

# September

## Heritage Monona Enhanced Second Floor Life Enrichment Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:00 Donuts and Coffee in Pub 10:15 Exercise/Dynseo 2:00 Puzzles 3:00 Resident-Led Walk 4:00 Adult Coloring	2 Labor Day  10:00 Exercise 11:00 Dynseo (pub) 2:00 Movie Matinee with Popcorn 4:00 Resident-Led Walk 6:00 Crossword	3 10:00 Exercise 11:00 Dynseo (pub) 1:30 World War II In Color 2:00 Feet to the Fire (Group 1) 3:15 National Cherry Popover Day 4:00 Walk 6:00 Drinks on the Porch	4 10:00 Exercise 11:00 Dynseo (pub) 1:30 Resident Council Meeting 3:00 Bingo Bucks – Store 4:00 Resident-Led Walk 6:00 Community Movie Night	5 10:00 Exercise 11:00 Dynseo (pub) 2:30 Popcorn and Coffee (pub) 3:00 Kane and Walker 6:00 Adult Coloring	6 10:15 Catholic Church 11:00 Resident-Led Walk 1:00 What's My Line 2:00 Cheese Pizza Social 4:00 Walk 6:00 Friday Night Flick(Movie)	7 10:00 Donuts and Coffee in Pub 10:15 Exercise/Dynseo 2:00 Puzzles 3:00 Resident-Led Walk 4:00 Adult Coloring
8 10:00 Donuts and Coffee in Pub 10:15 Exercise/Dynseo 2:00 Puzzles 3:00 Resident-Led Walk 4:00 Adult Coloring	9 10:45 Exercise 11:00 Dynseo (pub) 2:00 Movie Matinee with Popcorn 4:00 Resident-Led Walk 6:00 Crossword	10 10:00 Exercise 11:00 Dynseo (pub) 1:30 World War II In Color 2:00 Feet To the Fire (Group 1) 3:15 Creative Club - Painting 4:00 Room Visits - Menus 6:00 Drinks on the Porch	11 10:00 Exercise 11:00 Dynseo (pub) 1:30 Bingo 2:30 Word Search 4:00 Resident-Led Walk 6:00 Community Movie Night	12 10:00 Exercise 10:30 Lutheran Church 11:00 Dynseo (pub) 2:30 Popcorn and Coffee (pub) 3:00 Cliff Frederickson 6:00 Adult Coloring	13 10:15 Catholic Church 11:00 Resident-Led Walk 1:00 What's My Line 2:00 Tailgate Kick Off 4:00 Walk 6:00 Friday Night Frights(Movie)	14 10:00 Donuts and Coffee in Pub 10:15 Exercise/Dynseo 2:00 Puzzles 3:00 Resident-Led Walk 4:00 Adult Coloring
15 10:00 Donuts and Coffee in Pub 10:15 Exercise/Dynseo 2:00 Puzzles 3:00 Resident-Led Walk 4:00 Adult Coloring	16 10:00 Exercise 11:00 Dynseo (pub) 2:00 Manicure Monday with Music 3:30 Word Wars 4:00 Resident-Led Walk 6:00 Game Time	17 10:00 Exercise 11:00 Dynseo (pub) 1:30 World War II In Color 2:00 Feet to the Fire (Group 1) 3:15 Apple Dumpling Day 4:00 Room Visits - Menus 6:00 Drinks on the Porch	18 10:00 Exercise 11:00 Dynseo (pub) 1:30 Bingo 2:30 History of Camp Randall Documentary 4:00 Resident-Led Walk 6:00 Community Movie Night	19 10:00 Exercise 11:00 Dynseo (pub) 2:30 Popcorn and Coffee (pub) 3:00 Dean's Blue Country 6:00 Adult Coloring	20 10:15 Catholic Church 11:00 Resident-Led Walk 1:00 What's My Line 2:00 Oktoberfest Social 4:00 Walk 6:00 Friday Night Flick(Movie)	21 10:00 Donuts and Coffee in Pub 10:15 Exercise/Dynseo 2:00 Puzzles 3:00 Resident-Led Walk 4:00 Adult Coloring
22 10:00 Donuts and Coffee in Pub 10:15 Exercise/Dynseo 2:00 Puzzles 3:00 Resident-Led Walk 4:00 Adult Coloring	23 10:00 Exercise 11:00 Dynseo (pub) 2:30 National Checkers Day Checker Tournament 4:00 Resident-Led Walk 6:00 Word Search	24 10:00 Exercise 11:00 Dynseo (pub) 1:30 World War II In Color 2:00 Feet to the Fire (Group 1) 3:15 Creative Club Draw/Color 4:00 Room Visits - Menus 6:00 Drinks on the Porch	25 10:00 Exercise 11:00 Dynseo (pub) 1:30 Bingo 2:30 Word Search 4:00 Resident-Led Walk 6:00 Community Movie Night	26 10:00 Exercise 11:00 Dynseo (pub) 2:30 Popcorn and Coffee (pub) 3:00 Chuck Ripp 6:00 Adult Coloring	27 10:15 Catholic Church 11:00 Resident-Led Walk 1:00 What's My Line 2:00 National Dumpling Social 4:00 Walk 6:00 Friday Night Frights(Movie)	28 10:00 Donuts and Coffee in Pub 10:15 Exercise/Dynseo 2:00 Puzzles 3:00 Resident-Led Walk 4:00 Adult Coloring
29 10:00 Donuts and Coffee in Pub 10:15 Exercise/Dynseo 2:00 Puzzles 3:00 Resident-Led Walk 4:00 Adult Coloring	30 10:00 Exercise 11:00 Dynseo (pub) 2:00 Manicure Monday with Music 3:30 Word Wars 4:00 Resident-Led Walk 6:00 Game Time	 <i>Celebrating Wisconsin Sports</i>				

\*All activities are subject to change when necessary  
Residents' families are invited to participate in community events.

Musical Activity Church  
Happy Hour Exercise