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| zzzzzzn Volleyballtationivitys at 9:30 a.m. unless otherwise notedSunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| *Celebrating Wisconsin Companies* | Mary S.zzzzzzn Volleyballtationivitys at 9:30 a.m. unless otherwise notedFirst L – 9/14Harold R.zzzzzzn Volleyballtationivitys at 9:30 a.m. unless otherwise notedFirst L – 9/17Margaret O.zzzzzzn Volleyballtationivitys at 9:30 a.m. unless otherwise notedFirst L – 9/27**Happy Birthday** | **1****9:00** Sit and Fit**10:00** Morning Social**11:30** Exercises**1:30** World Beard Day**2:00** Ice Cream Social- Patio**3:00** Horseshoes **5:30** Lemonade and Reminisce |
| **2****9:30** Morning Social **10:30** Zion Lutheran On NBC**1:30** Reminisce**2:30** Manicures (Activity Room)**4:00** Trivia Time**6:00** Patio Visits | **Labor Day 3****9:00** Sit and Fit**10:00** Morning Social**11:30** Exercises**1:30** Baby Back Ribs Day Facts**2:30** Balloon Volleyball**4:00** Labor Day Trivia**6:00** Monday Night Movie  | **4****10:00** Morning Social**11:30** Exercises**1:00** Garden Time**2:00** Back to school reminisce**3:30** Crossword of the day**5:30** Remembering Uniroyal | **5****9:00** Sit and Fit**10:00** Morning Social**11:30** Exercises**1:30** Book Club**2:00** BINGO**3:15** Happy Hour (lobby)**5:30** UNO | **6****9:00** Sit and Fit**10:00** Morning Social**11:30** Exercises**1:00** Joy Day Outing**3:00** Rosary (activity room)**5:45** Scrabble | **7****9:00** Sit and Fit**10:00** Morning Social**11:30** Exercises**1:00** Patio Visits**2:00** Brain Games**2:30** Beer Bingo**4:00** Finish the Phrase | **8****9:00** Sit and Fit**10:00** Morning Social**11:30** Exercises**1:00** Mind Puzzles**3:00** “Baseball Nicknames”**4:00** 10 Minute Puzzle Fun |
| **National Grandparents Day 9****9:30** Church with St. John’s**10:30** Morning Social**1:30** “What is a Grandparent?”**2:30** Manicures**4:00** Small Miracles**7:20** Packers Vs. Bears on NBC | **10****9:00** Sit and Fit**10:00** Morning Social**11:30** Exercises**1:30** Book Club**3:30 Music with Johnny Moore****6:00** Rebus Time | **11****10:00** Food Council**11:30** Exercises**1:00** Walking Club**3:00** Finish the Phrase**4:00** Small Miracles**6:00** Tuesday Night Trivia | **12****9:00** Sit and Fit**10:00** Morning Social**12:00** Lunch Outing**2:30** Manicures**4:00** You be the Judge**5:45** Patio Visits | **13****9:00** Sit and Fit**10:00** Morning Social**11:30** Exercises**1:30** Story Time**3:00** Devotions (Sun Room)**5:45** Pet Therapy Visits (Lobby) | **14****9:00** Sit and Fit**10:00** Morning Social**11:30** Exercises**1:00** Garden Time\***2:00** Spelling Bee**2:30** Beer Bingo**4:00** Sunflower Facts | **15****9:00** Sit and Fit**10:00** Morning Social**11:30** Exercises**1:00** Walking Club\***2:00** Balloon Volleyball**3:30** “Famous Couples” trivia**5:30** Saturday Night Movie |
| **16****10:00** Morning Social**12:00** Packers Vs. Vikings on FOX**12:30** Church with Grace Lutheran**2:30** Manicures**5:30** Sunday Night Movie | **17****9:00** Sit and Fit**10:00** Morning Social**11:30** Exercises**1:30** Bowling (activity room)**3:30** Music with Wayne Campeau5:45 Hot Cocoa in the Lobby | **18****10:00** Morning Social**11:30** Exercises**2:00** BINGO**3:15** National Cheeseburger Day**4:00** Old Fashioneds - Lobby**5:45** Harley Davidson Facts | **19****9:00** Sit and Fit**10:00** Morning Social**11:30** Exercises**12:00** Oktoberfest Lunch**2:30** Manicures**4:00** Crazy Eights**7:00** Mennonite Choir | **20****9:00** Sit and Fit**10:00** Morning Social**11:30** Exercises**2:30** Apple Orchard Outing**3:00** Rosary (Sun Room)**4:00** Walking Group\***5:30** Puzzle Time | **21****9:00** Sit and Fit**10:00** Morning Social**11:30** Exercises**1:00** Reminisce**2:00** Finish the Phrase worksheet**3:00** Fall Colors**5:45** Friday Night Classic: Andy Griffith | **First Day of Autumn 22****9:00** Sit and Fit**10:00** Morning Social**11:30** Exercises**1:30 Oktoberfest With Michael Larson****3:00** Cover All Dice Game**5:30** Hot Cocoa and Reminisce |
| **23****10:00** Morning Social**12:00** Packers Vs. Redskins Tailgate Party (Activity Room)**3:00** Church with Pastor Kuffus | **24****9:00** Sit and Fit**10:00** Morning Social**11:30** Exercises**1:30** Joke Time**2:30** Manicures**4:00** Packer Football Trivia | **25****10**:**00** Morning Social**11:30** Exercises**1:30** Chat Pack**2:00** BINGO**3:15** Happy Hour**4:00** Apple Expressions**5:45** Mind Puzzles | **26****9:00** Sit and Fit**10:00** Morning Social**11:30** Exercises**1:30** Good Ol’ Days**2:00** Fall Color Ride**4:00** You be the Judge\*\***6:00** Test your Knowledge | **27****9:00** Sit and Fit**10:00** Morning Social**11:30** Exercises**1:30** Music with Adam**2:00** Bean Bag Toss**3:00** Devotions**5:45** Songs of the Past Trivia | **28****9:00** Sit and Fit**10:30** Resident and Family Activity Meeting**11:30** Exercises**2:00** Shopping Outing**3:00** Walking Club\***5:45** Friday Night Movie with Popcorn | **29****9:00** Sit and Fit**10:00** Morning Social**11:30** Exercises**1:30** Horseshoes**3:00** “Radio Recollections”trivia**4:00** Horoscopes**6:00** Fun on the Farm Word Search |
| **30****10:00** Morning Social**12:00** Packers Vs. Bills on CBS**3:00** Hymn Sing with Harpist Bethany Shuda\*All activities are subject to change when necessaryResidents’ families are invited to participate in community events. |

**Heritage at Oakwood Hills
 Life Enrichment Calendar**

**September**

Musical Activity Games \*\***Resident-Led Activity**
Celebrate Wisconsin Spiritual Activity