

# July

## Heritage Deer Creek Memory Care Life Enrichment Calendar

**Special Note**  
All Socials will be outdoors with social distancing  
weather permitting

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>Celebrating Sports &amp; Athletics</b>	1 <b>Morning</b> Coffee & Chronicles Small Group Exercise <b>Afternoon</b> Happy Hour on the Patio Small Group Dynseo <b>Evening</b> Midweek Movie Night	2 <b>Morning</b> Coffee & Chronicles Small Group Exercise <b>Afternoon</b> The Jesse Owens Story – 1936 Olympics Small Group Dynseo <b>Evening</b> Evening Bingo	3 <b>Morning</b> Coffee & Chronicles Small Group Exercise 10:45 Music Therapy <b>Afternoon</b> Small Group Dynseo <b>Evening</b> Sports Movie – Field of Dreams	4 Fourth of July <b>Morning</b> Coffee & Chronicles Small Group Exercise <b>Afternoon</b> Small Group Dynseo 4 <sup>th</sup> of July Outdoor Social/Picnic <b>Evening</b> Patriotic Tribute
5 <b>Morning</b> Coffee & Chronicles TV Church Service Small Group Exercise <b>Afternoon</b> Small Group Dynseo Weekend Movie Matinee <b>Evening</b> Patriotic Coloring	6 <b>Morning</b> Coffee & Chronicles Small Group Exercise <b>Afternoon</b> Hot/Iced Tea Social with British Cookie Treat Small Group Dynseo <b>Evening</b> Sports Challenge Evening	7 <b>Morning</b> Coffee & Chronicles Small Group Exercise <b>Afternoon</b> Outdoor Games Small Group Dynseo <b>Evening</b> Patriotic Sing-along with Jeff	8 National Blueberry Day <b>Morning</b> Coffee & Chronicles Small Group Exercise <b>Afternoon</b> Blueberry Patio Happy Hour Small Group Dynseo <b>Evening</b> Midweek Movie Night	9 Fabulous Fashion Day <b>Morning</b> Coffee & Chronicles Small Group Exercise <b>Afternoon</b> The Ultimate Fashion History 1950's – Documentary Small Group Dynseo <b>Evening</b> Evening Bingo	10 <b>Morning</b> Coffee & Chronicles Small Group Exercise <b>Afternoon</b> Small Group Dynseo Soothing Coloring Yoga for the Brain <b>Evening</b> Hi/Low Card Game	11 <b>Morning</b> Coffee & Chronicles Small Group Exercise <b>Afternoon</b> Small Group Dynseo Weekend Movie Matinee <b>Evening</b> Carpet Bowling
12 <b>Morning</b> Coffee & Chronicles TV Church Service Small Group Exercise <b>Afternoon</b> Small Group Dynseo Weekend Movie Matinee <b>Evening</b> Sports Trivia	13 <b>Morning</b> Coffee & Chronicles Small Group Exercise <b>Afternoon</b> Gardening Club Small Group Dynseo <b>Evening</b> Glen Mar Garden Tour	14 <b>Morning</b> Coffee & Chronicles Small Group Exercise <b>Afternoon</b> Chicken Soup for the Soul Small Group Dynseo <b>Evening</b> Sing along with Jeff	15 <b>Morning</b> Coffee & Chronicles Small Group Exercise <b>Afternoon</b> Happy Hour on the Patio Small Group Dynseo <b>Evening</b> Midweek Movie Night	16 <b>Morning</b> Coffee & Chronicles Small Group Exercise <b>Afternoon</b> Outdoor Games- Social Distance Small Group Dynseo <b>Evening</b> Picnic Outdoor Social Distance Concert with Jeff	17 Peach Ice Cream Day <b>Morning</b> Coffee & Chronicles Small Group Exercise 10:45 Music Therapy <b>Afternoon</b> Small Group Dynseo Peaches & Ice Cream Social <b>Evening</b> Sports Movie	18 <b>Morning</b> Coffee & Chronicles Small Group Exercise <b>Afternoon</b> Small Group Dynseo Weekend Movie Matinee <b>Evening</b> Fishing with Jeff
19 <b>Morning</b> Coffee & Chronicles TV Church Service Small Group Exercise <b>Afternoon</b> Small Group Dynseo Weekend Movie Matinee <b>Evening</b> Olympics Trivia	20 National Ice Cream Soda Day <b>Morning</b> Coffee & Chronicles Small Group Exercise <b>Afternoon</b> Root Beer Float Social Small Group Dynseo <b>Evening</b> Soothing Coloring Yoga for Brain	21 <b>Morning</b> Coffee & Chronicles Small Group Exercise <b>Afternoon</b> Expoza Armchair Travel Small Group Dynseo <b>Evening</b> Sunset Reminiscence	22 <b>Morning</b> Coffee & Chronicles Small Group Exercise <b>Afternoon</b> Happy Hour on the Patio Small Group Dynseo <b>Evening</b> Midweek Movie Night	23 Ice Cream Cone Anniversary <b>Morning</b> Coffee & Chronicles Small Group Exercise <b>Afternoon</b> Ice Cream Cone Social Outdoors Small Group Dynseo <b>Evening</b> Evening Bingo	24 <b>Morning</b> Coffee & Chronicles Small Group Exercise <b>Afternoon</b> Small Group Dynseo Soothing Coloring Yoga <b>Evening</b> Sports Word in a Word	25 <b>Morning</b> Coffee & Chronicles Small Group Exercise <b>Afternoon</b> Small Group Dynseo Weekend Movie Matinee <b>Evening</b> Magazine Sports Scavenger Hunt
26 <b>Morning</b> Coffee & Chronicles TV Church Service Small Group Exercise <b>Afternoon</b> Small Group Dynseo Weekend Movie Matinee <b>Evening</b> A-Z Word Game	27 <b>Morning</b> Coffee & Chronicles Small Group Exercise <b>Afternoon</b> Balloon Volleyball Small Group Dynseo <b>Evening</b> Olympics Crossword	28 National Chocolate Milk Day Jeff <b>Morning</b> Coffee & Chronicles Small Group Exercise <b>Afternoon</b> Cool Choc. Milk Outdoor Social Small Group Dynseo <b>Evening</b> Sing along with Jeff	29 <b>Morning</b> Coffee & Chronicles Small Group Exercise <b>Afternoon</b> Happy Hour on the Patio Small Group Dynseo <b>Evening</b> Midweek Movie Night	30 <b>Morning</b> Coffee & Chronicles Small Group Exercise <b>Afternoon</b> Edwardian Garden Series Small Group Dynseo <b>Evening</b> Evening Bingo	31 <b>Morning</b> Coffee & Chronicles Small Group Exercise <b>Afternoon</b> Small Group Dynseo Sports Coloring <b>Evening</b> Movie	<b>Happy Birthday</b>  Joann K. 7/07 Don S. – 7/10

\*All activities are subject to change when necessary

Happy Hour/Outdoor Social  
Celebrating Sports & Athletics