
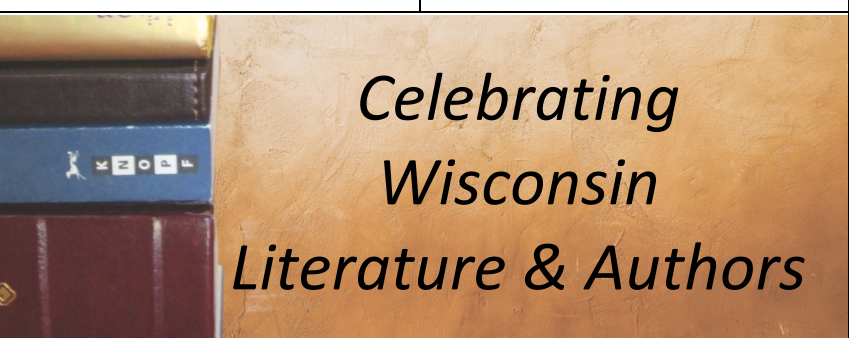


January

Heritage Deer Creek Memory Care Life Enrichment Calendar

Daily Activities

Exercise at 11 a.m. (Except Thursdays)
Laura Ingalls Wilder Readings at 1:30 p.m.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Happy Birthday</p> <p>Chester I. – 1/03 Barbara S. – 1/06 Florence R. – 1/08 Robert M. – 1/10 LaVerne K. – 1/19</p>  <p>Dan S. – 1/20 Beverly M. – 1/22 Tina H. – 1/23 Beverly K. – 1/27 Patricia B. – 1/28</p>		<p>10:00 Coffee & Rose Bowl Parade</p> <p>Armchair Yoga Afternoon 1:30 Fireside Reminisce Reading 2:30 New Year Social Dynseo Brain Fitness Evening Adult Coloring Yoga for the Brain</p>	<p>2</p> <p>Morning Coffee & Donuts Social Fun & Fitness Afternoon Dynseo Brain Fitness 1:30 Fireside Reminisce Reading Balloon Toss Fun & Games Evening Card Game</p>	<p>3</p> <p>Morning Coffee Social 10:30 Innovative Fitness PC Afternoon Dynseo Brain Fitness 1:30 Rosary with Jim Alcove EC 1:30 Fireside Reminisce Reading Google Maps Reminisce: Find your previous home 6:00 Community Bingo PC</p>	<p>4</p> <p>Morning Coffee Social Music Therapy/Children Visit Armchair Fitness Afternoon Dynseo Brain Fitness 1:30 Fireside Reminisce Reading 2:30 January Birthday Party Hand & Shoulder Rubs Evening Glamour Nails</p>	<p>5</p> <p>Morning Coffee Social Weekend Workout Afternoon Dynseo Brain Fitness 1:30 Fireside Reminisce Reading Pokeno Walking for Fitness Evening Magazine Search</p>
<p>6</p> <p>Morning Coffee Social 9:30 Catholic Communion LLL Weekend Workout Afternoon Dynseo Brain Fitness 1:30 Fireside Reminisce Reading 2:45 Helping Hands Baking Club Walking Club Evening Chicken Soup reading</p>	<p>7</p> <p>Morning Coffee Social 10:00 Catholic Mass PC Stretch to Keep Moving Afternoon Dynseo Brain Fitness 1:30 Fireside Reminisce Reading 2:00 Bingo PC 3:00 Rosary PH Evening Thumbball</p>	<p>8</p> <p>Morning Coffee Social 10:30 Lutheran Church PC Armchair Yoga Afternoon Dynseo Brain Fitness 1:30 Fireside Reminisce Reading 2:30 The Opals Perform PC Indoor Snowball Fun Evening Soothing Coloring</p>	<p>9</p> <p>Morning Coffee & Donuts Social Fun & Fitness 10:00 Kindred Health Screening Afternoon Dynseo Brain Fitness 1:30 Fireside Reminisce Reading Carpet Bowls Word Game Evening Card Game</p>	<p>10</p> <p>Morning Coffee Social 10:30 Innovative Fitness PC Afternoon Dynseo Brain Fitness 1:30 Rosary with Jim Alcove EC 1:30 Fireside Reminisce Reading 2:30 Veterans Club LLL Photavia 6:00 Community Bingo PC</p>	<p>11</p> <p>Morning Coffee Social Armchair Fitness Afternoon Dynseo Brain Fitness 1:30 Fireside Reminisce Reading 2:30 Alan Graveen Performs Elvis Balloon Hockey Evening You Be the Judge</p>	<p>12</p> <p>Morning Coffee Social Weekend Workout Afternoon Dynseo Brain Fitness 1:30 Fireside Reminisce Reading Word Games Walking Club Evening It's A Puzzle</p>
<p>13</p> <p>Morning Coffee Social 9:30 Catholic Communion LLL Weekend Workout PH Afternoon Dynseo Brain Fitness 1:30 Fireside Reminisce Reading 2:45 Helping Hands Baking Club Evening Glamour Nails</p>	<p>14</p> <p>Morning Coffee Social Stretch to Keep Moving 1:30 Fireside Reminisce Reading Afternoon Dynseo Brain Fitness 2:00 Bingo PC 3:00 Rosary PH Evening Words in a Word</p>	<p>15</p> <p>Morning Coffee Social Armchair Yoga Afternoon Dynseo Brain Fitness 1:30 Fireside Reminisce Reading 2:30 The Opals Perform PC Photavia Evening Adult Coloring - Yoga for the Brain</p>	<p>16</p> <p>Morning Coffee & Donuts Social Fun & Fitness Afternoon Dynseo Brain Fitness 1:30 Fireside Reminisce Reading Chicktionary Pampering Evening Card Games</p>	<p>17</p> <p>Morning Coffee Social 10:30 Innovative Fitness PC Afternoon Dynseo Brain Fitness 1:30 Fireside Reminisce Reading 2:00 Rosary with Jim Alcove EC Craft Club Walking Club Evening Community Bingo PC</p>	<p>18</p> <p>Morning Coffee Social Music Therapy/Children Visit Armchair Fitness Afternoon Dynseo Brain Fitness 1:30 Fireside Reminisce Reading 2:30 Todd Pridgeon Performs Fun & Games Evening Glamour Nails</p>	<p>19</p> <p>Morning Coffee Social Weekend Workout 1:30 Fireside Reminisce Reading Pictionary Chicktionary Evening Soothing Coloring</p>
<p>20</p> <p>Morning Coffee Social 9:30 Catholic Communion LLL Weekend Workout PH Afternoon Dynseo Brain Fitness 1:30 Fireside Reminisce Reading 2:45 Helping Hands Baking Club Walking Club Evening Dominoes</p>	<p>21</p> <p>Morning Coffee Social Stretch to Keep Moving Afternoon Dynseo Brain Fitness 1:30 Fireside Reminisce Reading 2:00 Bingo PC 3:00 Rosary PH Evening German Shepherd Show</p>	<p>22</p> <p>Morning Coffee Social 10:30 Lutheran Church PC Armchair Yoga Afternoon Dynseo Brain Fitness 1:30 Fireside Reminisce Reading 2:30 The Opals Perform PC Walking Club Evening Adult Coloring</p>	<p>23</p> <p>Morning Coffee & Donuts Social Fun & Fitness Afternoon Dynseo Brain Fitness 1:30 Fireside Reminisce Reading Culvers Outing Fun Trivia Evening Card Games</p>	<p>24</p> <p>Morning Coffee Social 10:30 Innovative Fitness PC Afternoon Dynseo Brain Fitness 1:30 Rosary with Jim Alcove EC 1:30 Fireside Reminisce Reading 2:00-4:00 Hart Hearing Clinic Photavia Evening Community Bingo PC</p>	<p>25</p> <p>Morning Coffee Social Armchair Fitness Afternoon Dynseo Brain Fitness 1:30 Fireside Reminisce Reading 2:30 Ron Musical Performance Walking Club Evening Glamour Nails</p>	<p>26</p> <p>Morning Coffee Social Weekend Workout Afternoon Dynseo Brain Fitness 1:30 Fireside Reminisce Reading Carpet Bowls Walking Club Evening Where in the World?</p>
<p>27</p> <p>Morning Coffee Social 9:30 Catholic Communion LLL Weekend Workout Afternoon Dynseo Brain Fitness 1:30 Fireside Reminisce Reading 2:45 Helping Hands Baking Club Walking Club Evening Table Games</p>	<p>28</p> <p>Morning Coffee Social Stretch to Keep Moving Afternoon Dynseo Brain Fitness 1:30 Fireside Reminisce Reading 2:00 Bingo PC 3:00 Rosary PH 4:00 Dynseo Olympics LLL 6:00 Thumbball</p>	<p>29</p> <p>Morning Coffee Social Armchair Yoga Afternoon Dynseo Brain Fitness 1:30 Fireside Reminisce Reading 2:30 The Opals Perform PC 4:00 Dynseo Olympics LLL 6:00 Friends & Family Ice Cream Social PC</p>	<p>30</p> <p>Morning Coffee & Donuts Social Fun & Fitness Afternoon Dynseo Brain Fitness 1:30 Fireside Reminisce Reading Word Game 4:00 Dynseo Olympics LLL 6:00 Card Games</p>	<p>31</p> <p>Morning Coffee & Donuts Social 10:30 Innovative Fitness PC Afternoon Dynseo Brain Fitness 1:30 Rosary with Jim Alcove EC 1:30 Fireside Reminisce Reading Music, Music, Music 4:00 Dynseo Brain Fitness LLL Evening Community Bingo</p>	 <p><i>Celebrating Wisconsin Literature & Authors</i></p>	

*All activities are subject to change when necessary
Residents' families are invited to participate in community events.

PH – Prospect Hill
PC – Popular Creek
LLL - Linnie Lac Lounge

Spiritual Activity
Celebrate Wisconsin

Musical Activity
Social Event