











May

Heritage at Deer Creek  
Memory Care Life Enrichment Calendar

Daily Activities  
Oshibori Aromatherapy | Chore Therapy  
Dynseo Brain Fitness

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div></div> <div>National Skilled Nursing Week May 6-9</div>		<div><div>1</div><div>National Chocolate Parfait Day</div></div> <div><div>Morning</div><div>Coffee &amp; Chat Social</div><div>Stretch &amp; Move</div><div>Afternoon</div><div>Word Game</div><div>2:30 The Opals Perform</div><div>Walking for Fitness</div><div>6:00 Presentation by Lucy &amp; Chocolate Parfait Social PC</div></div>	<div><div>2</div></div> <div><div>Morning</div><div>Coffee &amp; Donuts Social</div><div>Exercise with Lessila Therapy</div><div>Afternoon</div><div>Hat Decorating Craft</div><div>Walking for Fitness</div><div>Evening</div><div>Midweek Movie Night</div></div>	<div><div>3</div></div> <div><div>Morning</div><div>Coffee &amp; Chat Social</div><div>Armchair Exercise</div><div>Afternoon</div><div>Celebrating WI Architecture: BBC Documentary</div><div>Frank Lloyd Wright: The Man Who Built America</div><div>Walking for Fitness</div><div>6:00 Community</div><div></div></div>	<div><div>4</div></div> <div><div>Morning</div><div>Coffee &amp; Chat Social</div><div>Music Therapy</div><div>Children Visit</div><div>Stretch &amp; Move</div><div>Afternoon</div><div>T humb Ball</div><div>2:30 Kentucky Lillies for the Fillies Social</div><div>Evening</div><div>Walking For Fitness</div></div>	<div><div>5</div></div> <div><div>Morning</div><div>Coffee &amp; Chat Social</div><div>Weekend Workout</div><div>Afternoon</div><div>Snack &amp; Chat Reminisce</div><div>Chicktionary</div><div>Evening</div><div>Walking for Fitness</div><div>6:00 Lawrence Welk TV CH</div></div>
<div><div>6</div></div> <div><div>Morning</div><div>9:00 Coffee &amp; Church (TV) CH 24</div><div>Stretch &amp; Move</div><div>Afternoon</div><div>Snack &amp; Chat</div><div>Baking Club</div><div>Evening</div><div>Adult Coloring</div><div>Yoga for the Brain</div></div>	<div><div>7</div></div> <div><div>Morning</div><div>Coffee &amp; Chat Social</div><div>10:00 Catholic Mass</div><div>Fun &amp; Fitness</div><div>Afternoon</div><div>Word Game</div><div>Rosary</div><div></div><div>Evening</div><div>Glamour Nails - PCC</div></div>	<div><div>8</div><div>Celebrating Life Stories</div></div> <div><div>Morning</div><div>Coffee &amp; Chat Social</div><div>10:30 Lutheran Church</div><div>Stretch &amp; Move</div><div>Afternoon</div><div>Life Story Memory Boxes</div><div>2:30 The Opals Perform</div><div>Thumball</div><div>6:00</div><div>Walking for Fitness</div></div>	<div><div>9</div><div>Celebrating Life Stories</div></div> <div><div>Morning</div><div>Coffee &amp; Donuts</div><div>Exercise with Lessila Therapy</div><div>Afternoon</div><div>Life Story Reminisce Home Makers &amp; Careers</div><div>Parachute Game</div><div>Evening</div><div>Midweek Movie Night</div></div>	<div><div>10</div><div>Celebrating Life Stories</div></div> <div><div>Morning</div><div>Coffee &amp; Chat Social</div><div>Armchair Exercise</div><div>Afternoon</div><div>Celebrating Wisconsin Artists of Wisconsin</div><div>Life Story Memory Boxes</div><div>6:00 Community</div><div></div></div>	<div><div>11</div></div> <div><div>Morning</div><div>Children Visit</div><div>Stretch &amp; Move</div><div>Afternoon</div><div>Brain Fitness</div><div>2:30 May Birthday Party Rocking Randy Performs</div><div>Evening</div><div>Walking for Fitness</div></div>	<div><div>12</div></div> <div><div>Morning</div><div>Coffee &amp; Chat Social</div><div>Weekend Workout</div><div>Afternoon</div><div>Dynseo Brain Fitness</div><div>Walking for Fitness</div><div>Evening</div><div>Name 5</div><div>6:00 Lawrence Welk TV CH 10</div></div>
<div><div>13</div></div> <div><div>Morning</div><div>9:00 Coffee &amp; Church (TV) CH 24</div><div>Stretch &amp; Move</div><div>Afternoon</div><div>Snack &amp; Chat</div><div>Heritage Hounds Baking Club</div><div>Evening</div><div>Card Game</div></div>	<div><div>14</div></div> <div><div>Morning</div><div>Coffee &amp; Chat</div><div>Fun &amp; Fitness</div><div>Afternoon</div><div>Explore Your World</div><div>Rosary</div><div></div><div>Evening</div><div>Glamour Nails - PCC</div></div>	<div><div>15</div></div> <div><div>Morning</div><div>Coffee &amp; Chat Social</div><div>Stretch &amp; Move</div><div>Afternoon</div><div>Chicktionary</div><div>2:30 The Opals Perform</div><div>Walking for Fitness</div><div>6:00</div><div>Soothing Color</div></div>	<div><div>16</div></div> <div><div>Morning</div><div>Coffee &amp; Donuts Social</div><div>Exercise with Lessila Therapy</div><div>Afternoon</div><div>Celebrating WI Architecture outing The Basilica of St. Josaphat</div><div>Evening</div><div>Midweek Movie Night</div></div>	<div><div>17</div></div> <div><div>Morning</div><div>Coffee &amp; Chat Social</div><div>Armchair Exercise</div><div>Afternoon</div><div>Short video Wisconsin Art of Fashion &amp; Reminsce Your Fashion</div><div>Walking for Fitness</div><div>6:00 Gary Wendorf Performs</div></div>	<div><div>18</div></div> <div><div>Morning</div><div>Music Therapy</div><div>Children’s Visit</div><div>Afternoon</div><div>Horse Race Derby</div><div>Happy Hour Musical Social</div><div>Evening</div><div>Walking for Fitness</div></div>	<div><div>19</div></div> <div><div>Morning</div><div>Coffee &amp; Chat Social</div><div>Weekend Workout</div><div>Afternoon</div><div>Pokeno</div><div>Walking for Fitness</div><div>Evening</div><div>It’s a Puzzle</div><div>6:00 Lawrence Welk TV CH 10</div></div>
<div><div>20</div></div> <div><div>Morning</div><div>9:00 Coffee &amp; Church (TV) CH 24</div><div>Stretch &amp; Move</div><div>Afternoon</div><div>Snack &amp; Chat</div><div>Baking Club</div><div>Evening</div><div>Walk for Fitness</div></div>	<div><div>21</div></div> <div><div>Morning</div><div>Coffee &amp; Chat</div><div>Catholic Mass</div><div>Fun &amp; Fitness</div><div>Afternoon</div><div>World Explorer Armchair Travel</div><div>Rosary</div><div></div><div>Evening</div><div>German Shepherd Show</div></div>	<div><div>22</div></div> <div><div>Morning</div><div>Coffee &amp; Chat Social</div><div>10:30 Lutheran Church</div><div>Stretch &amp; Move</div><div>Afternoon</div><div>Photavia</div><div>2:30 The Opals Perform</div><div>Lemonade in the Shade</div><div>6:00</div><div>Soothing Art</div></div>	<div><div>23</div></div> <div><div>Morning</div><div>Coffee &amp; Donuts</div><div>Exercise with Lessila Therapy</div><div>Afternoon</div><div>On the Street Where You Live</div><div>Gardening Club</div><div>Walking for Fitness</div><div>Evening</div><div>Midweek Movie Night</div></div>	<div><div>24</div></div> <div><div>Morning</div><div>Coffee &amp; Chat Social</div><div>Armchair Exercise</div><div>Afternoon</div><div>WI Historical Society Video: George. B Post Architect of the Wisconsin Capitol PH</div><div>Walking for Fitness</div><div>6:00 Community</div><div></div></div>	<div><div>25</div></div> <div><div>Morning</div><div>Children Visit</div><div>Armchair Fitness</div><div>Afternoon</div><div>Bean Bag Toss</div><div>2:30 Musical Moments with John &amp; Carol</div><div>Evening</div><div>Walking for Fitness</div></div>	<div><div>26</div></div> <div><div>Morning</div><div>Coffee &amp; Chat Social</div><div>Fun &amp; Fitness</div><div>Afternoon</div><div>Chicktionary</div><div>Walking for Fitness</div><div>Evening</div><div>6:00 Lawrence Welk TV CH 10</div><div>Card Game</div></div>
<div><div>27</div></div> <div><div>Morning</div><div>9:00 Coffee &amp; Church (TV) CH 24</div><div>Stretch &amp; Move</div><div>Afternoon</div><div>Snack &amp; Chat</div><div>Heritage Hounds Baking Club</div><div>Evening</div><div>Spot The Difference</div></div>	<div><div>28</div></div> <div><div>Morning</div><div>Coffee &amp; Chat Social</div><div>Fun &amp; Fitness</div><div>Afternoon</div><div>Explore Your World</div><div></div><div>Rosary</div><div>Evening</div><div>Glamour Nails - PCC</div></div>	<div><div>29</div></div> <div><div>Morning</div><div>Coffee &amp; Chat Social</div><div>10:30 Lutheran Church</div><div>Stretch &amp; Move</div><div>Afternoon</div><div>Drawer Detective</div><div>2:30 The Opals Perform</div><div>6:00 Friends &amp; Family Ice Cream Social LDR</div></div>	<div><div>30</div></div> <div><div>Morning</div><div>Coffee &amp; Donuts</div><div>Exercise with Lessila Therapy</div><div>Afternoon</div><div>On the Street Where You Live</div><div>Gardening Club</div><div>Evening</div><div>Midweek Movie Night</div></div>	<div><div>31</div></div> <div><div>Morning</div><div>Coffee &amp; Chat Social</div><div>Armchair Exercise</div><div>Afternoon</div><div>Art in the Afternoon</div><div>Walking for Fitness</div><div>6:00 Community</div><div></div></div>	<div></div>	

\*All activities are subject to change when necessary  
Residents’ families are invited to participate in community events.

Spiritual Activity   Musical Activity  
Celebrate Wisconsin   Social Event