
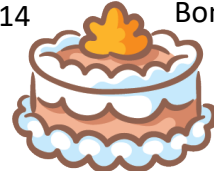


# February

## Heritage Monona Memory Care Life Enrichment Calendar

### Special Events

Valentine's Day Social February 14 at 2 p.m. (Pub)  
Mardi Gras Social February 28 at 2 p.m. (Pub)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1 style="font-size: 2em;">I Heart Wisconsin</h1>				<h2 style="color: green;">Happy Birthday</h2> <p>Pat C. – 2/14  Bonnie Y. – 2/15</p>		<p><b>10:00</b> Donuts and Coffee <b>10:15</b> Stretching (Pub) <b>10:45</b> Dynseo Trivia (Pub) <b>11:00</b> Pet Therapy with Joy <b>1:30</b> Sensory Group (Snoezelen) <b>2:30</b> Let's Get Cooking! <b>3:30</b> Balloon Ball (Activity Alley)</p>
<p><b>2</b> <b>10:00</b> Donuts and Coffee <b>10:15</b> Stretching (Pub) <b>10:45</b> Dynseo Trivia (Pub) <b>11:00</b> Pet Therapy with Joy <b>1:30</b> Sensory Group (Snoezelen) <b>2:30</b> Let's Get Cooking! <b>3:30</b> Balloon Ball (Activity Alley)</p>	<p><b>3</b> <b>9:30</b> Balloon Ball <b>10:00</b> Exercise (Activity Alley) <b>10:30</b> Today in History <b>11:00</b> Dynseo Trivia (Pub) <b>11:00</b> Coffee Club (Hub's Diner) <b>1:30</b> Music/Manicure Monday <b>2:30</b> Bingo (Creative Corner) <b>3:30</b> Walk and Talk</p>	<p><b>4</b> <b>9:30</b> Balloon Ball <b>10:00</b> Exercise (Activity Alley) <b>10:30</b> Wonderful Words <b>11:00</b> Sensory Group (Snoezelen) <b>11:00</b> Dynseo Trivia (Pub) <b>1:30</b> Movie Matinee <b>2:00</b> Feet to the Fire Workshop <b>3:30</b> Let's Talk Wisconsin!</p>	<p><b>5</b> <b>9:30</b> Balloon Ball <b>10:00</b> Exercise (Activity Alley) <b>10:30</b> Today in History <b>11:00</b> Cabin Fever! <b>11:00</b> Dynseo Trivia (Pub) <b>11:30</b> Lunch at Monona Gardens <b>2:00</b> Wisconsin Water Coloring <b>3:00</b> Cooking (Creative Corner)</p>	<p><b>6</b> <b>9:30</b> Balloon Ball <b>10:00</b> Exercise (Activity Alley) <b>10:30</b> Wonderful Words <b>11:00</b> Dynseo Trivia (Pub) <b>11:00</b> Coffee Club (Hub's Diner) <b>1:30</b> Treats and Trivia! <b>3:00</b> Music in Monona: Tom Kastle</p>	<p><b>7</b> <b>10:15</b> Exercise (Activity Alley) <b>10:15</b> Catholic Church <b>1:30</b> Sensory Hand Massages (Snoezelen) <b>2:30</b> Craft Club (Creative Corner) <b>3:30</b> Feel Good Friday!</p>	<p><b>8</b> <b>10:00</b> Donuts and Coffee <b>10:15</b> Stretching (Pub) <b>10:45</b> Dynseo Trivia (Pub) <b>1:30</b> Manicures and Magazines <b>2:30</b> Crosswords and Coloring <b>3:30</b> Wonderful Words</p>
<p><b>9</b> <b>10:00</b> Donuts and Coffee <b>10:15</b> Stretching (Pub) <b>10:45</b> Dynseo Trivia (Pub) <b>11:00</b> Pet Therapy with Joy <b>1:30</b> Sensory Group (Snoezelen) <b>2:30</b> Let's Get Cooking! <b>3:30</b> Balloon Ball (Activity Alley)</p>	<p><b>10</b> <b>9:30</b> Balloon Ball <b>10:00</b> Exercise (Activity Alley) <b>10:30</b> Today in History <b>11:00</b> Dynseo Trivia (Pub) <b>11:00</b> Coffee Club (Hub's Diner) <b>1:30</b> Music/Manicure Monday <b>2:30</b> Bingo (Creative Corner) <b>3:30</b> Walk and Talk</p>	<p><b>11</b> <b>9:30</b> Balloon Ball <b>10:00</b> Exercise (Activity Alley) <b>10:30</b> Wonderful Words <b>11:00</b> Sensory Group (Snoezelen) <b>11:00</b> Dynseo Trivia (Pub) <b>1:30</b> Movie Matinee <b>2:00</b> Feet to the Fire Workshop <b>3:30</b> Let's Talk Wisconsin!</p>	<p><b>12</b> <b>9:30</b> Balloon Ball <b>10:00</b> Exercise (Activity Alley) <b>10:30</b> Today in History <b>11:00</b> Cabin Fever! <b>11:00</b> Dynseo Trivia (Pub) <b>11:30</b> Lunch at Culver's <b>2:00</b> Wisconsin Water Coloring <b>3:00</b> Cooking (Creative Corner)</p>	<p><b>13</b> <b>9:30</b> Balloon Ball <b>10:00</b> Exercise (Activity Alley) <b>10:30</b> Wonderful Words <b>11:00</b> Dynseo Trivia (Pub) <b>11:00</b> Coffee Club (Hub's Diner) <b>1:30</b> Treats and Trivia! <b>3:00</b> Music in Monona: Gemini</p>	<p><b>14</b> <b>Valentine's Day</b> <b>10:15</b> Exercise (Activity Alley) <b>10:15</b> Catholic Church <b>1:30</b> Sensory Hand Massages (Snoezelen) <b>2:00</b> Valentine's Day Social (Pub) <b>3:30</b> Craft Club (Creative Corner)</p>	<p><b>15</b> <b>10:00</b> Donuts and Coffee <b>10:15</b> Stretching (Pub) <b>10:45</b> Dynseo Trivia (Pub) <b>1:30</b> Manicures and Magazines <b>2:30</b> Crosswords and Coloring <b>3:30</b> Wonderful Words</p>
<p><b>16</b> <b>10:00</b> Donuts and Coffee <b>10:15</b> Stretching (Pub) <b>10:45</b> Dynseo Trivia (Pub) <b>11:00</b> Pet Therapy with Joy <b>1:30</b> Sensory Group (Snoezelen) <b>2:30</b> Let's Get Cooking! <b>3:30</b> Balloon Ball (Activity Alley)</p>	<p><b>17</b> <b>9:30</b> Balloon Ball <b>10:00</b> Exercise (Activity Alley) <b>10:30</b> Today in History <b>11:00</b> Dynseo Trivia (Pub) <b>11:00</b> Coffee Club (Hub's Diner) <b>1:30</b> Music/Manicure Monday <b>2:30</b> Bingo (Creative Corner) <b>3:30</b> Walk and Talk</p>	<p><b>18</b> <b>9:30</b> Balloon Ball <b>10:00</b> Exercise (Activity Alley) <b>10:30</b> Wonderful Words <b>11:00</b> Sensory Group (Snoezelen) <b>11:00</b> Dynseo Trivia (Pub) <b>1:30</b> Movie Matinee <b>2:00</b> Feet to the Fire Workshop <b>3:30</b> Let's Talk Wisconsin!</p>	<p><b>19</b> <b>9:30</b> Balloon Ball <b>10:00</b> Exercise (Activity Alley) <b>10:30</b> Today in History <b>11:00</b> Cabin Fever! <b>11:00</b> Dynseo Trivia (Pub) <b>11:30</b> Lunch at Elies <b>2:00</b> Wisconsin Water Coloring <b>3:00</b> Cooking (Creative Corner)</p>	<p><b>20</b> <b>9:30</b> Balloon Ball <b>10:00</b> Exercise (Activity Alley) <b>10:30</b> Wonderful Words <b>11:00</b> Dynseo Trivia (Pub) <b>11:00</b> Coffee Club (Hub's Diner) <b>1:30</b> Treats and Trivia! <b>3:00</b> Music in Monona: TBA</p>	<p><b>21</b> <b>10:15</b> Exercise (Activity Alley) <b>10:15</b> Catholic Church <b>1:30</b> Sensory Hand Massages (Snoezelen) <b>2:30</b> Craft Club (Creative Corner) <b>3:30</b> Feel Good Friday!</p>	<p><b>22</b> <b>10:00</b> Donuts and Coffee <b>10:15</b> Stretching (Pub) <b>10:45</b> Dynseo Trivia (Pub) <b>1:30</b> Manicures and Magazines <b>2:30</b> Crosswords and Coloring <b>3:30</b> Wonderful Words</p>
<p><b>23</b> <b>10:00</b> Donuts and Coffee <b>10:15</b> Stretching (Pub) <b>10:45</b> Dynseo Trivia (Pub) <b>11:00</b> Pet Therapy with Joy <b>1:30</b> Sensory Group (Snoezelen) <b>2:30</b> Let's Get Cooking! <b>3:30</b> Balloon Ball (Activity Alley)</p>	<p><b>24</b> <b>9:30</b> Balloon Ball <b>10:00</b> Exercise (Activity Alley) <b>10:30</b> Today in History <b>11:00</b> Dynseo Trivia (Pub) <b>11:00</b> Coffee Club (Hub's Diner) <b>1:30</b> Music/Manicure Monday <b>2:30</b> Bingo (Creative Corner) <b>3:30</b> Walk and Talk</p>	<p><b>25</b> <b>9:30</b> Balloon Ball <b>10:00</b> Exercise (Activity Alley) <b>10:30</b> Wonderful Words <b>11:00</b> Sensory Group (Snoezelen) <b>11:00</b> Dynseo Trivia (Pub) <b>1:30</b> Movie Matinee <b>2:00</b> Feet to the Fire Workshop <b>3:30</b> Let's Talk Wisconsin!</p>	<p><b>26</b> <b>9:30</b> Balloon Ball <b>10:00</b> Exercise (Activity Alley) <b>10:30</b> Today in History <b>11:00</b> Cabin Fever! <b>11:00</b> Dynseo Trivia (Pub) <b>11:30</b> Lunch at Monona Gardens <b>2:00</b> Wisconsin Water Coloring <b>3:00</b> Cooking (Creative Corner)</p>	<p><b>27</b> <b>9:30</b> Balloon Ball <b>10:00</b> Exercise (Activity Alley) <b>10:30</b> Wonderful Words <b>11:00</b> Dynseo Trivia (Pub) <b>11:00</b> Coffee Club (Hub's Diner) <b>1:30</b> Treats and Trivia! <b>3:00</b> Music in Monona: Chuck Ripp</p>	<p><b>28</b> <b>10:15</b> Exercise (Activity Alley) <b>10:15</b> Catholic Church <b>1:30</b> Sensory Hand Massages (Snoezelen) <b>2:00</b> Mardi Gras Social (Pub) <b>3:30</b> Craft Club (Creative Corner)</p>	<p><b>29</b> <b>10:00</b> Donuts and Coffee <b>10:15</b> Stretching (Pub) <b>10:45</b> Dynseo Trivia (Pub) <b>1:30</b> Manicures and Magazines <b>2:30</b> Crosswords and Coloring <b>3:30</b> Wonderful Words</p>

\*All activities are subject to change when necessary  
Residents' families are invited to participate in community events.

Musical Performance

Happy Hour

Spiritual Service

Outings