



# March

## Heritage Monona Enhanced Care Life Enrichment Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
		<h3>Wisconsin Health &amp; Fitness</h3>		<h3>Happy Birthday</h3> <p>Tony P. – 3/6 Rita B. – 3/13</p> 		<b>National Peanut Butter Cookie Day 1</b> 10:15 Catholic Church 11:00 Resident-Led Walk 2:00 Peanut Butter Cookie Social in the Pub	<b>National Dress in Blue Day 2</b> 10:15 Stretching & Trivia in the Pub 2:00 Blue Social in the Pub
<b>3</b> 10:00 Resident-Led Walk 1:30 Puzzle	<b>4</b> 10:00 Exercise 11:00 Dynseo Trivia in the Pub 2:30 Manicures with Music	<b>Fat Tuesday 5</b> 9:30 Outing to Rosie's Cafe 11:00 Dynseo Trivia in the Pub 1:30 Celebrating Mardi Gras 3:30 Resident Council Meeting	<b>6</b> 10:00 Exercise 11:00 Dynseo Trivia in the Pub 1:30 Bingo 3:00 Room Visits: Menus	<b>7</b> 10:00 Exercise 11:00 Dynseo Trivia in the Pub 1:30 Puzzle 3:00 Music in Monona: Tom Kastle	<b>National Oreo Day 8</b> 10:15 Catholic Church 11:00 Resident-Led Walk 2:00 Oreo Milkshake Social in the Pub	<b>9</b> 10:15 Stretching & Trivia in the Pub 2:00 Social in the Pub	
<b>10</b> 10:00 Resident-Led Walk 1:30 Puzzle	<b>11</b> 10:00 Exercise 11:00 Dynseo Trivia in the Pub 1:30 Arts & Crafts 2:30 Movie Matinee with Popcorn	<b>12</b> 10:00 Exercise 11:00 Dynseo Trivia in the Pub 1:30 Painting Group 2:30 Cards	<b>13</b> 10:00 Coffee & Donut Social 11:00 Dynseo Trivia in the Pub 1:30 Bingo 3:00 Dominos	<b>14</b> 10:00 Exercise 11:00 Dynseo Trivia in the Pub 1:30 Puzzle 3:00 Music in Monona: Dean's Blue Country	<b>15</b> 10:15 Catholic Church 11:00 Resident-Led Walk 2:00 St. Patrick's Day Party in the Pub	<b>16</b> 10:15 Stretching & Trivia in the Pub 2:00 Something Green Day Social in the Pub: Mint Chocolate Chip Ice Cream	
<b>17</b> 10:00 Resident-Led Walk 1:30 Puzzle	<b>18</b> 10:00 Exercise 11:00 Dynseo Trivia in the Pub 2:30 Manicures with Music	<b>19</b> 10:00 Exercise 11:00 Dynseo Trivia in the Pub 11:30 Lunch Outing to Fat Jack's 3:00 Room Visits: Menus	<b>20</b> 10:00 Exercise 11:00 Dynseo Trivia in the Pub 1:30 Monthly Birthday Party 3:00 Bingo Store	<b>21</b> 10:00 Exercise 11:00 Dynseo Trivia in the Pub 1:30 Puzzle 3:00 Music in Monona: Beth Wilson	<b>National Agricultural Day 22</b> 10:15 Catholic Church 11:00 Resident-Led Walk 2:00 Dirt Cake Social in the Pub	<b>National Spinach Dip Day 23</b> 10:15 Stretching & Trivia in the Pub 2:00 Chips & Spinach Dip Social in the Pub	
<b>24</b> 10:00 Resident-Led Walk 1:30 Puzzle	<b>25</b> 10:00 Exercise 11:00 Dynseo Trivia in the Pub 1:30 High Tea Social 2:30 Cards	<b>26</b> 10:00 Exercise 11:00 Dynseo Trivia in the Pub 1:30 Cooking Group: Healthy Snacks 2:00 Fitness Word Search 3:00 Trivia	<b>27</b> 10:00 Exercise 11:00 Dynseo Trivia in the Pub 1:30 Bingo 3:00 Yahtzee	<b>28</b> 10:00 Exercise 11:00 Dynseo Trivia in the Pub 1:30 Puzzle 3:00 Music in Monona: Chuck Ripp	<b>Something on a Stick Day 29</b> 10:15 Catholic Church 11:00 Resident-Led Walk 2:00 Corn Dog Social in the Pub	<b>National "Joe" Day 30</b> 10:15 Stretching & Trivia in the Pub 2:00 Sloppy Joe Slider Social in the Pub	
<b>31</b> 10:00 Resident-Led Walk 1:30 Puzzle							

\*All activities are subject to change when necessary

Residents' families are invited to participate in community events.

Outing
Musical Activity
Happy Hour  
Celebrate Wisconsin
Exercise