


# July

## Heritage Deer Creek Memory Care Life Enrichment Calendar

**Daily Recurring Activities**  
Coffee Social | Oshibori Aromatherapy | Exercise  
Dynseo Brain Fitness | Chore Therapy

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Happy Birthday</b></p> <p>John H. – 7/16</p> 	<p><b>Morning</b> Coffee Social Stretch to Keep Moving <b>1:30</b> Fun Bingo PC <b>2:30</b> Rosary PH <b>4:00</b> Dynseo Olympics LLL <b>Evening</b> Dominoes</p>	<p><b>Morning</b> Coffee Social Armchair Yoga <b>Afternoon</b> Lemonade in the Shade <b>2:30</b> The Opals Perform PC <b>4:00</b> Dynseo Olympics LLL <b>6:00</b> Card Game</p>	<p><b>Morning</b> Coffee Social <b>10:00</b> Feet to the Fire Workshop Fun &amp; Fitness <b>Afternoon</b> Milwaukee A City Built on Water <b>4:00</b> Dynseo Olympics LLL <b>Evening</b> Word Search</p>	<p><b>Fourth of July</b></p> <p><b>Morning</b> Coffee Social Fun &amp; Fitness <b>Afternoon</b> Pampering 4<sup>th</sup> July Party <b>4:00</b> Dynseo Olympics LLL <b>6:00</b> Community Bingo PC</p>	<p><b>Morning</b> Coffee &amp; Donut Social <b>10:00</b> Music Therapy/Children Armchair Fitness <b>Afternoon</b> Dominoes <b>2:30</b> Joe Kadlec Performs July Birthday Party PC <b>4:00</b> Dynseo Olympics LLL <b>Evening</b> Glamour Nails</p>	<p><b>Morning</b> Coffee Social Weekend Workout <b>Afternoon</b> Dynseo Brain Fitness Thumb Ball Toss Spot the Difference Walking Club <b>Evening</b> Magazine Search</p>
<p><b>Morning</b> Coffee Social <b>9:30</b> Catholic Communion LLL Weekend Workout <b>Afternoon</b> Dynseo Brain Fitness <b>2:45</b> Helping Hands Baking Club Walking Club <b>Evening</b> Soothing Coloring</p>	<p><b>Morning</b> Coffee Social Stretch to Keep Moving <b>Afternoon</b> Dynseo Brain Fitness <b>1:30</b> Bingo PC <b>2:30</b> Rosary PH <b>Evening</b> Art</p>	<p><b>Morning</b> Coffee Social <b>10:00</b> Lutheran Church LLL <b>11:00</b> Armchair Yoga LLL <b>Afternoon</b> Dynseo Brain Fitness <b>2:30</b> The Opals Perform PC Drawer Detective <b>Evening</b> Music Trivia Singalong with Jeff</p>	<p><b>Morning</b> Coffee Social <b>10:00</b> Feet to the Fire Workshop Fun &amp; Fitness <b>Afternoon</b> Dynseo Brain Fitness Outing to Scout Lake Greendale <b>Evening</b> Noodle Balloon Ball</p>	<p><b>Morning</b> Coffee Social <b>10:30</b> Innovative Fitness PC <b>Afternoon</b> Dynseo Brain Fitness <b>1:30</b> Rosary with Jim Alcove EC Midweek Movie Matinee <b>6:00</b> Community Bingo PC</p>	<p><b>Morning</b> Coffee &amp; Donut Social Armchair Fitness <b>Afternoon</b> Dynseo Brain Fitness <b>2:30</b> Light of the Lake Presentation – Phillip Block PC Book Club Photavia <b>Evening</b> Glamour Nails</p>	<p><b>Morning</b> Coffee Social Weekend Workout <b>Afternoon</b> Dynseo Brain Fitness Gardening Club Craft Hour Walking Club <b>Evening</b> Card Game</p>
<p><b>Morning</b> Coffee Social <b>9:30</b> Catholic Communion LLL Weekend Workout <b>Afternoon</b> Dynseo Brain Fitness <b>2:45</b> Helping Hands Baking Club Walking Club <b>Evening</b> Ribbon Craft</p>	<p><b>Morning</b> Coffee Social Stretch to Keep Moving <b>Afternoon</b> Dynseo Brain Fitness <b>1:30</b> Bingo PC <b>2:30</b> Rosary PH <b>6:00</b> German Shepherd Dog Show PC</p>	<p><b>Morning</b> Coffee Social <b>11:00</b> Armchair Yoga LLL <b>Afternoon</b> Dynseo Brain Fitness <b>2:30</b> The Opals Perform PC Reminisce Lake Vacations <b>Evening</b> Chicken Soup for the Soul</p>	<p><b>Morning</b> Coffee Social <b>10:00</b> Feet to the Fire Workshop Fun &amp; Fitness <b>Afternoon</b> Dynseo Brain Fitness Pampering Bunko Dice Game <b>Evening</b> Spot the Difference</p>	<p><b>Morning</b> Coffee Social <b>10:30</b> Innovative Fitness PC <b>Afternoon</b> Dynseo Brain Fitness <b>1:30</b> Rosary with Jim Alcove EC Pewaukee Lake John McGivern Word Game <b>6:00</b> Community Bingo PC</p>	<p><b>Morning</b> Coffee &amp; Donut Social <b>10:00</b> Music Therapy/Children Armchair Fitness <b>Afternoon</b> Dynseo Brain Fitness <b>2:30</b> Joe Luchessi Performs PC Gardening Club <b>Evening</b> Glamour Nails</p>	<p><b>Morning</b> Coffee Social Weekend Workout <b>Afternoon</b> Dynseo Brain Fitness Balloon Toss Crazy 8's Card Game Walking Club <b>Evening</b> LCR Dice Game</p>
<p><b>Morning</b> Coffee Social <b>9:30</b> Catholic Communion LLL Weekend Workout <b>Afternoon</b> Dynseo Brain Fitness <b>2:45</b> Helping Hands Baking Club Walking Club <b>Evening</b> Book Club</p>	<p><b>Morning</b> Coffee Social Stretch to Keep Moving <b>Afternoon</b> Dynseo Brain Fitness <b>1:30</b> Bingo PC <b>2:30</b> Rosary PH <b>6:00</b> Friends &amp; Family Ice Cream Social PC</p>	<p><b>Morning</b> Coffee Social <b>10:00</b> Lutheran Church LLL <b>11:00</b> Armchair Yoga LLL <b>Afternoon</b> Dynseo Brain Fitness <b>2:30</b> The Opals Perform PC Popsicles on the Porch <b>Evening</b> Dominoes</p>	<p><b>Morning</b> Coffee Social <b>10:00</b> Feet to the Fire Workshop Fun &amp; Fitness <b>Afternoon</b> Dynseo Brain Fitness Scenic Lake Outing &amp; Ice Cream Carpet Bowling <b>Evening</b> Memory Box Workshop</p>	<p><b>Morning</b> Coffee Social <b>10:30</b> Innovative Fitness PC <b>Afternoon</b> Dynseo Brain Fitness <b>1:30</b> Rosary with Jim Alcove EC Gardening Club Word Game <b>6:00</b> Community Bingo PC</p>	<p><b>Morning</b> Coffee &amp; Donut Social Children Visit Armchair Fitness <b>Afternoon</b> Dynseo Brain Fitness Photavia Reminisce Name 5 <b>6:00</b> Concert in the Park/Fish Fry</p>	<p><b>Morning</b> Coffee Social Weekend Workout <b>Afternoon</b> Dynseo Brain Fitness Gardening Club Art Hour Walking Club <b>Evening</b> Card Game</p>
<p><b>Morning</b> Coffee Social <b>9:30</b> Catholic Communion LLL Weekend Workout <b>Afternoon</b> Dynseo Brain Fitness <b>2:45</b> Helping Hands Baking Club Walking Club <b>Evening</b> Memory Box Workshop</p>	<p><b>Morning</b> Coffee Social Stretch to Keep Moving <b>Afternoon</b> Dynseo Brain Fitness <b>1:30</b> Bingo PC <b>2:30</b> Rosary PH <b>Evening</b> Magazine Search</p>	<p><b>Morning</b> Coffee Social <b>11:00</b> Armchair Yoga LLL <b>Afternoon</b> Dynseo Brain Fitness <b>2:30</b> The Opals Perform PC Drawer Detective <b>Evening</b> Bean Bag Toss</p>	<p><b>Morning</b> Coffee Social Fun &amp; Fitness <b>10:00</b> Feet to the Fire Workshop <b>Afternoon</b> Dynseo Brain Fitness John McGivern Musky Landmark Hayward WI Documentary <b>Evening</b> Soothing Coloring</p>			<p><i>Celebrating Wisconsin Lakes &amp; Landmarks</i></p>

\*All activities are subject to change when necessary  
Residents' families are invited to participate in community events.

PH – Prospect Hill  
PC – Popular Creek  
LLL- Linnie Lac Lounge

Spiritual Activity  
Celebrate Wisconsin  
Musical Activity  
Special Event