

May

Heritage at Deer Creek Assisted Living Life Enrichment Calendar

Recurring Activities

Exercise Daily at 11 a.m. (Except Thursdays at 10:30 a.m.)
Brain Fitness Weekdays at 4 p.m.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p><i>Celebrating Wisconsin Art & Architecture</i></p>			<p>1 10:00 Coffee, Cookies, News & Views Social PH 11:00 Fun & Fitness LLL 1:30 Craft Club – Derby Hats 1:30 Repairs & Reminisce with Kathi 4:00 Dynseo Brain Fitness LLL 6:00 Card Games ** LLL</p>	<p>2 11:00 Fun & Fitness LLL 2:00 Frank Lloyd Wright Movie PH 4:00 Dynseo Brain Fitness LLL 6:00 Bingo PC</p>	<p>3 10:00 Coffee & Donut, Skype with Marie UK Social PH 11:00 Armchair Fitness LLL 1:00 Glamour Nails LLL 2:30 Jan T. Performs Kentucky Derby Party PC 4:00 Dynseo Brain Fitness LLL 6:00 Table Games** LLL</p>	<p>4 11:00 Weekend Workout LLL 2:00 Movie Matinee & Popcorn 3:30 Walking Club** 6:00 Table Games** LLL</p>
<p>5 9:30 Catholic Communion LLL 10:00 Catholic Mass IL 11:00 Weekend Workout LLL 2:00 Action Movie Matinee LLL 2:45 Helping Hands Baking Club 4:00 Walking Club** 6:00 Table Games** LLL</p>	<p>6 9:30 Shopping Outing IL 10:00 Catholic Mass LLL 11:00 Stretch to Keep Moving LLL 1:30 Bingo PC 2:30 Rosary PH 4:00 Dynseo Brain Fitness LLL 6:00 Table Games** LLL</p>	<p>7 11:00 Armchair Yoga LLL 2:00 Mike Wallace Interview: Frank Lloyd Wright, WI Architect 4:00 Dynseo Brain Fitness LLL 6:00 Culinary Meeting PC</p>	<p>8 10:00 Coffee, Cookies, News & Views Social PH 11:00 Fun & Fitness LLL 1:30 Dominoes EC 2:30 Kitchen Band IL 4:00 Dynseo Brain Fitness LLL 6:00 Card Games **LLL</p>	<p>9 10:30 Innovative Fitness PC 1:30 Rosary with Jim Alcove EC 1:30 16 Week Health & Wellness 2:30 Veterans Club LLL 2:30 Classy Chicks Club PH 4:00 Dynseo Brain Fitness LLL 6:00 Community Bingo PC</p>	<p>10 10:00 Coffee & Donut Social 11:00 Armchair Fitness LLL 1:00 Glamour Nails LLL 2:30 Carol Hanzel Performs May Birthday Party PC 4:00 Dynseo Brain Fitness LLL 6:00 Table Games** LL</p>	<p>11 9:30 Mother's Day Brunch RSVP Required! 11:00 Weekend Workout LLL 2:00 Movie Matinee & Popcorn 3:30 Walking Club** 6:00 Table Games** LLL</p>
<p>12 9:30 Catholic Communion LLL Catholic Mass IL 11:00 Weekend Workout LLL 2:00 Action Movie Matinee LLL 2:45 Helping Hands Baking Club 4:00 Walking Club** 6:00 Table Games** LLL</p>	<p>13 9:30 Shopping Outing IL 11:00 Stretch to Keep Moving LLL 1:30 Bingo PC 2:30 Rosary PH 4:00 Dynseo Brain Fitness LLL 6:00 Dominoes with Jeff EC</p>	<p>14 10:00 Lutheran Church LLL 11:00 Armchair Yoga LLL 2:00 Discover the Milwaukee Arts Museum Documentary PH 3:00 Lemonade in the Shade 4:00 Dynseo Brain Fitness LLL 6:00 Table Games**LLL</p>	<p>15 10:00 Coffee, Cookies, News & Views Social PH 11:00 Fun & Fitness LLL 1:30 Chicktionary PH 2:30 The Opals Perform PC 4:00 Dynseo Brain Fitness LLL 6:00 Card Games**LLL</p>	<p>16 10:30 Innovative Fitness PC 1:30 Rosary with Jim Alcove EC 1:30 16 Week Health & Wellness 2:30 Spiritual Hour PH 3:30 Resident Town Hall Happy Hour (LLL) 6:00 Community Bingo PC</p>	<p>17 10:00 Coffee & Donut, Skype with Marie UK Social PH 11:00 Armchair Fitness LLL 1:00 Glamour Nails LLL 2:30 Performer to be Announced 4:00 Dynseo Brain Fitness LLL 6:00 Table Games** LL</p>	<p>18 11:00 Weekend Workout LLL 2:00 Movie Matinee & Popcorn 3:30 Walking Club** 4:00 Catholic Mass IL-CR 6:00 Table Games** LLL</p>
<p>19 9:30 Catholic Communion LLL 11:00 Weekend Workout LLL 2:00 Action Movie Matinee LLL 2:45 Helping Hands Baking Club 4:00 Walking Club** 6:00 Table Games** LLL</p>	<p>20 9:30 Shopping Outing IL 10:00 Catholic Mass LLL 11:00 Stretch to Keep Moving LLL 1:30 Bingo PC 2:30 Rosary PH 4:00 Dynseo Brain Fitness LLL 6:00 German Shepherd Dog Show PC</p>	<p>21 11:00 Armchair Yoga LLL 2:00 Midweek Movie Matinee PH 4:00 Dynseo Brain Fitness LLL 6:00 Table Games**LLL</p>	<p>22 10:00 Coffee, Cookies, News & Views Social PH 11:00 Fun & Fitness LLL 1:30 Scrabble EC 2:30 The Opals Perform PC 4:00 Dynseo Brain Fitness LLL 6:00 Card Games**LLL</p>	<p>23 10:30 Innovative Fitness PC 1:30 Rosary with Jim Alcove EC 2:00 Domes Presentation PC 2:00–4:00 Hart Hearing Clinic 4:00 Dynseo Brain Fitness LLL 6:00 Community Bingo PC</p>	<p>24 10:00 Coffee & Donut Social PH 11:00 Armchair Fitness LLL 1:00 Glamour Nails LLL 2:30 Root Beer Float Social 4:00 Dynseo Brain Fitness LLL 6:00 Table Games** LL</p>	<p>25 11:00 Weekend Workout LLL 2:00 Movie Matinee & Popcorn 3:30 Walking Club** 4:00 Catholic Mass IL-CR 6:00 Table Games** LLL</p>
<p>26 9:30 Catholic Communion LLL 11:00 Weekend Workout LLL 2:00 Action Movie Matinee LLL 2:45 Helping Hands Baking Club 4:00 Walking Club** 6:00 Table Games** LLL</p>	<p>27 9:30 Shopping Outing IL 11:00 Stretch to Keep Moving LLL 1:30 Bingo PC 2:30 Rosary PH 4:00 Dynseo Brain Fitness LLL 6:00 Table Games** LLL</p>	<p>28 10:00 Lutheran Church LLL 11:00 Armchair Yoga LLL 2:00 Domes Outing 4:00 Dynseo Brain Fitness LLL 6:00 Friends & Family Ice Cream Social PC</p>	<p>29 10:00 Coffee, Cookies, News & Views Social PH 11:00 Fun & Fitness LLL 1:30 You be the Judge PH 2:30 The Opals Perform PC 4:00 Dynseo Brain Fitness LLL 6:00 Card Games**LLL</p>	<p>30 10:30 Innovative Fitness PC 1:30 Rosary with Jim Alcove EC 1:30 House on the Rock Documentary PH 3:00 Kitchen Club IL CR 4:00 Dynseo Brain Fitness LLL 6:00 Community Bingo PC</p>	<p>31 10:00 Coffee & Donut Social PH 11:00 Armchair Fitness LLL 1:00 Glamour Nails LLL 2:30 Bobby Way Performs PC 4:00 Dynseo Brain Fitness LLL 6:00 Table Games** LLL</p>	<p>Happy Birthday Jeanne H. –5/1 Barb. G. –5/3 Dave S. –5/5 Jim B. –5/12 Betty D. –5/14 John S. –5/14 Carol T. –5/24 Bernice B. –5/28 Jim K –5/29</p>

*All activities are subject to change when necessary

Activities are resident-led

PH – Prospect Hill

Spiritual Activity

Musical Activity

Residents' families are invited to participate in community events.

PC – Popular Creek

LLL- Linnie Lac Lounge

Celebrate Wisconsin

Special Event