
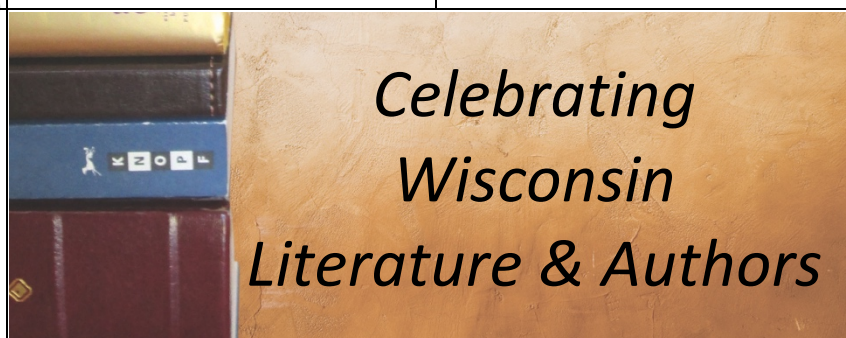


# January

## Heritage Deer Creek Assisted Living Life Enrichment Calendar

### Daily Activities

Exercise at 11 a.m. (Except Thursdays)  
Laura Ingalls Wilder Readings at 1:30 p.m.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Happy Birthday</b></p> <p>Chester I. – 1/03 Barbara S. – 1/06 Florence R. – 1/08 Robert M. – 1/10 LaVerne K. – 1/19</p> 	<p>Dan S. – 1/20 Beverly M. – 1/22 Tina H. – 1/23 Beverly K. – 1/27 Patricia B. – 1/28</p>	<p><b>10:00 Coffee &amp; Rose Bowl Parade</b> <b>10:00 Catholic Mass IL</b> 11:00 Armchair Yoga LLL <b>1:30 Fireside Reminisce Reading</b> <b>2:30 New Year's Day Social</b> 4:00 Dynseo Brain Fitness LLL 6:00 Adult Coloring - Yoga for the Brain** LLL</p>	<p><b>10:00 Coffee &amp; Donuts Social PH</b> 11:00 Fun &amp; Fitness LLL <b>1:30 Fireside Reminisce Reading</b> 2:30 Family Feud PH 4:00 Dynseo Brain Fitness LLL 6:00 Card Games**</p>	<p><b>10:30 Innovative Fitness PC</b> <b>1:30 Rosary with Jim Alcove EC</b> <b>1:30 Fireside Reminisce Reading</b> 2:30 Google Maps Reminisce: Find your previous home 4:00 Dynseo Brain Fitness LLL 6:00 Community Bingo PC</p>	<p><b>10:00 Coffee, News &amp; Views PH</b> 11:00 Armchair Fitness LLL 1:00 Glamour Nails LLL <b>1:30 Fireside Reminisce Reading</b> <b>2:30 January Birthday Party Gary Wendorf Performs</b> 4:00 Dynseo Brain Fitness LLL 6:00 Table Games** LLL</p>	<p><b>11:00 Weekend Workout LLL</b> <b>1:30 Fireside Reminisce Reading</b> 2:30 Saturday Movie Matinee &amp; Popcorn PH 6:00 Table Games** LLL</p>
<p><b>9:30 Catholic Communion LLL</b> <b>10:00 Catholic Mass CR</b> 11:00 Weekend Workout PH <b>1:30 Fireside Reminisce Reading</b> 2:30 Sunday Action Movie PH 2:45 Helping Hands Baking Club 4:00 Walking Club 6:00 Table Games** LLL</p>	<p><b>10:00 Catholic Mass PC</b> 10:00 Shopping Outing IL 11:00 Stretch to Keep Moving LLL <b>1:30 Fireside Reminisce Reading</b> 2:00 Bingo PC <b>3:00 Rosary PH</b> 4:00 Dynseo Brain Fitness LLL 6:00 Table Games** LLL</p>	<p><b>10:30 Lutheran Church PC</b> 11:00 Armchair Yoga LLL <b>1:30 Fireside Reminisce Reading</b> <b>2:30 The Opals Perform PC</b> 4:00 Dynseo Brain Fitness LLL 6:00 Adult Coloring - Yoga for the Brain** LLL</p>	<p><b>10:00 Coffee, Donuts Social Skype</b> <b>10:00-12:00 Kindred Community Balance Screening</b> 11:00 Fun &amp; Fitness LLL <b>1:30 Fireside Reminisce Reading</b> <b>1:30 Sewing Repairs &amp; Reminisce</b> 2:30 Indoor Snowball Fun PH 4:00 Dynseo Brain Fitness LLL 6:00 Card Games**</p>	<p><b>10:30 Innovative Fitness PC</b> <b>1:30 Rosary with Jim Alcove EC</b> <b>1:30 Fireside Reminisce Reading</b> 2:30 Veterans Club LLL <b>2:30 Classy Chicks Club PC</b> 4:00 Dynseo Brain Fitness LLL 6:00 Community Bingo PC</p>	<p><b>10:00 Coffee, News &amp; Views PH</b> 11:00 Armchair Fitness LLL 1:00 Glamour Nails LLL <b>1:30 Fireside Reminisce Reading</b> <b>2:30 Alan Graveen Performs Elvis</b> 4:00 Dynseo Brain Fitness LLL 6:00 Table Games** LLL</p>	<p><b>11:00 Weekend Workout LLL</b> <b>1:30 Fireside Reminisce Reading</b> 2:30 Saturday Movie Matinee &amp; Popcorn PH <b>4:00 Catholic Mass (IL)</b> 6:00 Table Games** LLL</p>
<p><b>9:30 Catholic Communion LLL</b> 11:00 Weekend Workout PH <b>1:30 Fireside Reminisce Reading</b> 2:30 Ben Hur 2016 version (screenwriter John Ridley) PH 2:45 Helping Hands Baking Club 6:00 Table Games** LLL</p>	<p>10:00 Shopping Outing IL 11:00 Stretch to Keep Moving LLL <b>1:30 Fireside Reminisce Reading</b> 2:00 Bingo PC <b>3:00 Rosary PH</b> 4:00 Dynseo Brain Fitness LLL 6:00 Table Games** LLL</p>	<p>11:00 Armchair Yoga LLL <b>1:30 Fireside Reminisce Reading</b> <b>2:30 The Opals Perform PC</b> <b>3:30 Library Presentation PC</b> 4:00 Dynseo Brain Fitness LLL 6:00 Adult Coloring - Yoga for the Brain** LLL</p>	<p><b>10:00 Coffee &amp; Donuts Social PH</b> 11:00 Fun &amp; Fitness LLL <b>1:30 Fireside Reminisce Reading</b> <b>2:30 Poetry with Jeff Ircink, WI Author</b> 4:00 Dynseo Brain Fitness LLL 6:00 Card Games**</p>	<p><b>10:30 Innovative Fitness PC</b> <b>1:30 Fireside Reminisce Reading</b> <b>2:00 Rosary with Jim Alcove EC</b> 2:30 Craft Club LLL <b>3:30 Town Hall/Happy Hour LLL</b> 6:00 Community Bingo PC</p>	<p><b>10:00 Coffee, News &amp; Views PH</b> 11:00 Armchair Fitness LLL 1:00 Glamour Nails PH <b>1:30 Fireside Reminisce Reading</b> <b>2:30 Todd Pridgeon Performs</b> 4:00 Dynseo Brain Fitness LLL 6:00 Table Games** LLL</p>	<p><b>11:00 Weekend Workout LLL</b> <b>1:30 Fireside Reminisce Reading</b> 2:30 Saturday Movie Matinee &amp; Popcorn PH 6:00 Table Games** LLL</p>
<p><b>9:30 Catholic Communion LLL</b> <b>10:00 Catholic Mass CR</b> 11:00 Weekend Workout PH <b>1:30 Fireside Reminisce Reading</b> 2:30 Sunday Action Movie PH 2:45 Helping Hands Baking Club 4:00 Walking Club 6:00 Table Games** LLL</p>	<p>10:00 Shopping Outing IL 11:00 Stretch to Keep Moving LLL <b>1:30 Fireside Reminisce Reading</b> 2:00 Bingo PC <b>3:00 Rosary PH</b> 4:00 Dynseo Brain Fitness LLL 6:00 German Shepherd Show</p>	<p><b>10:30 Lutheran Church PC</b> 11:00 Armchair Yoga LLL <b>1:30 Fireside Reminisce Reading</b> <b>2:30 The Opals Perform PC</b> 4:00 Dynseo Brain Fitness LLL 6:00 Adult Coloring - Yoga for the Brain** LLL</p>	<p><b>10:00 Coffee &amp; Donuts Social Skype Marie UK</b> 11:00 Fun &amp; Fitness LLL <b>1:30 Fireside Reminisce Reading</b> <b>2:30 Activity Professionals Week Social – Who are we? PC</b> 4:00 Dynseo Brain Fitness LLL 6:00 Card Games**</p>	<p><b>10:30 Innovative Fitness PC</b> <b>1:30 Rosary with Jim Alcove EC</b> <b>1:30 Fireside Reminisce Reading</b> <b>2:00 – 4:00 Hart Hearing Clinic</b> <b>2:30 Outing to New Berlin Library</b> 4:00 Dynseo Brain Fitness LLL 6:00 Community Bingo PC</p>	<p><b>10:00 Coffee, News &amp; Views PH</b> 11:00 Armchair Fitness LLL 1:00 Glamour Nails PH <b>1:30 Fireside Reminisce Reading</b> <b>2:30 Ron Musical Performance</b> 4:00 Dynseo Brain Fitness LLL 6:00 Table Games** LLL</p>	<p><b>11:00 Weekend Workout LLL</b> <b>1:30 Fireside Reminisce Reading</b> 2:30 Saturday Movie Matinee &amp; Popcorn PH <b>4:00 Catholic Mass (IL)</b> 6:00 Table Games** LLL</p>
<p><b>9:30 Catholic Communion LLL</b> 11:00 Weekend Workout PH <b>1:30 Fireside Reminisce Reading</b> 2:30 Sunday Action Movie PH 2:45 Helping Hands Baking Club 4:00 Walking Club 6:00 Table Games** LLL</p>	<p>10:00 Shopping Outing IL 11:00 Stretch to Keep Moving LLL <b>1:30 Fireside Reminisce Reading</b> 2:00 Bingo PC <b>3:00 Rosary PH</b> <b>4:00 Dynseo Olympics LLL</b> 6:00 Table Games** LLL</p>	<p>11:00 Armchair Yoga LLL <b>1:30 Fireside Reminisce Reading</b> <b>2:30 The Opals Perform PC</b> 4:00 Dynseo Olympics LLL <b>6:00 Friends &amp; Family Ice Cream Social PC</b></p>	<p><b>10:00 Coffee &amp; Donuts Social PH</b> 11:00 Fun &amp; Fitness LLL <b>1:30 Fireside Reminisce Reading</b> 2:30 Scrabble LLL <b>4:00 Dynseo Olympics LLL</b> 6:00 Card Games**</p>	<p><b>10:30 Innovative Fitness PC</b> <b>1:30 Rosary with Jim Alcove EC</b> <b>1:30 Fireside Reminisce Reading</b> 2:30 Kitchen Club Little House Cookbook: Maple Cupcakes 4:00 Dynseo Olympics LLL 6:00 Community Bingo <b>6:00 Book Giveaway</b></p>		

\*All activities are subject to change when necessary

\*\*Activities are resident-led\*\*

Residents' families are invited to participate in community events.

PC – Popular Creek

PH – Prospect Hill

LLL- Linnie Lac Lounge

Spiritual Activity

Musical Activity

Celebrate Wisconsin

Social Event