



November

Heritage Monona Enhanced First Floor Life Enrichment Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Happy Birthday</p> <p>Phyliss T. – 11/4 Thelma J. – 11/13</p> 		 <p>Celebrating Wisconsin Sports</p>		<p>1</p> <p>10:00 Exercise 11:00 Dynseo Trivia (pub) 1:30 Relax on the Porch 2:30 Popcorn and Coffee (pub) 3:00 Music in Monona: Kane and Walker</p>	<p>2</p> <p>National Deviled Egg Day 10:15 Catholic Church 11:00 Resident-Led Walk 2:00 "Egg"cellent Social in Pub</p>	<p>3</p> <p>National Sandwich Day 10:15 Exercise/Dynseo (pub) 2:00 Cocktail Sandwiches in Pub 4:00 Adult Coloring</p>
<p>4</p> <p>2:30 Movie Matinee 4:00 Adult Coloring</p>	<p>5</p> <p>10:00 Exercise 11:00 Dynseo (pub) 2:30 Baking Club- Pumpkin Pie 3:00 Word Wars- Sports Names Word Flnds</p>	<p>6</p> <p>9:30 News at Nine 10:00 Exercise 11:00 Dynseo (pub) 1:30 Barnes and Noble Outing- Let's Read About Wisconsin's Finest Athletes 4:00 Walk</p>	<p>7</p> <p>10:00 Exercise 11:00 Dynseo (pub) 2:30 Adult Coloring 3:00 Bingo 6:00 Community Movie Night</p>	<p>8</p> <p>10:00 Exercise 11:00 Dynseo Trivia (pub) 1:30 Relax on the Porch 2:30 Popcorn and Coffee (pub) 3:00 Music in Monona Russ Loniello</p>	<p>9</p> <p>10:15 Catholic Church 11:00 Resident-Led Walk 2:00 Pumpkin Pie Social in the Pub</p>	<p>10</p> <p>National Young Readers Day 10:15 Exercise/Dynseo (pub) 2:00 Young Readers' Social in Pub with Cookies 4:00 Adult Coloring</p>
<p>11</p> <p>2:30 Movie Matinee 4:00 Adult Coloring</p>	<p>12</p> <p>Chicken Soup for the Soul Day 10:00 Exercise 11:00 Dynseo (pub) 2:30 Baking Club- Chicken Soup in the Bakery (Let's Read Chicken Soup For the Soul)</p>	<p>13</p> <p>9:30 News at Nine 10:00 Exercise 11:00 Dynseo (pub) 1:30 Creative Club: Fleece Blankets 4:00 Walk</p>	<p>14</p> <p>10:00 Exercise 11:00 Dynseo (pub) 2:30 Adult Coloring 3:00 Bingo 6:00 Community Movie Night</p>	<p>15</p> <p>10:00 Exercise 11:00 Dynseo Trivia (pub) 1:30 Relax on the Porch 2:30 Popcorn and Coffee (pub) 3:00 Music in Monona: Patrick Christians</p>	<p>16</p> <p>National Homemade Bread Day 10:15 Catholic Church 11:00 Resident-Led Walk 2:00 Homemade Bread Day Social in the Pub</p>	<p>17</p> <p>10:15 Exercise/Dynseo (pub) 2:00 UW vs. Purdue 4:00 Adult Coloring</p>
<p>18</p> <p>2:30 Movie Matinee 4:00 Adult Coloring</p>	<p>19</p> <p>10:00 Exercise 11:00 Dynseo (pub) 2:30 Baking Club- Pumpkin Pie 3:00 Word Wars- Sports Names Word Flnds</p>	<p>20</p> <p>9:30 News at Nine 10:00 Exercise 11:00 Coliseum Lunch Outing 4:00 Walk</p>	<p>21</p> <p>10:00 Exercise 11:00 Dynseo (pub) 2:30 Adult Coloring 3:00 Bingo 6:00 Community Movie Night</p>	<p>22</p> <p>Thanksgiving 10:15 Exercise/Dynseo (pub) 1:00-3:00 Thanksgiving Social in Pub- Charlie Brown's Thanksgiving, Popcorn and Turkey Cookies 4:00 Adult Coloring</p>	<p>23</p> <p>National Parfait Day 10:15 Catholic Church 11:00 Resident-Led Walk 2:00 Yogurt Parfait Social in Pub</p>	<p>24</p> <p>10:15 Exercise/Dynseo (pub) 2:00 UW vs. Minnesota 4:00 Adult Coloring</p>
<p>25</p> <p>2:30 Movie Matinee 4:00 Adult Coloring</p>	<p>26</p> <p>10:00 Exercise 11:00 Dynseo (pub) 2:30 Baking Club- Pumpkin Pie 3:00 Word Wars-</p>	<p>27</p> <p>9:30 News at Nine 10:00 Exercise 11:00 Dynseo (pub) 1:30 Creative Club: Fleece Blankets 4:00 Walk</p>	<p>28</p> <p>10:00 Exercise 11:00 Dynseo (pub) 2:30 Adult Coloring 3:00 Bingo 6:00 Community Movie Night</p>	<p>29</p> <p>10:00 Exercise 11:00 Dynseo Trivia (pub) 1:30 Relax on the Porch 2:30 Popcorn and Coffee (pub) 3:00 Music in Monona: Chuck Ripp</p>	<p>30</p> <p>National French Toast Day 10:15 Catholic Church 11:00 Resident-Led Walk 2:00 French Toast Social in Pub</p>	

*All activities are subject to change when necessary
Residents' families are invited to participate in community events.

Musical Activity Happy Hour
Celebrate Wisconsin Exercise