



September

Heritage Deer Creek Memory Care Enrichment Calendar

Daily Activities

Oshibori Aromatherapy | Chore Therapy
Dynseo Brain Fitness | Photavia Reminisce Therapy

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>Celebrating Wisconsin Companies</i></p> 				<p>Happy Birthday</p> <p>Regina K. – 9/1 – 100 years old Bernice K. – 9/8 – 100 years old</p> <p>Wayne P. – 9/5 Robert E. – 9/8</p>		<p>Morning Coffee & Chat Social Weekend Workout Afternoon Dynseo Brain Fitness Pokeno Name 5 Walking Club 6:00 Lawrence Welk CH10</p>
<p>2 Morning Coffee & Chat Social 9:30 Catholic Communion EC Weekend Workout Afternoon Dynseo Brain Fitness 2:45 Helping Hands Baking Club Heritage Hikers Walking Club Evening Soothing Coloring</p>	<p>3 Morning Coffee & Chat Social Stretch to Keep Moving Afternoon: Dynseo Brain Fitness 1:30 Bingo PC 2:30 "Wear White One Last Time" Social LLL Evening: Memory Boxes</p>	<p>4 Morning Coffee & Chat Social Armchair Yoga Afternoon Dynseo Brain Fitness 2:30 The Opals Perform PC Walking for Fitness Evening Card Game</p>	<p>5 Morning Coffee & Donuts Social Keeping Fit Afternoon Dynseo Brain Fitness Evening Midweek Movie Hello Dolly Movie Outing Walking for Fitness Evening Movie & Popcorn</p>	<p>6 Morning Coffee & Chat Social Exercise with Lessila Therapy 11:00 Rosary EC Afternoon Dynseo Brain Fitness Bottoms Up Documentary Beers and Bars of Wisconsin 2:30 Patrick Cudahy & Sargento Cheese Appetizer Social 6:00 Community Bingo PC</p>	<p>7 Morning Coffee & Chat Social Music Therapy/Children Visit Armchair Fitness Afternoon Dynseo Brain Fitness 2:30 The Broadway Civic Singers/100th Birthday Celebration PC 1:1 - PCC Evening Glamour Nails</p>	<p>8 Morning Coffee & Chat Social Armchair Yoga Weekend Workout Afternoon Dynseo Brain Fitness Gardening Club Wii Wheel of Fortune 6:00 Lawrence Welk CH10</p>
<p>9 Morning Coffee & Chat Social 9:30 Catholic Communion EC Afternoon: Dynseo Brain Fitness 2:45 Grandparents Social PC Heritage Hikers Walking Club Evening: Magazine Search 7:00 Packers Vs Bears</p>	<p>10 Morning Coffee & Chat Social Stretch to Keep Moving Afternoon Dynseo Brain Fitness 1:30 Bingo PC 2:30 Rosary Photavia Evening: Art with Carly</p>	<p>11 Morning Coffee & Chat Social 10:30 Lutheran Church PC Armchair Yoga Afternoon Dynseo Brain Fitness 1:30 Craft Beadwork 2:30 Music Fest - The Opals Perform PC Evening: Spot the Difference</p>	<p>12 Morning Coffee & Donuts Social Keeping Fit Afternoon Dynseo Brain Fitness 1:30 Celebrate WI - Harley Museum Outing Wii Bowling Evening Movie & Popcorn</p>	<p>13 Morning Coffee & Chat Social Exercise with Lessila Therapy 11:00 Rosary EC Afternoon Dynseo Brain Fitness 3:00 Horizon Hospice Let them Eat Cake Social 6:00 Community Bingo PC</p>	<p>14 Morning Coffee & Chat Social Children Visit/Intergenerational Armchair Fitness Afternoon Dynseo Brain Fitness 2:30 That Good Old Fashioned Music, Happy Hour Social Photavia Reminisce Evening Glamour Nails</p>	<p>15 Morning Coffee & Chat Social 11:00 Oktoberfest Summer Picnic Featuring Music by Festival European and German Dancers Afternoon Dynseo Brain Fitness 6:00 Lawrence Welk CH10</p>
<p>16 Morning Coffee & Chat Social 9:30 Catholic Communion EC 11:00 Weekend Workout PH 12:00 Packers Vs. Vikings Afternoon Dynseo Brain Fitness 2:45 Helping Hands Baking Club Heritage Hikers Walking Club Evening Card Game</p>	<p>17 Morning Coffee & Chat Social Stretch to Keep Moving Afternoon Dynseo Brain Fitness 1:30 Flu Clinic 1:30 Bingo PC 2:30 Rosary PH 6:00 German Shepherd Show PC</p>	<p>18 Morning Coffee & Chat Social Armchair Yoga Afternoon Dynseo Brain Fitness 2:30 The Opals Perform PC Walking for Fitness Evening Drawer Detective</p>	<p>19 Morning Coffee & Donuts Social Keeping Fit Afternoon Dynseo Brain Fitness Celebrate WI - Culvers Ice Cream & Scenic Drive Wheel of Fortune Evening Movie & Popcorn</p>	<p>20 Morning Coffee & Chat Social Exercise with Lessila Therapy 11:00 Rosary EC Afternoon Dynseo Brain Fitness 6:00 Community Bingo PC</p>	<p>21 Morning Coffee & Chat Social Music Therapy/Children Visit Armchair Fitness Afternoon Dynseo Brain Fitness 2:30 Gary Wendorf Performs August Birthday Party PC Thumbball Evening Glamour Nails</p>	<p>22 Morning Coffee & Chat Social Armchair Yoga Weekend Workout Afternoon Dynseo Brain Fitness Family Feud Walking Club 6:00 Lawrence Welk CH10</p>
<p>23 9:30 Catholic Communion EC 11:00 Weekend Workout PH 12:00 Packers Vs. Redskins 12:00 Packers Vs. Buffalo Bills 30 2:45 Helping Hands Baking Club Heritage Hikers Walking Evening Card Game</p>	<p>24 Morning Coffee & Chat Social Stretch to Keep Moving Afternoon Dynseo Brain Fitness 1:30 Bingo PC 2:30 Rosary Photavia Evening Memory Boxes</p>	<p>25 Morning Coffee & Chat Social 10:30 Lutheran Church PC Armchair Yoga Afternoon Dynseo Brain Fitness 2:30 The Opals Perform PC Walking for Fitness 6:00 Friends & Family Edy's Ice Cream Social PC</p>	<p>26 Morning Coffee & Donuts Social Keeping Fit Afternoon Dynseo Brain Fitness Wii Bowling Walking for Fitness Evening Movie & Popcorn</p>	<p>27 Morning Coffee & Chat Social Exercise with Lessila Therapy 11:00 Rosary EC Afternoon Dynseo Brain Fitness 1:30 Veterans Club 2:30 "With This Ring" Movie on The History of Miller Beer PC 6:00 Community Bingo PC</p>	<p>28 Morning Coffee & Chat Social Children Visit/Intergenerational Armchair Fitness 2:30 Synergy Presents Musical March Through Life Wii Wheel of Fortune Evening Glamour Nails</p>	<p>29 Morning Coffee & Chat Social Armchair Yoga Weekend Workout Afternoon Dynseo Brain Fitness Pokeno Walking Club 6:00 Lawrence Welk CH10</p>

*All activities are subject to change when necessary
Residents' families are invited to participate in community events.

Activities are Resident-led

PC – Popular Creek

PH – Prospect Hill

LLL- Linnie Lac Lounge

Spiritual Activity

Musical Activity

Celebrate Wisconsin

Social Event