



# February

## Heritage Monona Enhanced First Floor Life Enrichment Calendar

### Special Events

Valentine's Day Social February 14 at 2 p.m. (Pub)  
Mardi Gras Social February 28 at 2 p.m. (Pub)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	 <h1 style="font-size: 2em;">I Heart Wisconsin</h1>				<h3>Happy Birthday</h3> <p>Sharon Z. – 2/11 Beverly W. – 2/25 Beverly S. – 2/26</p> 	<b>1</b> <b>10:15</b> Exercise/Dynseo Donuts and Coffee (Pub) <b>2:00</b> Puzzles <b>4:00</b> Adult Coloring
<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>
<b>10:15</b> Exercise/Dynseo Donuts and Coffee (Pub) <b>2:00</b> Puzzles <b>4:00</b> Walk** <b>6:00</b> Adult Coloring	<b>10:00</b> Exercise <b>11:00</b> Dynseo (Pub) <b>2:00</b> Winter Word Wars <b>3:00</b> Manicure Monday <b>4:00</b> Balloon "Snow" Ball <b>6:00</b> Bible Study Group <b>OR</b> Crossword	<b>10:00</b> Exercise <b>11:00</b> Dynseo (Pub) <b>1:30</b> Resident Council Meeting <b>2:00</b> Feet to the Fire (Group 1) <b>3:15</b> Bakery: Sugar Cookies <b>4:00</b> Walk** <b>6:00</b> Game Time	<b>10:00</b> Exercise <b>11:00</b> Dynseo (Pub) <b>1:30</b> Adult Coloring <b>3:00</b> Bingo <b>4:00</b> Walk** <b>6:00</b> Community Movie Night	<b>10:00</b> Exercise <b>11:00</b> Dynseo (Pub) <b>1:30</b> Walk** <b>2:30</b> Popcorn and Coffee (Pub) <b>3:00</b> Music in Monona: Tom Castle <b>6:00</b> Adult Coloring	<b>10:15</b> Catholic Church <b>11:00</b> Walk** <b>1:00</b> Dominos <b>2:00</b> Creative Club – Valentine Decorations <b>OR</b> Cards <b>6:00</b> Friday Night Flick (Movie)	<b>10:15</b> Exercise/Dynseo Donuts and Coffee (Pub) <b>2:00</b> Puzzles <b>4:00</b> Walk** <b>6:00</b> Adult Coloring
<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>
<b>10:15</b> Exercise/Dynseo Donuts and Coffee (Pub) <b>2:00</b> Puzzles <b>4:00</b> Walk** <b>6:00</b> Adult Coloring	<b>10:00</b> Exercise <b>11:00</b> Dynseo (Pub) <b>2:00</b> Movie Matinee with Popcorn <b>4:00</b> Walk** <b>6:00</b> Bible Study Group <b>OR</b> Crossword	<b>10:00</b> Exercise <b>11:00</b> Dynseo (Pub) <b>1:30</b> Movie Matinee <b>2:00</b> Feet to the Fire (Group 1) <b>4:00</b> Walk** <b>6:00</b> Game Time	<b>10:00</b> Exercise <b>11:00</b> Dynseo (Pub) <b>1:30</b> Mardi Gras The Passing Parade Documentary <b>3:00</b> Bingo <b>4:00</b> Walk** <b>6:00</b> Community Movie Night	<b>10:00</b> Exercise <b>10:30</b> Lutheran Church <b>11:00</b> Dynseo (Pub) <b>1:30</b> Walk** <b>2:30</b> Popcorn and Coffee (Pub) <b>3:00</b> Music in Monona: Gemini Entertainment <b>6:00</b> Adult Coloring	Valentine's Day	<b>10:15</b> Catholic Church <b>11:00</b> Walk** <b>1:00</b> Dominos <b>2:00</b> Valentine's Day Social <b>6:00</b> Friday Night Flick (Movie)
<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>
<b>10:15</b> Exercise/Dynseo Donuts and Coffee (Pub) <b>2:00</b> Puzzles <b>4:00</b> Walk** <b>6:00</b> Adult Coloring	<b>10:00</b> Exercise <b>11:00</b> Dynseo (Pub) <b>3:00</b> Creative club – Mardi Gras Masks <b>4:00</b> Walk** <b>6:00</b> Bible Study Group <b>OR</b> Word Search	<b>10:00</b> Exercise <b>11:00</b> Dynseo (Pub) <b>1:30</b> Movie Matinee <b>2:00</b> Feet to the Fire (Group 1) <b>3:15</b> Bakery: Cherry Turnovers <b>4:00</b> Walk** <b>6:00</b> Game Time	<b>10:00</b> Exercise <b>11:00</b> Dynseo (Pub) <b>1:30</b> Adult Coloring <b>3:00</b> Bingo <b>4:00</b> Walk** <b>6:00</b> Community Movie Night	<b>10:00</b> Exercise <b>11:00</b> Dynseo (Pub) <b>1:30</b> Walk** <b>2:30</b> Popcorn and Coffee (Pub) <b>3:00</b> Music in Monona: TBA <b>6:00</b> Adult Coloring	<b>10:15</b> Catholic Church <b>11:00</b> Walk** <b>1:00</b> Dominos <b>2:00</b> Workshop – Yarn Crafts <b>OR</b> Cards <b>6:00</b> Friday Night Flick (Movie)	<b>10:15</b> Exercise/Dynseo Donuts and Coffee (Pub) <b>2:00</b> Puzzles <b>4:00</b> Walk** <b>6:00</b> Adult Coloring
<b>23</b>	<b>24</b>	<b>Mardi Gras</b> style="text-align: right;"> <b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>
<b>10:15</b> Exercise/Dynseo Donuts and Coffee (Pub) <b>2:00</b> Puzzles <b>4:00</b> Walk** <b>6:00</b> Adult Coloring	<b>10:00</b> Exercise <b>11:00</b> Dynseo (Pub) <b>3:00</b> Manicure Monday with Music <b>4:00</b> Walk** <b>6:00</b> Bible Study Group <b>OR</b> Crossword	<b>10:00</b> Exercise <b>11:00</b> Dynseo (Pub) <b>1:30</b> Movie Matinee <b>2:00</b> Feet to the Fire (Group 1) <b>4:00</b> Walk** <b>6:00</b> Game Time	<b>10:00</b> Exercise <b>11:00</b> Dynseo (Pub) <b>1:30</b> Adult Coloring <b>3:00</b> Monthly Birthday Party <b>4:00</b> Walk** <b>6:00</b> Community Movie Night	<b>10:00</b> Exercise <b>11:00</b> Dynseo (Pub) <b>1:30</b> Walk** <b>2:30</b> Popcorn and Coffee (Pub) <b>3:00</b> Music in Monona: Chuck Ripp <b>6:00</b> Adult Coloring	<b>10:15</b> Catholic Church <b>11:00</b> Walk** <b>1:00</b> Dominos <b>2:00</b> Mardi Gras Social <b>6:00</b> Friday Night Flick (Movie)	<b>10:15</b> Exercise/Dynseo Donuts and Coffee (Pub) <b>2:00</b> Puzzles <b>4:00</b> Walk** <b>6:00</b> Adult Coloring

\*All activities are subject to change when necessary \*\*Resident-led activity  
Residents' families are invited to participate in community events.

Musical Performance Happy Hour  
Spiritual Service