



February

Heritage Monona Enhanced Second Floor Life Enrichment Calendar

Special Events

Valentine's Day Social February 14 at 2 p.m. (Pub)
Mardi Gras Social February 28 at 2 p.m. (Pub)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					Happy Birthday LaJeane H. – 2/11 Marjorie R. – 2/23 	1 10:15 Exercise/Dynseo Donuts and Coffee (Pub) 2:00 Puzzles 4:00 Adult Coloring
2	3	4	5	6	7	8
10:15 Exercise/Dynseo Donuts and Coffee (Pub) 2:00 Puzzles 4:00 Walk** 6:00 Adult Coloring	10:00 Exercise 11:00 Dynseo (Pub) 2:00 Manicure Monday w/Music 4:00 Walk** 6:00 Bible Study Group OR Word Search	10:00 Exercise 11:00 Dynseo (Pub) 1:30 Myths and Monsters Documentary 2:00 Feet to the Fire (Group 1) 3:15 Bakery: Sugar Cookies 4:00 Walk** 6:00 Game Time	10:00 Exercise 11:00 Dynseo (Pub) 1:30 Resident Council Meeting 2:30 Bingo Bucks Store 4:00 Walk** 6:00 Community Movie Night	10:00 Exercise 11:00 Dynseo (Pub) 1:30 Walk** 2:30 Popcorn and Coffee (Pub) 3:00 Music in Monona: Tom Castle 6:00 Adult Coloring	10:15 Catholic Church 11:00 Walk** 1:00 Dominos 2:00 Creative Club – Valentine Decorations OR Cards 6:00 Friday Night Flick (Movie)	10:15 Exercise/Dynseo Donuts and Coffee (Pub) 2:00 Puzzles 4:00 Walk** 6:00 Adult Coloring
9	10	11	12	13	14	15
10:15 Exercise/Dynseo Donuts and Coffee (Pub) 2:00 Puzzles 4:00 Walk** 6:00 Adult Coloring	10:00 Exercise 11:00 Dynseo (Pub) 2:00 Movie Matinee w/Popcorn 4:00 Walk** 6:00 Bible Study Group OR Crossword	10:00 Exercise 11:00 Dynseo (Pub) 1:30 Myths and Monsters Documentary 2:00 Feet to the Fire (Group 1) 3:15 Happy Hour 4:00 Walk** 6:00 Game Time	10:00 Exercise 11:00 Dynseo (Pub) 1:30 Bingo 2:30 Mardi Gras The Passing Parade Documentary 4:00 Walk** 6:00 Community Movie Night	10:00 Exercise 10:30 Lutheran Church 11:00 Dynseo (Pub) 1:30 Walk** 2:30 Popcorn and Coffee (Pub) 3:00 Music in Monona: Gemini Entertainment 6:00 Adult Coloring	Valentine's Day 10:15 Catholic Church 11:00 Walk** 1:00 Dominos 2:00 Valentine's Day Social 6:00 Friday Night Flick (Movie)	10:15 Exercise/Dynseo Donuts and Coffee (Pub) 2:00 Puzzles 4:00 Walk** 6:00 Adult Coloring
16	17	18	19	20	21	22
10:15 Exercise/Dynseo Donuts and Coffee (Pub) 2:00 Puzzles 4:00 Walk** 6:00 Adult Coloring	10:00 Exercise 11:00 Dynseo (Pub) 2:00 Manicure Monday w/Music 3:00 Creative Club – Mardi Gras Masks 4:00 Walk** 6:00 Bible Study Group OR Word Search	10:00 Exercise 11:00 Dynseo (Pub) 1:30 Myths and Monsters Documentary 2:00 Feet to the Fire (Group 1) 3:15 Bakery: Cherry Turnovers 4:00 Walk** 6:00 Game Time	10:00 Exercise 11:00 Dynseo (Pub) 1:30 Monthly Birthday Party 2:00 Bingo 4:00 Walk** 6:00 Community Movie Night	10:00 Exercise 11:00 Dynseo (Pub) 1:30 Walk** 2:30 Popcorn and Coffee (Pub) 3:00 Music in Monona: TBA 6:00 Adult Coloring	10:15 Catholic Church 11:00 Walk** 1:00 Dominos 2:00 Workshop – Woodworking OR Cards 6:00 Friday Night Flick (Movie)	10:15 Exercise/Dynseo Donuts and Coffee (Pub) 2:00 Puzzles 4:00 Walk** 6:00 Adult Coloring
23	24	Mardi Gras 25	26	27	28	29
10:15 Exercise/Dynseo Donuts and Coffee (Pub) 2:00 Puzzles 4:00 Walk** 6:00 Adult Coloring	10:00 Exercise 11:00 Dynseo (Pub) 2:00 Manicure Monday w/ Music 3:00 Creative Club - Painting 4:00 Walk** 6:00 Bible Study Group OR Crossword	10:00 Exercise 11:00 Dynseo (Pub) 1:30 Myths and Monsters Documentary 2:00 Feet to the Fire (Group 1) 3:15 Happy Hour 4:00 Walk** 6:00 Game Time	10:00 Exercise 11:00 Dynseo (Pub) 1:30 Bingo 2:30 Brain Games 4:00 Walk** 6:00 Community Movie Night	10:00 Exercise 11:00 Dynseo (Pub) 1:30 Walk** 2:30 Popcorn and Coffee (Pub) 3:00 Music in Monona: Chuck Ripp 6:00 Adult Coloring	10:15 Catholic Church 11:00 Walk** 1:00 Dominos 2:00 Workshop – Yarn Crafts OR Cards 6:00 Friday Night Flick (Movie)	10:15 Exercise/Dynseo Donuts and Coffee (Pub) 2:00 Puzzles 4:00 Walk** 6:00 Adult Coloring

*All activities are subject to change when necessary **Resident-led activity
Residents' families are invited to participate in community events.

Musical Performance **Happy Hour**
Spiritual Service