

September

Heritage Monona Memory Care Life Enrichment Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>10:00 Coffee and Donuts (Pub) 10:15 Stretching (Pub) 10:45 Dynseo Trivia (Pub) 11:00 Pet Therapy with Joy 1:30 Sensory Groups 2:00 Game Time (Activity Alley) 3:30 Walking Group</p>	<p>Labor Day 2</p> <p>9:30 Balloon Ball 10:00 Exercise (Activity Alley) 10:30 Today in History 11:00 Dynseo Trivia in Pub 11:00 Coffee Club in Hub's Diner 1:30 Music/Manicure Monday 2:30 Bingo in Creative Corner 3:30 Walking Group Outside</p>	<p>3</p> <p>9:30 Balloon Ball 10:00 Exercise (Activity Alley) 10:30 Wonderful Words 11:00 Sensory Group (Snoezelen) 11:00 Dynseo Trivia in Pub 1:30 Movie Matinee 2:00 Feet to the Fire (Group One) 3:30 Let's Talk Wisconsin!</p>	<p>4</p> <p>9:30 Balloon Ball 10:00 Exercise (Activity Alley) 10:30 Today in History 11:00 Sensory Hand Massages 11:00 Dynseo Trivia in Pub 11:30 Lunch at Elie's 2:00 Craft Hour (Creative Corner) 3:00 Cooking Club</p>	<p>5</p> <p>9:30 Balloon Ball 10:00 Exercise (Activity Alley) 10:30 Wonderful Words 11:00 Dynseo Trivia in Pub 11:00 Coffee Club in Hub's Diner 1:30 Garden Club 3:00 Music in Monona: Kane and Walker</p>	<p>6</p> <p>10:00 Exercise (Activity Alley) 10:15 Catholic Church 10:30 Today in History 1:30 Sensory Group (Snoezelen) Cheese Pizza Social (Pub) 3:30 Walking Group Outside</p>	<p>Hug Your Hound Day 7</p> <p>10:00 Coffee and Donuts (Pub) 10:15 Stretching (Pub) 10:45 Dynseo Trivia (Pub) 2:00 Puppy Party 3:15 Walking Groups Outside</p>
<p>8</p> <p>10:00 Coffee and Donuts (Pub) 10:15 Stretching (Pub) 10:45 Dynseo Trivia (Pub) 11:00 Pet Therapy with Joy 1:30 Sensory Groups 2:00 Game Time (Activity Alley) 3:30 Walking Group</p>	<p>9</p> <p>9:30 Balloon Ball 10:00 Exercise (Activity Alley) 10:30 Today in History 11:00 Dynseo Trivia in Pub 11:00 Coffee Club in Hub's Diner 1:30 Music/Manicure Monday 2:30 Bingo in Creative Corner 3:30 Walking Group Outside</p>	<p>10</p> <p>9:30 Balloon Ball 10:00 Exercise (Activity Alley) 10:30 Wonderful Words 11:00 Sensory Group (Snoezelen) 11:00 Dynseo Trivia in Pub 1:30 Movie Matinee 2:00 Feet to the Fire (Group One) 3:30 Let's Talk Wisconsin!</p>	<p>11</p> <p>9:30 Balloon Ball 10:00 Exercise (Activity Alley) 10:30 Today in History 11:00 Sensory Hand Massages 11:00 Dynseo Trivia in Pub 11:30 Lunch at Elie's 2:00 Craft Hour (Creative Corner) 3:00 Cooking Club</p>	<p>12</p> <p>9:30 Balloon Ball 10:00 Exercise (Activity Alley) 10:30 Wonderful Words 11:00 Dynseo Trivia in Pub 11:00 Coffee Club in Hub's Diner 1:30 Garden Club 3:00 Music in Monona: Cliff Frederickson</p>	<p>13</p> <p>10:00 Exercise (Activity Alley) 10:15 Catholic Church 10:30 Today in History 1:30 Sensory Group (Snoezelen) Tailgate Kickoff (Pub) 3:30 Walking Group Outside</p>	<p>14</p> <p>10:00 Coffee and Donuts (Pub) 10:15 Stretching (Pub) 10:45 Dynseo Trivia (Pub) 1:30 Manicures and Magazines 2:30 Game Time Activity Alley 3:30 Walking Group</p>
<p>15</p> <p>10:00 Coffee and Donuts (Pub) 10:15 Stretching (Pub) 10:45 Dynseo Trivia (Pub) 11:00 Pet Therapy with Joy 1:30 Sensory Groups 2:00 Game Time (Activity Alley) 3:30 Walking Group</p>	<p>16</p> <p>9:30 Balloon Ball 10:00 Exercise (Activity Alley) 10:30 Today in History 11:00 Dynseo Trivia in Pub 11:00 Coffee Club in Hub's Diner 1:30 Music/Manicure Monday 2:30 Bingo in Creative Corner 3:30 Walking Group Outside</p>	<p>17</p> <p>9:30 Balloon Ball 10:00 Exercise (Activity Alley) 10:30 Wonderful Words 11:00 Sensory Group (Snoezelen) 11:00 Dynseo Trivia in Pub 1:30 Movie Matinee 2:00 Feet to the Fire (Group One) 3:30 Let's Talk Wisconsin!</p>	<p>18</p> <p>9:30 Balloon Ball 10:00 Exercise (Activity Alley) 10:30 Today in History 11:00 Sensory Hand Massages 11:00 Dynseo Trivia in Pub 11:30 Lunch at Elie's 2:00 Craft Hour (Creative Corner) 3:00 Monthly Birthday Party</p>	<p>19</p> <p>9:30 Balloon Ball 10:00 Exercise (Activity Alley) 10:30 Wonderful Words 11:00 Dynseo Trivia in Pub 11:00 Coffee Club in Hub's Diner 1:30 Garden Club 3:00 Music in Monona: Dean's Blue Country</p>	<p>Oktoberfest Begins 20</p> <p>10:00 Exercise (Activity Alley) 10:15 Catholic Church 10:30 Today in History 1:30 Sensory Group (Snoezelen) Oktoberfest Social (Pub) 3:30 Walking Group Outside</p>	<p>21</p> <p>10:00 Coffee and Donuts (Pub) 10:15 Stretching (Pub) 10:45 Dynseo Trivia (Pub) 1:30 Manicures and Magazines 2:30 Game Time Activity Alley 3:30 Walking Group</p>
<p>22</p> <p>10:00 Coffee and Donuts (Pub) 10:15 Stretching (Pub) 10:45 Dynseo Trivia (Pub) 11:00 Pet Therapy with Joy 1:30 Sensory Groups 2:00 Game Time (Activity Alley) 3:30 Walking Group</p>	<p>23</p> <p>9:30 Balloon Ball 10:00 Exercise (Activity Alley) 10:30 Today in History 11:00 Dynseo Trivia in Pub 11:00 Coffee Club in Hub's Diner 1:30 Music/Manicure Monday 2:30 Bingo in Creative Corner 3:30 Walking Group Outside</p>	<p>24</p> <p>9:30 Balloon Ball 10:00 Exercise (Activity Alley) 10:30 Wonderful Words 11:00 Sensory Group (Snoezelen) 11:00 Dynseo Trivia in Pub 1:30 Movie Matinee 2:00 Feet to the Fire (Group One) 3:30 Let's Talk Wisconsin!</p>	<p>25</p> <p>9:30 Balloon Ball 10:00 Exercise (Activity Alley) 10:30 Today in History 11:00 Sensory Hand Massages 11:00 Dynseo Trivia in Pub 11:30 Lunch at Elie's 2:00 Craft Hour (Creative Corner) 3:00 Cooking Club</p>	<p>26</p> <p>9:30 Balloon Ball 10:00 Exercise (Activity Alley) 10:30 Wonderful Words 11:00 Dynseo Trivia in Pub 11:00 Coffee Club in Hub's Diner 1:30 Garden Club 3:00 Music in Monona: Chuck Ripp</p>	<p>27</p> <p>10:00 Exercise (Activity Alley) 10:15 Catholic Church 10:30 Today in History 1:30 Sensory Group (Snoezelen) National Dumpling Day (Pub) 3:30 Walking Group Outside</p>	<p>28</p> <p>10:00 Coffee and Donuts (Pub) 10:15 Stretching (Pub) 10:45 Dynseo Trivia (Pub) 1:30 Manicures and Magazines 2:30 Game Time Activity Alley 3:30 Walking Group</p>
<p>29</p> <p>10:00 Coffee and Donuts (Pub) 10:15 Stretching (Pub) 10:45 Dynseo Trivia (Pub) 11:00 Pet Therapy with Joy 1:30 Sensory Groups 2:00 Game Time (Activity Alley) 3:30 Walking Group</p>	<p>30</p> <p>9:30 Balloon Ball 10:00 Exercise (Activity Alley) 10:30 Today in History 11:00 Dynseo Trivia in Pub 11:00 Coffee Club in Hub's Diner 2:00 Sing-along with Clete 3:00 Bingo in Creative Corner 4:00 Walking Group Outside</p>	<p><i>Celebrating Wisconsin Sports</i></p>			<p>Happy Birthday</p> <p>Sandy S. – 9/1 Bill D. – 9/24 Jeannie F. – 9/17 Nikki J. – 9/29</p> 	

*All activities are subject to change when necessary

Residents' families are invited to participate in community events.

Musical Activity

Happy Hour

Lunch at Elie's

Exercise