




July

Heritage Monona Enhanced Second Floor Life Enrichment Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Happy Birthday Phil B. – 7/4 Natalie D.– 7/12 Dwaine K. – 7/20 Patricia J. – 7/24 James P. – 7/25 	1 10:00 Exercise 11:00 Dynseo (pub) 1:30 Manicure Monday with Music 3:00 Bakery	2 9:30 Barnes and Noble Outing- Wisconsin Lakes Documentary 11:00 Dynseo (pub) 1:30 Go Fish-Wisconsin Lakes 2:00 Feet to the Fire (Group 1) 3:30 Creative Club- Lily Pad 4:00 Resident-Led Walk	3 10:00 Exercise 11:00 Dynseo (pub) 1:30 Bingo 3:00 Dominoes 4:00 Room visits - Menus	4 Fourth of July  10:00 Exercise (pub) 11:00 Dynseo (pub) 2:30 Popcorn and Coffee (pub) 3:00 Dean's Blue Country	5 10:15 Catholic Church 1:15 Word Search 2:00 Red, White and Blue Social 4:00 Resident-Led Walk	6 10:15 Exercise (pub)/Dynseo Apple Turnovers and coffee 4:00 Adult Coloring
7 11:00 Resident-Led Walk 1:30 Puzzle 2:30 Adult Coloring	8 10:00 Exercise 10:30 Pet therapy with Laura 11:00 Dynseo (pub) 2:00 Creative Club – Collaborative story 3:30 Mad libs	9 10:00 Exercise 11:00 Dynseo (pub) 1:30 Bowling Club 2:00 Feet To the Fire (Group 1) 3:00 Bakery – Sugar Cookie Day 4:00 Resident-Led Walk	10 10:00 Exercise 11:00 Dynseo (pub) 1:30 Bingo Bucks - Store 2:30 Resident Council Meeting 4:00 Room Visits - Menus	11 10:00 Exercise 10:30 Lutheran Church Service 11:00 Dynseo (pub) 2:30 Popcorn and Coffee (pub) 3:00 Patrick Christians	12 10:15 Catholic Church 1:15 Crossword 2:00 Pecan Pie Social 4:00 Resident-Led Walk	13 10:15 Exercise (pub)/Dynseo Doughnuts and coffee 4:00 Adult Coloring
14 11:00 Resident-Led Walk 1:30 Puzzle 2:30 Adult Coloring	15 10:45 Exercise 11:00 Dynseo (pub) 1:30 Crossword/Word Search 2:30 Movie Matinee with Popcorn	16 10:00 Exercise 11:00 Dynseo (pub) 2:00 Feet to the Fire (Group 1) 3:00 Bakery 4:00 Resident-Led Walk	17 10:00 Exercise 11:00 Dynseo (pub) 1:30 Bingo 3:00 Cards 4:00 Room Visits - Menus	18 10:00 Exercise 11:00 Dynseo (pub) 2:30 Popcorn and Coffee (pub) 3:00 Tom Kastle	19 10:15 Catholic Church 1:15 Word Search 2:00 Peach Ice Cream Social 4:00 Resident-Led Walk	20 10:15 Exercise (pub)/Dynseo Doughnuts and coffee 2:00 Ice Cream Social 4:00 Adult Coloring
21 11:00 Resident-Led Walk 1:30 Puzzle 2:30 Adult Coloring	22 10:00 Exercise 11:00 Dynseo (pub) 2:00 Creative Club – Painting 3:30 Word Wars	23 10:00 Exercise 11:00 Dynseo (pub) 2:00 Feet to the Fire (Group 1) 3:00 Game Time 4:00 Resident-Led Walk	24 Amelia Earhart Day 10:00 Exercise 11:00 Dynseo (pub) 1:30 Monthly Birthday Party 2:30 Bingo 4:00 Room Visits - Menus	25 10:00 Exercise 11:00 Dynseo (pub) 2:30 Popcorn and Coffee (pub) 3:00 Chuck Ripp	26 10:15 Catholic Church 1:15 Crossword 2:00 Culinaricians Day 4:00 Resident-Led Walk	27 10:15 Exercise (pub)/Dynseo Doughnuts and coffee 2:00 Chocolate Milk Day 4:00 Adult Coloring
28 11:00 Resident-Led Walk 1:30 Puzzle 2:30 Adult Coloring	29 10:00 Exercise 11:00 Dynseo (pub) 1:30 Manicure Monday with Music 3:00 Word Wars	30 10:00 Exercise 11:00 Dynseo (pub) 2:00 Feet to the Fire (Group 1) 3:00 Game Time 4:00 Resident-Led Walk	31 10:00 Exercise 11:00 Dynseo (pub) 1:30 Bingo 3:00 Boggle 4:00 Room Visits - Menus	 <div style="text-align: right;"> <h3>Celebrating Wisconsin Lakes & Landmarks</h3> </div>		

*All activities are subject to change when necessary
Residents' families are invited to participate in community events.

Musical Activity
Happy Hour
Spiritual Activity
Celebrate Wisconsin
Exercise