

# July

## Heritage Deer Creek Memory Care Life Enrichment Calendar

### Daily Activities

Oshibori Aromatherapy | Chore Therapy |  
Dynseo Brain Fitness | Photavia Reminisce Therapy

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 <b>9:00 Coffee &amp; Church</b> Stretch & Move <b>Afternoon</b> Adult Coloring Yoga for the Brain Baking Club <b>Evening</b> Reminisce on the Patio	2 <b>Morning</b> Coffee & Chat Social Fun & Fitness <b>Afternoon</b>  Rosary <b>Evening</b> Glamour Nails	3 <b>Morning</b> Coffee & Chat Social Stretch & Move <b>Afternoon</b> <b>1:30 John McGivern &amp; Historian John Gurdy Video Bay View</b> <b>2:30 The Opals Perform</b> <b>Evening</b> Art in the Evening	4 <b>Morning</b> Coffee & Donuts Social Exercise with Lessila Therapy <b>Afternoon</b> 4 <sup>th</sup> July Celebration Social Hand Massage - PCC <b>Evening</b> Midweek Movie Night	5 <b>Morning</b> Coffee & Chat Social Armchair Exercise <b>Afternoon</b> Memory Boxes with Carly Tic Tac Toe <b>6:00 Community</b> 	6 <b>Morning</b> Coffee & Chat Social Music Therapy/Children Visit Stretch & Move <b>Afternoon</b> Wii Bowling <b>2:30 Gary Wendorf Performs July Birthday Party</b> <b>Evening</b> Trivia on the Patio	7 <b>Morning</b> Coffee & Chat Social Weekend Workout <b>Afternoon</b> Lemonade in the Shade Gardening Club <b>6:00</b> Lawrence Welk TV CH 10
8 <b>9:00 Coffee &amp; Church</b> Stretch & Move <b>Afternoon</b> Pokeno Baking Club <b>Evening</b> Trivia on the Patio	9 <b>Morning</b> Coffee & Chat Social Fun & Fitness <b>Afternoon</b>  Rosary <b>Evening</b> Glamour Nails	10 <b>Morning</b> Coffee & Chat Social <b>10:30 Lutheran Church</b> Stretch & Move <b>Afternoon</b> <b>1:30 John McGivern &amp; Historian John Gurdy Video Lake Geneva</b> <b>2:30 The Opals Perform</b> <b>Evening</b> Art in the Evening	11 <b>Morning</b> Coffee & Donuts Social Exercise with Lessila Therapy <b>Afternoon</b> <b>Scenic Lake Drive Outing &amp; Kopps Custard</b> 1:1 Room Visits <b>Evening</b> Midweek Movie Night	12 <b>Morning</b> Coffee & Chat Social Armchair Exercise <b>Afternoon</b> <b>1:30 Milwaukee A City Built on Water Documentary</b> <b>3:00 Horizon 'Take the Cake' Social Hour</b> <b>6:00 Community</b> 	13 <b>Morning</b> Coffee & Chat Social Children Visit Stretch & Move <b>Afternoon</b> Thumb Ball <b>2:30 Joe Luccesi Performs</b> <b>Evening</b> Name 5	14 <b>Morning</b> Coffee & Chat Social Weekend Workout <b>Afternoon</b> Popsicle Making Pokeno <b>6:00</b> Lawrence Welk TV CH 10
15 <b>9:00 Coffee &amp; Church</b> Stretch & Move <b>Afternoon</b> Adult Coloring Yoga for the Brain Baking Club <b>Evening</b> Chicken Soup for the Soul	16 <b>Morning</b> Coffee & Chat Social <b>Catholic Mass</b> Fun & Fitness <b>Afternoon</b>  Rosary <b>Evening</b> German Shepherd Show	17 <b>Morning</b> Coffee & Chat Social Stretch & Move <b>Afternoon</b> Ball Toss <b>2:30 The Opals Perform</b> 1:1 Room Visits <b>Evening</b> Art in the Evening	18 <b>Morning</b> Coffee & Donuts Social Exercise with Lessila Therapy <b>Afternoon</b> <b>John McGivern &amp; Historian John Gurdy Video Port Washington</b> Lemonade in the Shade <b>Evening</b> Midweek Movie Night	19 <b>Morning</b> Coffee & Chat Social Armchair Exercise <b>Afternoon</b> Memory Boxes with Carly Pampering - PCC <b>6:30 Summer Concert Series Family Night featuring the Acoustic Brew Band</b>	20 <b>Morning</b> Coffee & Chat Social Music Therapy/Children Visit Stretch & Move <b>Afternoon</b> Chicktionary <b>2:30 Jan T. Performs Patsy Cline</b> <b>Evening</b> Bean Bag Toss	21 <b>Morning</b> Coffee & Chat Social Weekend Workout <b>Afternoon</b> Lemonade in the Shade Gardening Club <b>6:00</b> Lawrence Welk TV CH 10
22 <b>9:00 Coffee &amp; Church</b> Stretch & Move <b>Afternoon</b> Magazine Search Baking Club <b>Evening</b> Reminisce on the Patio	23 <b>Morning</b> Coffee & Chat Social Fun & Fitness <b>Afternoon</b>  Rosary <b>Evening</b> Glamour Nails	24 <b>Morning</b> Coffee & Chat Social <b>10:30 Lutheran Church</b> Stretch & Move <b>Afternoon</b> <b>1:30 John McGivern &amp; John Gurdy Video Pewaukee Lake</b> <b>2:30 The Opals Perform</b> <b>Evening</b> Art in the Evening	25 <b>Morning</b> Coffee & Donuts Social Exercise with Lessila Therapy <b>Afternoon</b> Root Beer Floats on the Porch 1:1 Room Visits <b>Evening</b> <b>Midweek Movie Night The Great Outdoors</b>	26 <b>Morning</b> Coffee & Chat Social Armchair Exercise <b>Afternoon</b> Wii Wheel of Fortune Mad Scientist <b>6:00 Community</b> 	27 <b>Morning</b> Coffee & Chat Social Children Visit Stretch & Move <b>Afternoon</b> Dice Games <b>2:30 Performer TBA</b> <b>Evening</b> Magazine Search	28 <b>Morning</b> Coffee & Chat Social Weekend Workout <b>Afternoon</b> Who am I? Trivia <b>6:00</b> Lawrence Welk TV CH 10
29 <b>9:00 Coffee &amp; Church</b> Stretch & Move <b>Afternoon</b> Adult Coloring Yoga for the Brain Baking Club <b>Evening</b> Trivia	30 <b>Morning</b> Coffee & Chat Social Fun & Fitness <b>Afternoon</b>  Rosary <b>Evening</b> Glamour Nails	31 <b>Morning</b> Coffee & Chat Social Stretch & Move <b>Afternoon</b> Ball Kick <b>2:30 The Opals Perform</b> 1:1 Room Visits <b>Evening</b> Art in the Evening	 <p><i>Celebrating Wisconsin Lakes &amp; Travel</i></p>		 <p><b>Happy Birthday</b> Frank L. – 7/18 Anita N. – 7/27</p>	

\*All activities are subject to change when necessary  
Residents' families are invited to participate in community events.

**Spiritual Activity** **Musical Activity**  
**Celebrate Wisconsin** **Social Event**