



# July

## Heritage Monona Memory Care Life Enrichment Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Happy Birthday</b> Dennis U. – 7/9 Buck M. – 7/18 	<b>1</b> <b>Exercise (Activity Alley)</b> Today in History Dynseo Trivia (Pub) Coffee Club (Hub's Diner) Sensory Group (Snoezelen) Bingo (Creative Corner) Walking Group (Outside)	<b>2</b> <b>Exercise (Activity Alley)</b> Wonderful Words Table Top Activity Hour Dynseo Trivia (Pub) Movie Matinee Feet to the Fire (Group One) <b>Let's Talk Wisconsin</b>	<b>3</b> <b>Exercise (Activity Alley)</b> Today in History Balloon Ball Up Front Dynseo Trivia (Pub) <b>Lunch Outing: Green Forest</b> Craft Hour (Creative Corner) <b>Cooking Club (Creative Corner)</b>	<b>4</b> <b>Fourth of July</b> <b>Exercise (Activity Alley)</b> Wonderful Words Dynseo Trivia (Pub) Coffee Club (Hub's Diner) Sensory Group (Snoezelen) Garden Club (Courtyard) <b>Music in Monona: Dean's Blue Country</b>	<b>5</b> <b>Exercise (Activity Alley)</b> Catholic Church Today in History Sensory Group (Snoezelen) Walking Group (Outside ) <b>Red White and Blue Social (Pub)</b>	<b>6</b> Coffee and Apple Turnovers (Pub) <b>Stretching (Pub)</b> Dynseo Trivia (Pub) Game Time (Activity Alley)
<b>7</b> <b>Balloon Ball Up Front</b> Pet Therapy With Joy Movie Matinee	<b>8</b> <b>Exercise (Activity Alley)</b> Today in History Dynseo Trivia (Pub) Coffee Club (Hub's Diner) Sensory Group (Snoezelen) Bingo (Creative Corner) Walking Group (Outside)	<b>9</b> <b>Exercise (Activity Alley)</b> Wonderful Words Table Top Activity Hour Dynseo Trivia (Pub) Movie Matinee Feet to the Fire (Group One) <b>Let's Talk Wisconsin</b>	<b>10</b> <b>Exercise (Activity Alley)</b> Today in History Balloon Ball Up Front Dynseo Trivia (Pub) <b>Lunch Outing: Pizza Oven</b> Craft Hour (Creative Corner) <b>Cooking Club (Creative Corner)</b>	<b>11</b> <b>Exercise (Activity Alley)</b> Wonderful Words Dynseo Trivia (Pub) Coffee Club (Hub's Diner) Sensory Group (Snoezelen) Garden Club (Courtyard) <b>Music in Monona: Patrick Christians</b>	<b>12</b> <b>Exercise (Activity Alley)</b> Catholic Church Today in History Sensory Group (Snoezelen) Walking Group (Outside ) <b>Pecan Pie Social (Pub)</b>	<b>13</b> Coffee and Donuts (Pub) <b>Stretching (Pub)</b> Dynseo Trivia (Pub) Game Time (Activity Alley)
<b>14</b> Coffee and Donuts (Pub) <b>Stretching (Pub)</b> Dynseo Trivia (Pub) Game Time (Activity Alley)	<b>15</b> <b>Exercise (Activity Alley)</b> Today in History Dynseo Trivia (Pub) Coffee Club (Hub's Diner) Sensory Group (Snoezelen) Bingo (Creative Corner) Walking Group (Outside)	<b>16</b> <b>Exercise (Activity Alley)</b> Wonderful Words Table Top Activity Hour Dynseo Trivia (Pub) Movie Matinee Feet to the Fire (Group One) <b>Let's Talk Wisconsin</b>	<b>17</b> <b>Exercise (Activity Alley)</b> Today in History Balloon Ball Up Front Dynseo Trivia (Pub) <b>Lunch Outing: Green Forest</b> Craft Hour (Creative Corner) <b>Cooking Club (Creative Corner)</b>	<b>18</b> <b>Exercise (Activity Alley)</b> Wonderful Words Dynseo Trivia (Pub) Coffee Club (Hub's Diner) Sensory Group (Snoezelen) Garden Club (Courtyard) <b>Music in Monona: Tom Kastle</b>	<b>19</b> <b>Exercise (Activity Alley)</b> Catholic Church Today in History Sensory Group (Snoezelen) Walking Group (Outside ) <b>Peach Ice Cream Social (Pub)</b>	<b>20</b> Coffee and Donuts (Pub) <b>Stretching (Pub)</b> Dynseo Trivia (Pub) Ice Cream Social (Pub) Game Time (Activity Alley)
<b>21</b> Coffee and Donuts (Pub) <b>Stretching (Pub)</b> Dynseo Trivia (Pub) Game Time (Activity Alley)	<b>22</b> <b>Exercise (Activity Alley)</b> Today in History Dynseo Trivia (Pub) Coffee Club (Hub's Diner) Sensory Group (Snoezelen) Bingo (Creative Corner) Walking Group (Outside)	<b>23</b> <b>Exercise (Activity Alley)</b> Wonderful Words Table Top Activity Hour Dynseo Trivia (Pub) Movie Matinee Feet to the Fire (Group One) <b>Let's Talk Wisconsin</b>	<b>24</b> <b>Exercise (Activity Alley)</b> Today in History Balloon Ball Up Front Dynseo Trivia (Pub) <b>Lunch Outing: Monona Gardens</b> Craft Hour (Creative Corner) <b>Cooking Club (Creative Corner)</b>	<b>25</b> <b>Exercise (Activity Alley)</b> Wonderful Words Dynseo Trivia (Pub) Coffee Club (Hub's Diner) Sensory Group (Snoezelen) Garden Club (Courtyard) <b>Music in Monona: Chuck Ripp</b>	<b>26</b> <b>Exercise (Activity Alley)</b> Catholic Church Today in History Sensory Group (Snoezelen) Walking Group (Outside ) <b>Culinarian's Day Social (Pub)</b>	<b>27</b> Coffee and Donuts (Pub) <b>Stretching (Pub)</b> Dynseo Trivia (Pub) Chocolate Milk Social (Pub) Game Time (Activity Alley)
<b>28</b> Coffee and Donuts (Pub) <b>Stretching (Pub)</b> Dynseo Trivia (Pub) Game Time (Activity Alley)	<b>29</b> <b>Exercise (Activity Alley)</b> Today in History Dynseo Trivia (Pub) Coffee Club (Hub's Diner) Sensory Group (Snoezelen) Bingo (Creative Corner) Walking Group (Outside)	<b>30</b> <b>Exercise (Activity Alley)</b> Wonderful Words Table Top Activity Hour Dynseo Trivia (Pub) Movie Matinee Feet to the Fire (Group One) <b>Let's Talk Wisconsin</b>	<b>31</b> <b>Exercise (Activity Alley)</b> Today in History Balloon Ball Up Front Dynseo Trivia (Pub) <b>Lunch Outing: Green Forest</b> Craft Hour (Creative Corner) <b>Cooking Club (Creative Corner)</b>			<h3>Celebrating Wisconsin Lakes &amp; Landmarks</h3>

\*All activities are subject to change when necessary  
Residents' families are invited to participate in community events.

Musical Activity
Happy Hour
Lunch Outing  
Celebrate Wisconsin
Exercise