuesday Happy Hour 5:45 20 Questions</p>	<p>9:00 Sit and Fit 10:00 Morning Social 10:30 March into spring: Walking Club 11:30 Exercises 1:30 Wisconsin Marathons 3:15 Armchair Travel 5:45 Healthy Wisconsin Grown Foods</p>	<p>9:00 Sit and Fit 10:00 Morning Social 11:30 Exercises 2:00 Q-Tip Painting Craft 3:00 Rosary With Dr. Ohm 4:00 Popular Sports in Wisconsin 5:45 Trivia Plus: Rebus</p>	<p>9:00 Sit and Fit 10:00 Morning Social 10:30 March into spring: Walking Club 11:30 Exercises 2:00 Brain Games 2:30 Bingo 4:00 Fun Healthy Food Facts 5:45 Word Search of the Day</p>	<p>9:00 Sit and Fit 10:00 Morning Social 11:30 Exercises 1:30 Barbie Trivia 2:00 Cover All Dice Game 3:30 Balloon Volleyball 5:45 "So, you think you're Irish" Crossword Puzzle</p>	
<p>10:00 Saving Grace Church on ABC 11:00 Morning Social 2:00 Manicures 4:00 Bag Toss 6:00 Puzzle Time</p>	<p>9:00 Sit and Fit 10:00 Morning Social 10:30 March into spring: Walking Club 11:30 Exercises 2:00 Manicures 4:00 Name That Tune 5:45 WI Outdoor Recreation</p>	<p>10:00 Morning Social 11:30 Exercises 2:00 Uniroyal Museum Outing 4:00 Bulletin Board Trivia 5:45 St. Patrick's Day Traditions</p>	<p>9:00 Sit and Fit 10:00 Morning Social 10:30 March into spring: Walking Club 11:30 Exercises 1:30 Famous Women Trivia 3:15 Armchair Travel 5:45 Benefits of Walking</p>	<p>9:00 Sit and Fit 10:00 Morning Social 11:30 Exercises 2:00 Springtime Craft 4:00 Wine and Chocolate Happy Hour 5:45 Pet Therapy Visits</p>	<p>9:00 Sit and Fit 10:00 Morning Social 10:30 March into spring: Walking Club 11:30 Exercises 2:30 Irish Sing-Along with Bethany Shuda 5:45 Classic TV Show: Twilight Zone</p>	<p>9:00 Sit and Fit 10:00 Morning Social 11:30 Exercises 2:00 Bingo 3:30 Irish Proverbs 5:45 Shamrock Crossword Puzzle</p>	
<p>10:00 Morning Social 11:30 Your Leprechaun Name 12:30 Church with Grace Lutheran 3:00 Manicures 4:00 Green Beer Social-lobby 6:00 Health Benefits of Beer</p>	<p>9:00 Sit and Fit 10:00 Morning Social 10:30 March into spring: Walking Club 11:30 Exercises 2:00 Manicures 3:30 Music With Wayne 5:45 Humorists Word Search</p>	<p>10:00 Morning Social 11:30 Exercises 2:00 Bingo 3:30 Family Feud Questions 5:45 Trivia Plus: Rebus</p>	<p>9:00 Sit and Fit 10:00 Morning Social 10:30 March into Spring: Walking Club 11:30 Exercises 1:30 Laughter: The best Medicine 3:15 Armchair Travel 7:00 Mennonite Choir</p>	<p>9:00 Sit and Fit 10:00 Morning Social 11:30 Exercises 1:00-2:00 Hearing Aid Cleaning 3:00 Rosary with Dr. Ohm 5:45 Finish the Phrase</p>	<p>9:00 Sit and Fit 10:00 Morning Social 10:30 March into spring: Walking Club 11:30 Exercises 2:00 Brain Games 2:30 Beer Bingo 4:00 Logo Quiz</p>	<p>9:00 Sit and Fit 10:00 Morning Social 11:30 Exercises 2:00 Word Search of the Day 3:00 Humor Page 6:00 Saturday Night Movie</p>	
<p>10:00 Morning Social 11:30 Horoscopes 2:00 Manicures 3:00 Church with Pastor Kuffus</p>	<p>9:00 Sit and Fit 10:00 Morning Social 10:30 March into spring: Walking Club 11:30 Exercises 2:00 Manicures 3:30 Treats- Bird Nests 5:45 20 Questions</p>	<p>10:00 Morning Social 11:30 Exercises 12:00 Lunch Outing 2:30 Bingo 3:30 Collage Making Craft 5:45 Springtime Traditions</p>	<p>9:00 Sit and Fit 10:00 Morning Social 10:30 March into spring: Walking Club 11:30 Exercises 1:30 Olympic Facts 3:15 Uno 5:45 Color Quiz</p>	<p>9:00 Sit and Fit 10:00 Morning Social 11:30 Exercises 1:30 Music with Adam 2:30 Cover All Dice Game 4:00 Birkebiener Facts 5:45 Trivia of the Day</p>	<p>9:00 Sit and Fit 10:00 Morning Social 10:30 March into spring: Walking Club 11:30 Exercises 2:00 Brain Games 2:30 Beer Bingo 4:00 Name that Tune</p>	<p>9:00 Sit and Fit 10:00 Morning Social 11:30 Exercises 2:00 Movie Time 6:00 Puzzle Time</p>	
<p>10:00 Saving Grace (ABC) 11:00 Morning Social 2:00 Manicures 6:00 Andy Griffith</p>							

\*All activities are subject to change when necessary  
Residents' families are invited to participate in community events.

Musical Activity    Spiritual Activity  
Celebrate Wisconsin    Games/Crafts