


March

Heritage Muskego Assisted Living Life Enrichment Calendar

Recurring Activities

Exercise and Current Events Weekday Mornings
Coffee Clutch Daily at 8 a.m. and 3 p.m. (Lobby)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
		<h1>Wisconsin Health & Fitness</h1>				<p>1</p> <p>8:00 Coffee Clutch (Lobby) 10:00 Current Events 10:45 Exercise 2:00 Fitness Goals 3:00 Coffee Clutch (Lobby)</p>	<p>2</p> <p>8:00 Coffee Clutch (Lobby) 10:00 Word Puzzles 3:00 Coffee Clutch (Lobby)</p>
<p>3</p> <p>8:00 Coffee Clutch (Lobby) 3:00 Coffee Clutch (Lobby)</p>	<p>4</p> <p>8:00 Coffee Clutch (Lobby) 10:00 Current Events 10:45 Exercise 2:00 Active Sport 3:00 Lutheran Service with Pastor Nate (Theater) 3:00 Coffee Clutch (Lobby)</p>	<p>Fat Tuesday/Mardi Gras</p> <p>5</p> <p>8:00 Coffee Clutch (Lobby) 10:00 History of the Paczki! Come Enjoy- Pub 10:45 Exercise 3:00 Coffee Clutch (Lobby)</p>	<p>Ash Wednesday/Lent Begins</p> <p>6</p> <p>8:00 Coffee Clutch (Lobby) 10:00 Current Events 10:45 Exercise 12:00 Breakfast for Lunch 1:30 Card Club 3:00 Coffee Clutch (Lobby)</p>	<p>7</p> <p>8:00 Coffee Clutch (Lobby) 10:00 Current Events 10:45 Exercise 2:30 Movie "Night at the Museum" – Theater 3:00 Coffee Clutch (Lobby)</p>	<p>8</p> <p>8:00 Coffee Clutch (Lobby) 10:00 Current Events 10:45 Exercise 2:00 In-house fitness tricks 3:00 Coffee Clutch (Lobby)</p>	<p>9</p> <p>8:00 Coffee Clutch (Lobby) 10:00 Word Puzzles 3:00 Coffee Clutch (Lobby)</p>	
<p>Daylight Savings Ends</p> <p>10</p> <p>8:00 Coffee Clutch (Lobby) 3:00 Coffee Clutch (Lobby)</p>	<p>11</p> <p>8:00 Coffee Clutch (Lobby) 10:00 Current Events 10:45 Exercise 2:00 Active Sport 3:00 Coffee Clutch (Lobby)</p>	<p>12</p> <p>8:00 Coffee Clutch (Lobby) 10:00 Current Events 10:45 Exercise 1:30 Dynseo 2:00 Lakepoint Church Mass with Pastor Dave (Theater) 3:00 Coffee Clutch (Lobby)</p>	<p>13</p> <p>8:00 Coffee Clutch (Lobby) 10:00 Current Events 10:45 Exercise 1:30 Card Club 2:30 Dynseo 3:00 Coffee Clutch (Lobby)</p>	<p>National Pi Day</p> <p>14</p> <p>8:00 Coffee Clutch (Lobby) 10:00 Current Events 10:45 Exercise 2:30 St. Patrick Party with Celtic Music by Michael Tiern- Pub 3:00 Coffee Clutch (Lobby)</p>	<p>15</p> <p>8:00 Coffee Clutch (Lobby) 10:00 Current Events 10:45 Exercise 2:00 Learn about your gym-therapy room 3:00 Coffee Clutch (Lobby)</p>	<p>16</p> <p>8:00 Coffee Clutch (Lobby) 10:00 Word Puzzles 3:00 Coffee Clutch (Lobby)</p>	
<p>St. Patrick's Day</p> <p>17</p> <p>8:00 Coffee Clutch (Lobby) 3:00 Coffee Clutch (Lobby)</p>	<p>18</p> <p>8:00 Coffee Clutch (Lobby) 10:00 Current Events 10:45 Exercise 2:00 Active Sport 3:00 Lutheran Service with Pastor Johnson (Theater) 3:00 Coffee Clutch (Lobby)</p>	<p>19</p> <p>8:00 Coffee Clutch (Lobby) 10:00 Current Events 10:45 Exercise 1:30 Dynseo 3:00 Coffee Clutch (Lobby)</p>	<p>20</p> <p>8:00 Coffee Clutch (Lobby) 10:00 Voting- Pub 10:00 Current Events 10:45 Exercise 1:30 Card Club 2:30 Dynseo 3:00 Coffee Clutch (Lobby)</p>	<p>21</p> <p>8:00 Coffee Clutch (Lobby) 10:00 Current Events 10:45 Exercise 2:30 Movie "Hidden Figures" – Theater 3:00 Coffee Clutch (Lobby)</p>	<p>22</p> <p>8:00 Coffee Clutch (Lobby) 10:00 Current Events 10:45 Exercise 2:00 Town Hall- Pub 3:00 Coffee Clutch (Lobby)</p>	<p>23</p> <p>8:00 Coffee Clutch (Lobby) 10:00 Word Puzzles 3:00 Coffee Clutch (Lobby)</p>	
<p>24</p> <p>8:00 Coffee Clutch (Lobby) 3:00 Coffee Clutch (Lobby)</p>	<p>25</p> <p>8:00 Coffee Clutch (Lobby) 10:00 Current Events 10:45 Exercise 2:00 Active Sport 3:00 Coffee Clutch (Lobby)</p>	<p>26</p> <p>8:00 Coffee Clutch (Lobby) 10:00 Current Events 10:45 Exercise 2:00 Lakepoint Church Mass with Pastor Dave (Theater) 2:00 Tupperware Party- Pub 3:00 Coffee Clutch (Lobby)</p>	<p>27</p> <p>8:00 Coffee Clutch (Lobby) 10:00 Current Events 10:45 Exercise 1:30 Card Club 2:30 Dynseo 3:00 Coffee Clutch (Lobby)</p>	<p>28</p> <p>8:00 Coffee Clutch (Lobby) 10:00 Current Events 10:45 Exercise 2:30 Movie "The Sound of Music" – Theater 3:00 Coffee Clutch (Lobby)</p>	<p>29</p> <p>8:00 Coffee Clutch (Lobby) 10:00 Current Events 10:45 Exercise 2:00 Fad Diets 3:00 Coffee Clutch (Lobby)</p>	<p>30</p> <p>8:00 Coffee Clutch (Lobby) 10:00 Word Puzzles 3:00 Coffee Clutch (Lobby)</p>	
<p>31</p> <p>8:00 Coffee Clutch (Lobby) 3:00 Coffee Clutch (Lobby)</p>							

*All activities are subject to change when necessary

Residents' families are invited to participate in community events.

Musical Activity Special Event Spiritual Event
Celebrate Wisconsin Exercise