

March

Memory Care Community Life Enrichment Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 9:30 Exercise 10:15 Basketball 2:00 Dynseo 3:00 Ring Toss 6:30 1:1 w/ Staff	2 9:30 Stretch 10:15 Ring Toss 2:00 Bingo 3:00 Dynseo 6:30 1:1 w/Staff	3 9:30 Exercise 10:15 Noodle Ball 2:00 Crafts: Key Chains 3:00 Dynseo 6:30 1:1 w/Staff	4 9:30 Stretches 10:15 Bean Bag Toss 2:00 Popcorn Social 3:00 Trivia 6:30 1:1 w/Staff	5 Dr. Suess Day 8:00 Green Eggs and Ham 9:30 Exercise 10:15 Dr. Suess's Day Games 2:00 Lorax Happy Hour with Treats	6 Exercise/Yoga Spa 1:1 w/Staff
7 Exercise/Yoga Church Spa 1:1 w/Staff	8 9:30 Exercise 10:15 Basketball 2:00 Dynseo 3:00 Ring Toss 6:30 1:1 w/ Staff	9 9:30 Stretch 10:15 Beach Ball Toss 2:00 Bingo 3:00 Dynseo 6:30 1:1 w/Staff	10 9:30 Exercise 10:15 Scattergories 2:00 Crafts: Find the Pot of Gold 3:00 Dynseo 6:30 1:1 w/Staff	11 9:30 Stretches 10:15 Ring Toss 2:00 Popcorn Social 3:00 Dice Game 6:30 1:1 w/Staff	12 9:30 Exercise 10:15 Dynseo 2:00 Happy Hour -Shamrock Shakes 3:00 Ring Toss	13 Exercise Dynseo 1:1 w/Staff
14 Exercise/Yoga Church Pi Day 1:1 w/Staff Daylight Savings Begins	15 9:30 Exercise 10:15 Bean Bag Toss 2:00 Dynseo 3:00 Beach Ball 6:30 1:1 w/ Staff	16 9:30 Stretch 10:15 Who Am I? 2:00 Bingo 3:00 Dynseo 6:30 1:1 w/Staff	17 9:30 Exercise 10:15 4 leaf clover treats 2:00 Shamrock Games 3:00 Green Sherbet Punch 6:30 1:1 w/Staff St. Patrick's Day	18 9:30 Stretches 10:15 Noodle Ball 2:00 Popcorn Social 3:00 Scattergoires 6:30 1:1 w/Staff	19 9:30 Exercise 10:15 Dynseo 2:00 Happy Hour 3:00 Bean Bag Toss	20 Exercise/Yoga World Storytelling Day 1:1 w/Staff Spring Begins
21 Exercise/Yoga Church Spa 1:1 w/Staff	22 9:30 Exercise 10:15 Basketball 2:00 Dynseo 3:00 Ring Toss 6:30 1:1 w/ Staff	23 9:30 Stretch 10:15 Car Wash 2:00 Bingo 3:00 Dynseo 6:30 1:1 w/Staff	24 9:30 Exercise 10:15 Basketball 2:00 Crafts: Eyeglasses case 3:00 Dynseo 6:30 1:1 w/Staff	25 9:30 Stretches 10:15 Dynseo 2:00 Popcorn Social 3:00 Who Am I? 6:30 1:1 w/Staff	26 9:30 Exercise 10:15 Dynseo 2:00 Happy Hour 3:00 Scattergories	27 Exercise Dynseo 1:1 w/Staff
28 Exercise/Yoga Church Dynseo 1:1 w/Staff Palm Sunday/Passover	29 9:30 Stretch 10:15 Ring Toss 2:00 Dr. Day 3:00 Dynseo 6:30 1:1 w/Staff	30 9:30 Stretch 10:15 Ring Toss 2:00 Bingo 3:00 Dynseo 6:30 1:1 w/Staff	31 9:30 Exercise 10:15 Basketball 2:00 Crafts: Plant Flowers 3:00 Dynseo 6:30 1:1 w/Staff			

SPECIAL EVENTS

Family Social Month Date at 10am
 Educational Presentation Month Date at 10 am

**All activities are subject to change when necessary. Residents' families are invited to participate in community events.*