


September

Heritage Monona Enhanced First Floor Life Enrichment Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>1</div> <div><div>10:15 Exercise</div>/Dyseo Donuts and Coffee (Pub) 2:00 Puzzles 4:00 Adult Coloring</div>	<div>Labor Day</div> <div>2</div>	<div>3</div> <div>9:30 News at Nine 10:00 Exercise 11:00 Dyseo (Pub) 2:00 Feet to the Fire (Group 1) 3:00 National Cherry Popover Day 4:00 Walk</div>	<div>4</div> <div>10:00 Exercise 11:00 Dyseo (Pub) 2:30 Adult Coloring 3:00 Bingo 6:00 Community Movie Night</div>	<div>5</div> <div>10:00 Exercise 11:00 Dyseo (Pub) 2:30 Popcorn and Coffee (Pub) 3:00 Kane and Walker 6:00 Adult Coloring</div>	<div>National Grandparents Day</div> <div>6</div> <div>10:15 Catholic Church 11:00 Resident-Led Walk 2:00 Cheese Pizza Social 4:00 Walk 6:30 Friday Night Movie</div>	<div>National Hug Your Hound Day</div> <div>7</div> <div>10:15 Exercise/Dyseo Donuts and Coffee (Pub) 2:00 Puppy Party 4:00 Adult Coloring</div>
<div>8</div> <div><div>10:15 Exercise</div>/Dyseo Donuts and Coffee (Pub) 2:00 Puzzles 4:00 Adult Coloring</div>	<div>9</div> <div>10:00 Exercise 11:00 Dyseo (Pub) 2:00 Manicure Monday 3:30 Word Wars 4:00 Walk 6:30 Game Time</div>	<div>10</div> <div>9:30 News at Nine 10:00 Exercise 11:00 Dyseo (Pub) 2:00 Feet to the Fire (Group 1) 3:00 Bakery 4:00 Walk</div>	<div>11</div> <div>10:00 Exercise 11:00 Dyseo (Pub) 2:30 Adult Coloring 3:00 Bingo 6:00 Community Movie Night</div>	<div>12</div> <div>10:00 Exercise 11:00 Dyseo (Pub) 2:30 Popcorn and Coffee (Pub) 3:00 Cliff Frederickson 6:00 Adult Coloring</div>	<div>13</div> <div>10:15 Catholic Church 11:00 Resident-Led Walk 2:00 Tailgate Kick Off 4:00 Walk 6:30 Friday Night Movie</div>	<div>14</div> <div>10:15 Exercise/Dyseo Crème Filled Donut Day and Coffee (Pub) 2:00 Puzzles 4:00 Adult Coloring</div>
<div>15</div> <div><div>10:15 Exercise</div>/Dyseo Donuts and Coffee (Pub) 2:00 Puzzles 4:00 Adult Coloring</div>	<div>16</div> <div>10:00 Exercise 11:00 Dyseo (Pub) 2:00 Manicure Monday 3:30 Word Wars 4:00 Walk 6:30 Game Time</div>	<div>17</div> <div>9:30 News at Nine 10:00 Exercise 11:00 Dyseo (Pub) 2:00 Feet to the Fire (Group 1) 3:00 National Apple Dumpling Day 4:00 Walk</div>	<div>18</div> <div>10:00 Exercise 11:00 Dyseo (Pub) 2:30 Adult Coloring 3:00 Bingo 6:00 Community Movie Night</div>	<div>19</div> <div>10:00 Exercise 11:00 Dyseo (Pub) 2:30 Popcorn and Coffee (Pub) 3:00 Dean's Blue Country 6:00 Adult Coloring</div>	<div>Oktoberfest Begins</div> <div>20</div> <div>10:15 Catholic Church 11:00 Resident-Led Walk 2:00 Oktoberfest Social 4:00 Walk 6:30 Friday Night Movie</div>	<div>21</div> <div>10:15 Exercise/Dyseo Donuts and Coffee (Pub) 2:00 Puzzles 4:00 Adult Coloring</div>
<div>22</div> <div><div>10:15 Exercise</div>/Dyseo Donuts and Coffee (Pub) 2:00 Puzzles 4:00 Adult Coloring</div>	<div>23</div> <div>10:00 Exercise 11:00 Dyseo (Pub) 2:00 Manicure Monday 2:30 National Checkers Day Checker Tournament 4:00 Walk 6:30 Game Time</div>	<div>24</div> <div>9:30 News at Nine 10:00 Exercise 11:00 Dyseo (Pub) 2:00 Feet to the Fire (Group 1) 3:00 Bakery 4:00 Walk</div>	<div>25</div> <div>10:00 Exercise 11:00 Dyseo (Pub) 2:30 Adult Coloring 3:00 Bingo 6:00 Community Movie Night</div>	<div>26</div> <div>10:00 Exercise 11:00 Dyseo (Pub) 2:30 Popcorn and Coffee (Pub) 6:00 Adult Coloring</div>	<div>27</div> <div>10:15 Catholic Church 11:00 Resident-Led Walk 2:00 National Dumpling Social 4:00 Walk 6:30 Friday Night Movie</div>	<div>28</div> <div>10:15 Exercise/Dyseo Donuts and Coffee (Pub) 2:00 Puzzles 4:00 Adult Coloring</div>
<div>29</div> <div><div>10:15 Exercise</div>/Dyseo Donuts and Coffee (Pub) 2:00 Puzzles 4:00 Adult Coloring</div>	<div>30</div> <div>10:00 Exercise 11:00 Dyseo (Pub) 2:00 Manicure Monday 3:30 Word Wars 4:00 Walk 6:30 Game Time</div>	<div>Celebrating Wisconsin Sports</div>				

*All activities are subject to change when necessary
Residents’ families are invited to participate in community events.

Musical Activity

Social

Exercise