



August

Heritage Muskego Assisted and Enhance Life Enrichment Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
		<h3>Celebrating Wisconsin Fairs & Festivals</h3>			<h3>Happy Birthday</h3> Marilyn Z. – 8/ 10 		1 Morning: Let's Get Fit – Dining Commons Afternoon: Courtyard games
					2 Morning: Chair Stretches World Events T.V. Church Afternoon: Courtyard 1:1	3 Morning: Let's Get Fit – Dining Commons Hangman – Dining Commons Afternoon: Carnival Games – Prizes for all games-DC Evening: Card Games 1:1	4 Morning: Let's Get Fit – Dining Commons Trivia – Dining Commons Afternoon: Bingo Evening: Walking Club
9 Morning: Chair Stretches World Events T.V. Church Afternoon: Nails 1:1	10 Morning: Let's Get Fit – Dining Commons Hangman – Dining Commons Afternoon: Let's Make Ice Cream-DC Evening: Card Games 1:1	11 Morning: Let's Get Fit – Dining Commons Trivia – Dining Commons Afternoon: Bingo Evening: Board Games 1:1	12 Morning: Let's Get Fit – Dining Commons Brain Games Afternoon: Craft- Prep for animal race Evening: Card Games	13 Morning: Let's Get Fit – Dining Commons Hangman – Dining Commons Afternoon: Popcorn & Real Lemonade Off To The Races - DC Evening: Walking Club	14 Morning: Let's Get Fit – Dining Commons Trivia – Dining Commons Afternoon: Happy Hour – Sherbet Punch Silent Auction Evening: Card Games	15 Morning: Let's Get Fit – Dining Commons Afternoon: Courtyard games	
16 Morning: Chair Stretches World Events T.V. Church Afternoon: Courtyard 1:1	17 Morning: Let's Get Fit – Dining Commons Hangman – Dining Commons Afternoon: Carnival Games – Prizes for all games-DC Evening: Card Games 1:1	18 Morning: Let's Get Fit – Dining Commons Trivia – Dining Commons Afternoon: Bingo Evening: Walking Club	19 Morning: Let's Get Fit – Dining Commons Brain Games Afternoon: No Activities – Staff Meeting Evening: Card Games 1:1	20 Morning: Let's Get Fit – Dining Commons Hangman – Dining Commons Afternoon: Popcorn Social Evening: Walking Club	21 Morning: Furry Friday Afternoon: Happy Hour – Beer & Wine Evening: Card Games	22 Morning: Let's Get Fit – Dining Commons Hangman – Dining Commons Afternoon: Visit 1:1	
23 Morning: Chair Stretches World Events T.V. Church Afternoon: Nails and 1:1	24 Morning: Let's Get Fit – Dining Commons Hangman – Dining Commons Afternoon: Frisbee Golf – Courtyard Evening: Card Games 1:1	25 Morning: Let's Get Fit – Dining Commons Trivia – Dining Commons Afternoon: Bingo Evening: Board Games 1:1	26 Morning: Let's Get Fit – Dining Commons Brain Games Afternoon: Craft- Picture Perfect Evening: Card Games 1:1	27 Morning: Let's Get Fit – Dining Commons Hangman – Dining Commons Afternoon: Ice Cream for All! Evening: Walking Club	28 Morning: Let's Get Fit – Dining Commons Trivia – Dining Commons Afternoon: Happy Hour – Old Fashioned Evening: Card Games	29 Morning: Let's Get Fit – Dining Commons Afternoon: Courtyard games	
30 Morning: Chair Stretches World Events T.V. Church Afternoon: Courtyard 1:1	31 Morning: Let's Get Fit – Dining Commons Hangman – Dining Commons Afternoon: Frisbee Golf – Courtyard Evening: Card Games 1:1						

*All activities are subject to change when necessary
 Residents' families are invited to participate in community events.

Musical Activity Happy Hour
 Celebrate Wisconsin Exercise