## September

## Heritage Monona Enhanced First Floor Life Enrichment Calendar

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Labor Day	2 3	4	5	National Grandparents Day	6 National Hug Your Hound Day
.0:15 Exercise/Dynseo		9:30 News at Nine	10:00 Exercise	10:00 Exercise	10:15 Catholic Church	10:15 Exercise/Dynseo
Oonuts and Coffee (Pub)		10:00 Exercise	<b>11:00</b> Dynseo (Pub)	<b>11:00</b> Dyn <mark>seo</mark> (Pub)	11:00 Resident-Led Walk	Donuts and Coffee (Pub)
2:00 Puzzles		<b>11:00</b> Dynseo (Pub)	2:30 Adult Coloring	2:30 Popcorn and Coffee (Pub)	2:00 Cheese Pizza Social	2:00 Puppy Party
<b>1:00</b> Adult Coloring		2:00 Feet to the Fire (Group 1)	<b>3:00</b> Bingo	3:00 Kane and Walker	<b>4:00</b> Walk	4:00 Adult Coloring
		3:00 National Cherry Popover	<b>6:00</b> Community Movie Night	6:00 Adult Coloring	<b>6:30</b> Friday Night Movie	
		Day				
		4:00 Walk				
	8	9 10	11	12	1	3 10
10:15 Exercise/Dynseo	10:00 Exercise	9:30 News at Nine	10:00 Exercise	10:00 Exercise	10:15 Catholic Church	10:15 Exercise/Dynseo
Donuts and Coffee (Pub)	<b>11:00</b> Dynseo (Pub)	10:00 Exercise	<b>11:00</b> Dynseo (Pub)	<b>11:00</b> Dynseo (Pub)	11:00 Resident-Led Walk	Crème Filled Donut Day and
<b>2:00</b> Puzzles	2:00 Manicure Monday	<b>11:00</b> Dynseo (Pub)	2:30 Adult Coloring	2:30 Popcorn and Coffee (Pub)	2:00 Tailgate Kick Off	Coffee (Pub)
4:00 Adult Coloring	3:30 Word Wars	2:00 Feet to the Fire (Group 1)	<b>3:00</b> Bingo	3:00 Cliff Frederickson	<b>4:00</b> Walk	2:00 Puzzles
The Madic Coloring		3:00 Bakery	<b>6:00</b> Community Movie Night	<b>6:00</b> Adult Coloring	<b>6:30</b> Friday Night Movie	<b>4:00</b> Adult Coloring
	<b>4:00</b> Walk	4:00 Walk	0.00 community Movie Night	o.oo Addit coloring	0.30 Thuay Night World	4.00 Addit coloning
	<b>6:30</b> Game Time	4.00 Walk				
		WALANY A				
10:15 Eversise Dunsee	15 10:00 Exercise	6 <b>9:30</b> News at Nine	18 10:00 Exercise	19 10:00 Exercise	Oktoberfest Begins 2 10:15 Catholic Church	0 10:15 Exercise/Dynseo
10:15 Exercise/Dynseo		10:00 Exercise			11:00 Resident-Led Walk	-
Donuts and Coffee (Pub)	<b>11:00</b> Dynseo (Pub)	The second secon	11:00 Dynseo (Pub)	11:00 Dynseo (Pub)		Donuts and Coffee (Pub)
2:00 Puzzles	2:00 Manicure Monday	<b>11:00</b> Dynseo (Pub)	2:30 Adult Coloring	2:30 Popcorn and Coffee (Pub)	2:00 Oktoberfest Social	2:00 Puzzles
<b>4:00</b> Adult Coloring	3:30 Word Wars	2:00 Feet to the Fire (Group 1)	3:00 Bingo	3:00 Dean's Blue Country	4:00 Walk	<b>4:00</b> Adult Coloring
	<b>4:00</b> Walk	3:00 National Apple Dumpling	<b>6:00</b> Community Movie Night	<b>6:00</b> Adult Coloring	<b>6:30</b> Friday Night Movie	
	<b>6:30</b> Game Time	Day				
		<b>4:00</b> Walk		A RIII VAID		
	22 2	The state of the s				
10:15 Exercise/Dynseo	10:00 Exercise	9:30 News at Nine	10:00 Exercise	10:00 Exercise	10:15 Catholic Church	10:15 Exercise/Dynseo
Donuts and Coffee (Pub)	<b>11:00</b> Dynseo (Pub)	10:00 Exercise	<b>11:00</b> Dynseo (Pub)	<b>11:00</b> Dynseo (Pub)	11:00 Resident-Led Walk	Donuts and Coffee (Pub)
2:00 Puzzles	2:00 Manicure Monday	<b>11:00</b> Dynseo (Pub)	2:30 Adult Coloring	2:30 Popcorn and Coffee (Pub)	2:00 National Dumpling Social	2:00 Puzzles
1:00 Adult Coloring	2:30 National Checkers Day	2:00 Feet to the Fire (Group 1)	<b>3:00</b> Bingo	<b>6:00</b> Adult Coloring	<b>4:00</b> Walk	4:00 Adult Coloring
	Checker Tournament	3:00 Bakery	<b>6:00</b> Community Movie Night	2000	<b>6:30</b> Friday Night Movie	
	<b>4:00</b> Walk	<b>4:00</b> Walk		2//		
	<b>6:30</b> Game Time					
	29 3	0	17 AV STATE STREET			
10:15 Exercise/Dynseo	10:00 Exercise		THE COLUMN			
Donuts and Coffee (Pub)	<b>11:00</b> Dynseo (Pub)					
2:00 Puzzles	2:00 Manicure Monday					
1:00 Adult Coloring	3:30 Word Wars	Celebrating				
-	<b>4:00</b> Walk	Wisconsin Sport				
	<b>6:30</b> Game Time	Wisconsin Sport	.5		l	
	0.50 Game Time					
			AND DESCRIPTION OF THE PERSON			

<sup>\*</sup>All activities are subject to change when necessary Residents' families are invited to participate in community events.

