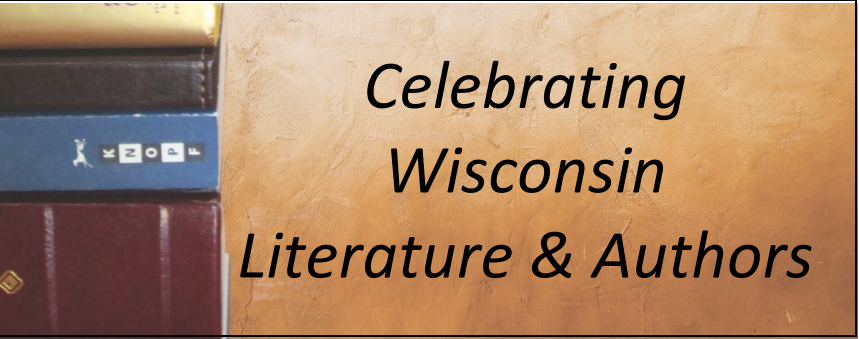


January 2019

Heritage Muskego Assisted Living Life Enrichment Calendar

Recurring Activities

Exercise and Current Events Weekday Mornings
Coffee Clutch Daily at 8 a.m. and 3 p.m. (Lobby)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Happy New Year! 1 8:00 Coffee Clutch (Lobby) Morning Exercise Current Events 3:00 Coffee Clutch (Lobby)	2 8:00 Coffee Clutch (Lobby) Morning Exercise Current Events 2:00 Bingo (Activity Room) 3:00 Coffee Clutch (Lobby)	3 8:00 Coffee Clutch (Lobby) Morning Exercise Current Events 3:00 Coffee Clutch (Lobby) 6:30 Movie Night (Theater)	4 8:00 Coffee Clutch (Lobby) Morning Exercise Current Events 10:00 Good Book Social (Pub) 3:00 Coffee Clutch (Lobby)	5 8:00 Coffee Clutch (Lobby) 3:00 Coffee Clutch (Lobby)
6 8:00 Coffee Clutch (Lobby) 3:00 Coffee Clutch (Lobby)	7 8:00 Coffee Clutch (Lobby) Morning Exercise Current Events 3:00 Lutheran Service with Pastor Nate (Theater) 3:00 Coffee Clutch (Lobby)	8 8:00 Coffee Clutch (Lobby) 10:00 Tupperware Party (Pub) Morning Exercise Current Events 2:00 Lakepoint Church Mass with Pastor Dave (Theater) 3:00 Coffee Clutch (Lobby)	9 8:00 Coffee Clutch (Lobby) Morning Exercise Current Events 2:00 Bingo (Activity Room) 3:00 Coffee Clutch (Lobby)	10 8:00 Coffee Clutch (Lobby) Morning Exercise Current Events 3:00 Coffee Clutch (Lobby) 6:30 Movie Night (Theater)	11 8:00 Coffee Clutch (Lobby) Morning Exercise Current Events 10:00 Favorite Book Exchange and donations welcome (Pub) 3:00 Coffee Clutch (Lobby)	12 8:00 Coffee Clutch (Lobby) 3:00 Coffee Clutch (Lobby)
13 8:00 Coffee Clutch (Lobby) 3:00 Coffee Clutch (Lobby)	14 8:00 Coffee Clutch (Lobby) Morning Exercise Current Events 3:00 Coffee Clutch (Lobby) 5:00 Special Dinner at Leah's Italian Restaurant	15 8:00 Coffee Clutch (Lobby) Morning Exercise Current Events 2:00 Lakepoint Church Mass with Pastor Dave (Theater) 3:00 Coffee Clutch (Lobby)	16 8:00 Coffee Clutch (Lobby) Morning Exercise Current Events 2:00 Bingo (Activity Room) 3:00 Coffee Clutch (Lobby)	17 8:00 Coffee Clutch (Lobby) Morning Exercise Current Events 3:00 Coffee Clutch (Lobby) 6:30 Movie Night (Theater)	18 8:00 Coffee Clutch (Lobby) Morning Exercise Current Events 10:00 "Muskego Library" History (Pub) 3:00 Coffee Clutch (Lobby)	19 8:00 Coffee Clutch (Lobby) 3:00 Coffee Clutch (Lobby)
20 8:00 Coffee Clutch (Lobby) 3:00 Coffee Clutch (Lobby)	21 8:00 Coffee Clutch (Lobby) Morning Exercise Current Events 3:00 Lutheran Service with Pastor Nate (Theater) 3:00 Coffee Clutch (Lobby)	22 8:00 Coffee Clutch (Lobby) Morning Exercise Current Events 2:00 Lakepoint Church Mass with Pastor Dave (Theater) 3:00 Coffee Clutch (Lobby)	23 8:00 Coffee Clutch (Lobby) Morning Exercise Current Events 2:00 Bingo (Activity Room) 3:00 Coffee Clutch (Lobby)	24 8:00 Coffee Clutch (Lobby) Morning Exercise Current Events 12:00 "Book Worm" Dirt Cake - Lunch 3:00 Coffee Clutch (Lobby) 6:30 Movie Night (Theater)	25 8:00 Coffee Clutch (Lobby) Morning Exercise Current Events 10:00 Top 10 Wisconsin Authors Life Long Learning(Pub) 3:00 Coffee Clutch (Lobby)	26 8:00 Coffee Clutch (Lobby) 3:00 Coffee Clutch (Lobby)
27 8:00 Coffee Clutch (Lobby) 3:00 Coffee Clutch (Lobby)	28 8:00 Coffee Clutch (Lobby) Morning Exercise Current Events 3:00 Coffee Clutch (Lobby)	29 8:00 Coffee Clutch (Lobby) Morning Exercise Current Events 2:00 Lakepoint Church Mass with Pastor Dave (Theater) 3:00 Coffee Clutch (Lobby)	30 8:00 Coffee Clutch (Lobby) Morning Exercise Current Events 2:00 Bingo (Activity Room) 3:00 Coffee Clutch (Lobby)	31 8:00 Coffee Clutch (Lobby) Morning Exercise Current Events 12:00 Alphabet Action Station – Lunch 3:00 Coffee Clutch (Lobby) 6:30 Movie Night (Theater)		

*All activities are subject to change when necessary
Residents' families are invited to participate in community events.

Spiritual Event
Celebrate Wisconsin
Special Event
Exercise