



March

Heritage Monona Memory Care Life Enrichment Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
		<h1>Wisconsin Health & Fitness</h1>		<h3>Happy Birthday</h3> <p>Bob S. – 3/11</p> 		National Peanut Butter Cookie Day 1 Morning Stretch in Activity Alley Catholic Church Sensory Group in Snoezelen Walking Group: What's New? Peanut Butter Cookie Social in the Pub	National Dress in Blue Day 2 Stretching & Dynseo Trivia in the Pub Blue Social (not a Sad one) in the Pub
Balloon Ball Up Front Pet Therapy With Joy Movie Matinee	Exercise in Activity Alley Sensory Group in Snoezelen Dynseo Trivia in Pub Walking Group: I Spy... Cooking Club Craft Hour in Creative Corner	Exercise in Activity Alley Reminisce in Hub's Diner Dynseo Trivia in Pub Sensory Group in Snoezelen Let's Talk Wisconsin Mardi Gras Social in the Pub!	Exercise in Activity Alley Let's Play Ball! Dynseo Trivia in Pub Lunch Outing: Green Forest Walk the Block! Movie Matinee Room Visits and Manicures	Exercise in Activity Alley Wonderful Words Dynseo Trivia in Pub Men's Group in Hub's Diner Walking Group: What's New? 1:1 Room Visits Music in Monona: Tom Kastle	National Oreo Day 8 Morning Stretch in Activity Alley Catholic Church Sensory Group in Snoezelen Walking Group: What's New? Oreo Ice Cream Social in the Pub	Stretching & Dynseo Trivia in the Pub Chips and Salsa Social in the Pub	
Balloon Ball Up Front Pet Therapy With Joy Movie Matinee	Exercise in Activity Alley Sensory Group in Snoezelen Dynseo Trivia in Pub Walking Group: I Spy... Cooking Club Craft Hour in Creative Corner	Exercise in Activity Alley Reminisce in Hub's Diner Dynseo Trivia in Pub Sensory Group in Snoezelen Let's Talk Wisconsin Bingo in Creative Corner Brain Games: How Many Words?	Exercise in Activity Alley Let's Play Ball! Dynseo Trivia in Pub Lunch Outing: Monona Gardens Walk the Block! Movie Matinee Room Visits and Manicures	Exercise in Activity Alley Wonderful Words Dynseo Trivia in Pub Men's Group in Hub's Diner Walking Group: What's New? 1:1 Room Visits Music in Monona: Dean's Blue Country	Morning Stretch in Activity Alley Catholic Church Sensory Group in Snoezelen Walking Group: What's New? Saint Patrick's Day Social (Pub)	Something Green Day 16 Stretching & Dynseo Trivia in the Pub Mint Chip Ice Cream Social (Pub)	
Balloon Ball Up Front Pet Therapy With Joy Movie Matinee	Exercise in Activity Alley Sensory Group in Snoezelen Dynseo Trivia in Pub Walking Group: I Spy... Cooking Club Craft Hour in Creative Corner	Exercise in Activity Alley Reminisce in Hub's Diner Dynseo Trivia in Pub Sensory Group in Snoezelen Let's Talk Wisconsin Bingo in Creative Corner Brain Games: Name that Face!	Exercise in Activity Alley Let's Play Ball! Dynseo Trivia in Pub Lunch Outing: Pizza Oven Walk the Block! Movie Matinee Room Visits and Manicures	Exercise in Activity Alley Wonderful Words Dynseo Trivia in Pub Men's Group in Hub's Diner Walking Group: What's New? 1:1 Room Visits Music in Monona: Beth Wilson	National Agricultural Day 22 Morning Stretch in Activity Alley Catholic Church Sensory Group in Snoezelen Walking Group: What's New? Dirt Cake Social in the Pub	National Spinach Dip Day 23 Stretching & Dynseo Trivia in the Pub Spinach Dip Social in the Pub	
Balloon Ball Up Front Pet Therapy With Joy Movie Matinee	Exercise in Activity Alley Sensory Group in Snoezelen Dynseo Trivia in Pub Walking Group: I Spy... Cooking Club Sing-Along with Cletus	Exercise in Activity Alley Reminisce in Hub's Diner Dynseo Trivia in Pub Sensory Group in Snoezelen Let's Talk Wisconsin Bingo in Creative Corner Brain Games: Giant Crossword!	Exercise in Activity Alley Let's Play Ball! Dynseo Trivia in Pub Lunch Outing: Green Forest Walk the Block! Movie Matinee Room Visits and Manicures	Exercise in Activity Alley Wonderful Words Dynseo Trivia in Pub Men's Group in Hub's Diner Walking Group: What's New? 1:1 Room Visits Music in Monona: Chuck Ripp	Something on a Stick Day 29 Morning Stretch in Activity Alley Catholic Church Sensory Group in Snoezelen Walking Group: What's New? Corndog Social in the Pub	National "Joe" Day 30 Stretching & Dynseo Trivia in the Pub Sloppy Joe Social in the Pub	
Balloon Ball Up Front Pet Therapy With Joy Movie Matinee							

*All activities are subject to change when necessary
Residents' families are invited to participate in community events.

Outing
Musical Activity
Happy Hour
Celebrate Wisconsin
Exercise