

March

Heritage Deer Creek Assisted Living Life Enrichment Calendar

Recurring Activities

Exercise Daily at 11 a.m. (Except Thursdays at 10:30 a.m.)
Brain Fitness Weekdays at 4 p.m. (Except March 21)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
		<h1>Wisconsin Health & Fitness</h1>		<h2>Happy Birthday</h2>  <p>Lisa H. – 3/1 Warren O. – 3/10</p> <p>Florence O. – 3/17 Hannah N. – 3/29</p>		<p>10:00 Coffee & Donut Social PH 11:00 Armchair Fitness LLL 1:00 Glamour Nails LLL 2:30 Happy Hour and Music Social LLL 4:00 Dynseo Brain Fitness LLL 6:00 Table Games** LL</p>	<p>11:00 Weekend Workout LLL 2:30 Saturday Movie Matinee & Popcorn PH 3:30 Walking Club** 4:00 Catholic Mass IL 6:00 Table Games** LLL</p>
<p>9:30 Catholic Communion LLL 11:00 Weekend Workout PH 2:30 Sunday Action Movie PH 2:45 Helping Hands Baking Club 4:00 Walking Club 6:00 Table Games** LLL</p>	<p>10:00 Catholic Mass PC 10:00 Shopping Outing IL 11:00 Stretch to Keep Moving LLL 1:30 Bingo PC 2:30 Rosary PH 4:00 Dynseo Brain Fitness LLL 6:00 Table Games** LLL</p>	<p>Mardi Gras 11:00 Armchair Yoga LLL 3:00 Craft Club – Mardi Gras Masks LLL 4:00 Dynseo Brain Fitness LLL 6:00 Dominoes with Jeff EC</p>	<p>10:00 Coffee, Cookies, News & Views Social PH 11:00 Fun & Fitness LLL 1:30 Repairs & Reminisce with Kathi 2:30 The Opals Perform PC 4:00 Fun Trivia LLL 6:00 Card Games**</p>	<p>10:30 Innovative Fitness PC 1:30 Rosary with Jim Alcove EC 1:30 1:1 Room Visits 2:00 Midweek Movie Matinee PH 4:00 Dynseo Brain Fitness LLL 6:00 Community Bingo PC</p>	<p>10:00 Coffee & Donut Social PH 11:00 Armchair Fitness LLL 1:00 Glamour Nails LLL 2:30 1st Time at Deer Creek Robert Stuart Mitchell Performs 4:00 Dynseo Brain Fitness LLL 6:00 Table Games** LLL</p>	<p>11:00 Weekend Workout LLL 2:30 Girl Scout Cookie Social 3:30 Walking Club** 4:00 Catholic Mass IL 6:00 Table Games** LLL</p>	
<p>9:30 Catholic Communion LLL 11:00 Weekend Workout PH 2:30 Sunday Action Movie PH 2:45 Helping Hands Baking Club 4:00 Walking Club 6:00 Table Games** LLL</p>	<p>10:00 Shopping Outing IL 11:00 Stretch to Keep Moving LLL 1:30 Bingo PC 2:30 Rosary PH 4:00 Dynseo Brain Fitness LLL 6:00 Table Games** LLL</p>	<p>9:00 Absentee Voting SAR 10:30 Lutheran Church PC 11:00 Armchair Yoga LLL 1:30 16 Week Health & Wellness 2:30 Caption Telephone Presentation LLL 3:00 Chicktionary PH 4:00 Dynseo Brain Fitness LLL 6:00 Dominoes with Jeff EC</p>	<p>10:00 Coffee, Cookies, News & Views Social PH 11:00 Fun & Fitness LLL 1:30 Reading with Jeff PH 2:30 The Opals Perform PC 4:00 Fun Trivia LLL 6:00 Card Games**</p>	<p>10:30 Innovative Fitness PC 1:30 Rosary with Jim Alcove EC 1:30 1:1 Room Visits 2:30 Pie Day – Pie Contest PC 4:00 Dynseo Brain Fitness LLL 6:00 Community Bingo PC</p>	<p>10:00 Coffee & Donut Social PH 11:00 Armchair Fitness LLL 1:00 Glamour Nails LLL 2:30 Tom Malta Performs Johnny Cash March Birthday Party PC 4:00 Dynseo Olympics LLL 6:00 Table Games** LLL</p>	<p>11:00 Weekend Workout LLL 2:30 Saturday Movie Matinee & Popcorn PH 3:30 Walking Club** 6:00 Table Games** LLL</p>	
<p>9:30 Catholic Communion LLL 10:00 Catholic Mass IL 11:00 Weekend Workout PH 1:30 Travelogue Ireland 2:30 St. Patrick's Day Riverdance TV Spectacular Cocktail Social 4:00 Catholic Mass IL 6:00 Table Games** LLL</p>	<p>10:00 Catholic Mass PC 10:00 Shopping Outing IL 11:00 Stretch to Keep Moving LLL 1:30 Bingo PC 2:30 Rosary PH 4:00 Dynseo Brain Fitness LLL 6:00 German Shepherd Dog Show PC</p>	<p>9:00 Absentee Voting SAR 11:00 Armchair Yoga LLL 1:30 16 Week Health & Wellness Course Wk.2 LLL 3:00 Craft Club LLL 4:00 Dynseo Brain Fitness LLL 6:00 Dominoes with Jeff EC</p>	<p>10:00 Coffee, Cookies, News & Views Social PH 11:00 Fun & Fitness LLL 1:30 Scrabble LLL 2:30 The Opals Perform PC 4:00 Fun Trivia LLL 6:00 Card Games**</p>	<p>10:30 Innovative Fitness PC 1:30 Rosary with Jim Alcove EC 1:30 Bakers Square Coffee & Pie Outing 1:30 1:1 Room Visits 3:30 Town Hall/Happy Hour LLL 6:00 Community Bingo PC</p>	<p>10:00 Coffee & Donut Social PH 11:00 Armchair Fitness LLL 1:00 Glamour Nails LLL 2:30 Classy Chicks Club PH 2:30 Veterans Club LLL 4:00 Dynseo Olympics LLL 6:00 Table Games** LLL</p>	<p>11:00 Weekend Workout LLL 2:30 Saturday Movie Matinee & Popcorn PH 3:30 Walking Club** 4:00 Catholic Mass IL 6:00 Table Games** LLL</p>	
<p>9:30 Catholic Communion LLL 11:00 Weekend Workout PH 2:30 Sunday Action Movie PH</p>	<p>10:00 Shopping Outing IL 11:00 Stretch to Keep Moving LLL 1:30 Bingo PC 2:30 Rosary PH 4:00 Dynseo Brain Fitness LLL 6:00 Table Games** LLL</p>	<p>10:30 Lutheran Church PC 11:00 Armchair Yoga LLL 1:30 16 Week Health & Wellness 3:00 Words in a Word LLL 4:00 Dynseo Brain Fitness LLL 6:00 Friends & Family Ice Cream Social PC</p>	<p>10:00 Coffee, Cookies, News & Views Social PH 11:00 Fun & Fitness LLL 1:30 Reading with Jeff PH 2:30 The Opals Perform PC 4:00 Fun Trivia LLL 6:00 Card Games**</p>	<p>10:30 Innovative Fitness PC 1:30 Rosary with Jim Alcove EC 1:30 1:1 Room Visits 2:00-4:00 Hart Hearing Clinic 2:30 Kitchen Club IL 4:00 Dynseo Brain Fitness LLL 6:00 Community Bingo PC</p>	<p>10:00 Coffee & Donut Social PH 11:00 Armchair Fitness LLL 1:00 Glamour Nails LLL 2:30 First Time at Deer Creek Julie Voice Performs 4:00 Dynseo Olympics LLL 6:00 Table Games** LLL</p>	<p>11:00 Weekend Workout LLL 2:30 Saturday Movie Matinee & Popcorn PH 3:30 Walking Club** 6:00 Table Games** LLL</p>	
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*All activities are subject to change when necessary
Residents' families are invited to participate in community events.

Activities are resident-led

PC – Popular Creek

PH – Prospect Hill

LLL- Linnie Lac Lounge

Spiritual Activity

Musical Activity

Celebrate Wisconsin

Social Event