


May

Heritage Monona Enhanced First Floor Life Enrichment Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p><i>Celebrating Wisconsin Art & Architecture</i></p>			<p>1</p> <p>10:00 Exercise</p> <p>11:00 Dynseo (pub)</p> <p>2:30 Adult Coloring</p> <p>3:00 Bingo</p> <p>6:00 Community Movie Night</p>	<p>2</p> <p>10:00 Exercise</p> <p>11:00 Dynseo Trivia (pub)</p> <p>1:30 Book Club</p> <p>2:30 Popcorn and Coffee (pub)</p> <p>3:00 Music in Monona: Dan and Wendy Smith</p>	<p>3</p> <p>10:15 Catholic Church</p> <p>11:00 Resident-Led Walk</p> <p>2:00 Cinco de Mayo Social</p> <p>4:00 Walk</p>	<p>4</p> <p>10:15 Exercise/Dynseo</p> <p>Donuts and Coffee</p> <p>2:00 Kentucky Derby Social</p> <p>4:00 Adult Coloring</p>
<p>5</p> <p>Pet Therapy With Joy</p> <p>Movie Matinee</p>	<p>6</p> <p>10:00 Exercise</p> <p>11:00 Dynseo (pub)</p> <p>2:30 Cards- Euchre</p> <p>3:00 Word Wars</p> <p>4:00 Walk</p>	<p>7</p> <p>9:30 News at Nine</p> <p>10:00 Exercise</p> <p>11:00 Dynseo (pub)</p> <p>1:30 Lilac Drive</p> <p>3:30 Creative Club- Sock Craft</p> <p>4:00 Walk</p>	<p>8</p> <p>10:00 Exercise</p> <p>11:00 Dynseo (pub)</p> <p>2:30 Adult Coloring</p> <p>3:00 Bingo</p> <p>6:00 Community Movie Night</p>	<p>9</p> <p>10:00 Exercise</p> <p>11:00 Dynseo Trivia (pub)</p> <p>1:30 Book Club</p> <p>2:30 Popcorn and Coffee (pub)</p> <p>3:00 Music in Monona: Tom Kastle</p>	<p>10</p> <p>10:15 Catholic Church</p> <p>11:00 Resident-Led Walk</p> <p>2:00 Mother's Day Tea</p> <p>4:00 Walk</p>	<p>11</p> <p>10:15 Exercise/Dynseo</p> <p>Donuts and Coffee</p> <p>2:00 Migratory Bird Day</p> <p>Aldo Leopold Presentation</p> <p>4:00 Adult Coloring</p>
<p>12</p> <p>Pet Therapy With Joy</p> <p>Movie Matinee</p>	<p>13</p> <p>10:00 Exercise</p> <p>11:00 Dynseo (pub)</p> <p>2:30 Cards- Kings in the Corner</p> <p>3:00 Word Wars</p> <p>4:00 Walk</p>	<p>14</p> <p>9:30 News at Nine</p> <p>10:00 Exercise</p> <p>11:00 Dynseo (pub)</p> <p>1:30 Bowling Club</p> <p>2:30 Bakery</p> <p>4:00 Walk</p>	<p>15</p> <p>10:00 Exercise</p> <p>11:00 Dynseo (pub)</p> <p>2:30 Adult Coloring</p> <p>3:00 Bingo</p> <p>6:00 Community Movie Night</p>	<p>16</p> <p>10:00 Exercise</p> <p>11:00 Dynseo Trivia (pub)</p> <p>1:30 Book Club</p> <p>2:30 Popcorn and Coffee (pub)</p> <p>3:00 Music in Monona: Bahama Bob</p>	<p>17</p> <p>10:15 Catholic Church</p> <p>11:00 Resident-Led Walk</p> <p>2:00 Syttende Mai Social</p> <p>Sekkelop Derby- Bid on your favorite staff</p> <p>4:00 Walk</p>	<p>18</p> <p>10:15 Exercise/Dynseo</p> <p>Donuts and Coffee in Pub</p> <p>4:00 Adult Coloring</p>
<p>19</p> <p>Pet Therapy With Joy</p> <p>Movie Matinee</p>	<p>20</p> <p>10:00 Exercise</p> <p>11:00 Dynseo (pub)</p> <p>2:30 Cards- Euchre</p> <p>3:00 Word Wars</p> <p>4:00 Walk</p>	<p>21</p> <p>9:30 News at Nine</p> <p>10:00 Exercise</p> <p>11:00 Dynseo (pub)</p> <p>2:00 Manicures</p> <p>4:00 Walk</p>	<p>22</p> <p>10:00 Exercise</p> <p>11:00 Dynseo (pub)</p> <p>2:30 Adult Coloring</p> <p>3:00 Bingo</p> <p>6:00 Community Movie Night</p>	<p>23</p> <p>10:00 Exercise</p> <p>11:00 Dynseo Trivia (pub)</p> <p>1:30 Book Club</p> <p>2:30 Popcorn and Coffee (pub)</p> <p>3:00 Music in Monona: Cliff Frederickson</p>	<p>24</p> <p>10:15 Catholic Church</p> <p>11:00 Resident-Led Walk</p> <p>2:00 Hot Dog Social</p> <p>4:00 Walk</p>	<p>25</p> <p>10:15 Exercise/Dynseo</p> <p>Donuts and Coffee in Pub</p> <p>2:00 Tom Gitter- Combat Solider Presentation</p> <p>4:00 Adult Coloring</p>
<p>26</p> <p>Pet Therapy With Joy</p> <p>Movie Matinee</p>	<p>27</p> <p>Memorial Day</p> <p>10:00 Memorial Day Parade</p> <p>2:30 Cards</p> <p>4:00 Walk</p>	<p>28</p> <p>10:00 Exercise</p> <p>11:00 Dynseo (pub)</p> <p>2:30 Adult Coloring</p> <p>3:00 Bingo/Monthly Birthday Party</p> <p>6:00 Community Movie Night</p>	<p>29</p> <p>10:00 Exercise</p> <p>11:00 Dynseo (pub)</p> <p>2:30 Adult Coloring</p> <p>3:00 Bingo</p> <p>6:00 Community Movie Night</p>	<p>30</p> <p>10:00 Exercise</p> <p>11:00 Dynseo Trivia (pub)</p> <p>1:30 Book Club</p> <p>2:30 Popcorn and Coffee (pub)</p> <p>3:00 Music in Monona: Chuck Ripp</p>	<p>31</p> <p>10:15 Catholic Church</p> <p>11:00 Resident-Led Walk</p> <p>2:00 Mint Julep Social</p> <p>4:00 Walk</p>	<p>Happy Birthday</p> <p>Sue B. – 5/2</p> <p>Shirley H. – 5/21</p>

*All activities are subject to change when necessary
Residents' families are invited to participate in community events.

Musical Activity **Happy Hour**
Celebrate Wisconsin **Exercise**