November

Heritage Monona Enhanced Care Life Enrichment Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Happy Bir Wes S. – 1: Joe G. – 11	1/14		Celebrating Wisconsin Sports	1 10:00 Exercise 11:00 Dynseo Trivia in the Pub 1:30 Puzzle 3:00 Music in Monona: Kane & Walker	National Deviled Egg Day 2 10:15 Catholic Church 11:00 Resident-Led Walk 2:00 "Egg" celent Social in the Pub	National Sandwich Day 3 10:15 Stretching & Dynseo Trivia in the Pub 2:00 Mini Sandwich Social in the Pub
10:00 Resident-Led Walk 1:30 Puzzle	10:00 Exercise 11:00 Dynseo Trivia in the Pub 2:00 Arts & Crafts 3:00 Coffee, Tea & Donut Social 3:30 Trivia	10:00 Exercise 11:00 Dynseo Trivia in the Pub 1:00 Barnes & Noble Outing: WI Sports Highlights 3:30 Cards	10:00 Exercise 11:00 Dynseo Trivia in the Pub 1:30 Bingo 3:00 Room Visits: Menus	10:00 Exercise 11:00 Dynseo Trivia in the Pub 1:30 Puzzle 3:00 Music in Monona: Russ Loniello	10:15 Catholic Church 11:00 Resident-Led Walk 2:00 Pumpkin Pie Social in the Pub	National Young Readers Day 10 10:15 Stretching & Dynseo Trivia in the Pub 2:00 Reading with Kids and Cookies in the Pub
10:00 Resident-Led Walk 1:30 Puzzle	10:00 Exercise 11:00 Dynseo Trivia in the Pub 2:30 Monday Manicures with Music	13 10:00 Exercise 11:00 Dynseo Trivia in the Pub 1:30 Baking Group: Apple Pie 2:15 Sports Team Word Search 2:30 How Many Sports Teams Can You Name?	10:00 Exercise 11:00 Dynseo Trivia in the Pub 1:30 Bingo 3:00 Yahtzee	10:00 Exercise 11:00 Dynseo Trivia in the Pub 1:30 Puzzle 3:00 Music in Monona: Patrick Christians	National Homemade Bread Day 16 10:15 Catholic Church 11:00 Resident-Led Walk 2:00 Homemade Bread Day Social in the Pub	17 10:15 Stretching & Dynseo Trivia in the Pub 2:00 UW vs Purdue: Tailgate Social in the Pub
10:00 Resident-Led Walk 1:30 Puzzle	19 10:00 Exercise 11:00 Dynseo Trivia in the Pub 2:00 Baking Group: Cake! 2:30 Thanksgiving Word Search 3:00 Monthly Birthday Party 3:30 Trivia	10:00 Exercise 11:00 Dynseo Trivia in the Pub 11:30 Lunch Outing to Coliseum Bar & Banquet 2:30 Painting Group	10:00 Exercise 11:00 Dynseo Trivia in the Pub 1:30 Group Crossword Puzzle 3:00 Bingo Store	Thanksgiving 22 10:15 Stretching & Dynseo Trivia in the Pub 2:00 Movie in the Pub: Charlie Brown's Thanksgiving	National Parfait Day 23 10:15 Catholic Church 11:00 Resident-Led Walk 2:00 Parfait Day Social in the Pub	10:15 Stretching & Dynseo Trivia in the Pub 2:00 UW vs Minnesota: Tailgate Social in the Pub
10:00 Resident-Led Walk 1:30 Puzzle	10:00 Exercise 11:00 Dynseo Trivia in the Pub 1:30 Monday Movie Matinee with Popcorn	10:00 Exercise 11:00 Dynseo Trivia in the Pub 1:30 Arts & Crafts 2:30 Cooking Group 3:30 Group Crossword Puzzle	10:00 Exercise 11:00 Dynseo Trivia in the Pub 1:30 Bingo 3:00 Cards	10:00 Exercise 11:00 Dynseo Trivia in the Pub 1:30 Puzzle 3:00 Music in Monona: Chuck Ripp	National French Toast Day 30 10:15 Catholic Church 11:00 Resident-Led Walk 2:00 French Toast Day Social in the Pub	

^{*}All activities are subject to change when necessary Residents' families are invited to participate in community events.





Exercise