

November

Heritage Deer Creek Enhanced Care AL Life Enrichment Calendar

Extra Daily Activities
Oshibori Aromatherapy
Occasional Namaste and 1:1 Programs Added

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Happy Birthday</p> <p>Meta H. – 11/14 Joan B. – 11/16</p> 		 <p>Celebrating Wisconsin Sports</p>		<p>1 10:30 Innovative Fitness PC 1:30 Rosary with Jim Alcove EC 2:00 In the Red Zone – The History of Camp Randall PH 4:00 Dynseo Brain Fitness LLL 6:00 Community Bingo PC 7:00 Bucks Vs. Celtics LLL</p>	<p>2 10:00 Coffee, News & Views PH 11:00 Armchair Fitness LLL 1:00 Glamour Nails PH 2:30 November Birthday Party Rockin Randy Performs PC 4:00 Dynseo Brain Fitness LLL 6:00 Table Games** LLL</p>	<p>3 11:00 Weekend Workout LLL 1:30 Dominoes & Puzzles** 2:30 Saturday Movie Matinee & Popcorn PH 6:00 Table Games** LLL TBD Badgers Vs. Rutgers</p>
<p>4 9:30 Catholic Communion LLL 10:00 Catholic Mass (IL) 11:00 Weekend Workout PH 2:30 Sunday Action Movie PH 2:45 Helping Hands Baking Club 4:00 Walking Club 6:00 Table Games** LLL 7:20 Packers Vs Patriots</p>	<p>5 10:00 Shopping Outing IL 11:00 Stretch to Keep Moving LLL 1:30 Bingo PC 2:30 Rosary PH 4:00 Dynseo Brain Fitness LLL 6:00 Table Games** LLL</p>	<p>6 11:00 Armchair Yoga LLL 1:30 Words in a Word PH 2:30 The Opals Perform PC 4:00 Dynseo Brain Fitness LLL 6:00 Adult Coloring - Yoga for the Brain** LLL or MC1</p>	<p>7 10:00 Coffee & Donuts Social PH 11:00 Fun & Fitness LLL 1:30 Sewing Repairs & Reminisce with Kathi LLL 2:30 Horizon Presentation Senior Nutrition, Smoothie Demo 4:00 Fun Trivia LLL 6:00 Card Game**</p>	<p>8 10:30 Innovative Fitness PC 1:30 Rosary with Jim Alcove EC 2:30 Midweek Movie Matinee 4:00 Dynseo Brain Fitness LLL 6:00 Community Bingo PC</p>	<p>9 10:00 Celebrate our Veterans 11:00 Armchair Fitness LLL 1:00 Glamour Nails PH 2:30 Packer Girl Friends of the Lombardi Era Presentation PC 4:00 Dynseo Brain Fitness LLL 6:00 Table Games** LLL</p>	<p>10 11:00 Weekend Workout LLL 1:30 Dominoes & Puzzles** 2:30 Saturday Movie Matinee & Popcorn PH 6:00 Table Games** LLL TBD Badgers Vs. Penn State</p>
<p>11 9:30 Catholic Communion LLL 9:45 Catholic Mass (IL) 11:00 Weekend Workout PH Noon Packers Vs. Dolphins 2:30 Sunday Action Movie PH 2:45 Helping Hands Baking Club 4:00 Heritage Hikers Walking Club 7:00 Bucks Vs. Nuggets LLL</p>	<p>12 10:00 Shopping Outing IL 11:00 Stretch to Keep Moving LLL 1:30 Bingo PC 2:30 Rosary PH 4:00 Dynseo Brain Fitness LLL 6:00 Table Games** LLL</p>	<p>13 10:30 Lutheran Church PC 11:00 Armchair Yoga LLL 1:30 Crosswords PH 2:30 The Opals Perform PC 4:00 Dynseo Brain Fitness LLL 6:00 Adult Coloring - Yoga for the Brain** LLL or MC1</p>	<p>14 10:00 Skype with Marie in the UK Coffee & Donuts Social PH 11:00 Fun & Fitness LLL 11:45 Lunch & Bowling Outing New Berlin Ale House 4:00 Brain Games LLL 6:00 Card Game** 7:00 Bucks Vs. Grizzlies LLL</p>	<p>15 10:30 Innovative Fitness PC 1:30 Rosary with Jim Alcove EC 2:00 Craft Club Sewing/Knitting/Crochet with a Purpose LLL 3:30 Town Hall/Happy Hour LLL 6:00 Community Bingo PC 7:20 Packers Vs. Seahawks</p>	<p>16 10:00 Coffee, News & Views PH 11:00 Armchair Fitness LLL 1:00 Glamour Nails PH 2:30 Joe Kadlec Performs PC 4:00 Dynseo Brain Fitness LLL 5:00 Northwoods Supper Club PC</p>	<p>17 11:00 Weekend Workout LLL 1:30 Dominoes & Puzzles** 2:30 Saturday Movie Matinee & Popcorn LLL 4:00 Catholic Mass (IL) 6:00 Table Games** LLL TBD Badgers Vs. Perdue</p>
<p>18 9:30 Catholic Communion LLL 11:00 Weekend Workout PH 2:30 Sunday Action Movie PH 2:45 Helping Hands Baking Club 4:00 Heritage Hikers Walking Club 6:00 Table Games** LLL</p>	<p>19 10:00 Catholic Mass PC 10:00 Shopping Outing IL 11:00 Stretch to Keep Moving LLL 1:30 Bingo PC 2:30 Rosary PH 4:00 Dynseo Brain Fitness LLL 6:00 Dog Show PC 7:00 Bucks Vs. Nuggets LLL</p>	<p>20 11:00 Armchair Yoga LLL 1:30 Documentary Whitetail Hunting in Wisconsin PH 2:30 The Opals Perform PC 4:00 Dynseo Brain Fitness LLL 6:00 Activity Meeting with Pat</p>	<p>21 National Gingerbread Cookie Day 10:00 Coffee & Donuts Social PH 11:00 Fun & Fitness LLL 1:30 Bake Gingerbread Cookies 3:00 Hot Apple Cider & Gingerbread Cookie Social LLL 4:00 Fun Trivia LLL 6:00 Card Game** 7:00 Bucks Vs. Trail Blazers LLL</p>	<p>22 Thanksgiving 11:00 Fun & Fitness LLL 1:30 The Story Behind the Hymn 'What A Friend We Have in Jesus' PH 2:30 Thanksgiving Social 4:00 Dynseo Brain Fitness LLL 6:00 Community Bingo PC</p>	<p>23 10:00 Coffee, News & Views PH 11:00 Armchair Fitness LLL 1:00 Glamour Nails PH 2:30 WI Sports Trivia Jeopardy Social LLL 4:00 Dynseo Brain Fitness LLL 6:00 Table Games** LLL 7:30 Bucks Vs. Suns LLL</p>	<p>24 11:00 Weekend Workout LLL 1:30 Dominoes & Puzzles** 2:30 Saturday Movie Matinee & Popcorn LLL 6:00 Table Games** LLL TBD Badgers Vs. Minnesota 7:30 Bucks Vs. Spurs LLL</p>
<p>25 9:30 Catholic Communion LLL 10:00 Catholic Mass (IL) 11:00 Weekend Workout PH 2:30 Sunday Action Movie PH 2:45 Helping Hands Baking Club 4:00 Walking Club 6:00 Table Games** LLL 7:20 Packers Vs. Vikings</p>	<p>26 10:00 Shopping Outing IL 11:00 Stretch to Keep Moving LLL 1:30 Bingo PC 2:30 Rosary PH 4:00 Dynseo Brain Fitness LLL 6:00 Bucks Vs. Hornets LLL</p>	<p>27 10:30 Lutheran Church PC 11:00 Armchair Yoga LLL 1:30 Chicktionary PH 2:30 The Opals Perform PC 4:00 Dynseo Brain Fitness LLL 6:00 Friends & Family Ice Cream Social PC</p>	<p>28 10:00 Coffee & Donuts Social PH 11:00 Fun & Fitness LLL 1:30 Dominoes** LLL 2:30 Brett Farve Documentary 4:00 Fun Trivia LLL 6:00 Card Game** 7:00 Bucks Vs. Bulk</p>	<p>29 10:00 Brain Games with Jessica 10:30 Innovative Fitness PC 1:30 Rosary with Jim Alcove EC 1:30 Veterans Club LLL 2:00-4:00 Hart Hearing Clinic PH 4:00 Dynseo Brain Fitness LLL 6:00 Community Bingo PC</p>	<p>30 10:00 Coffee & Skype with Marie & Pat in the UK 11:00 Armchair Fitness LLL 1:00 Glamour Nails PH 2:30 Gary Wendorf Performs PC 4:00 Dynseo Brain Fitness LLL 6:00 Table Games** LLL</p>	<p>Please Note During the winter months we will have one outing per month, weather permitting. If the weather results in unsafe conditions, outings are subject to cancellation.</p>

*All activities are subject to change when necessary
Residents' families are invited to participate in community events.

Activities are Resident-led

PC – Popular Creek

PH – Prospect Hill

LLL- Linnie Lac Lounge

Spiritual Activity

Musical Activity

Celebrate Wisconsin

Social Event