


November

Heritage Monona Assisted Living Life Enrichment Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Happy Birthday</p> <p>Janet A. – 11/4 Kate M. – 11/8 Mary H. – 11/25</p> <p>Jean W. – 11/27</p> 		 <p>Celebrating Wisconsin Sports</p>		<p>1</p> <p>10:45 Exercise 11:00 Dynseo Trivia in the Pub 1:30 Puzzle 3:00 Music in Monona: Kane & Walker</p>	<p>2</p> <p>National Deviled Egg Day 10:15 Catholic Church 11:00 Resident-Led Walk 2:00 "Egg"cellent Social in the Pub</p>	<p>3</p> <p>National Sandwich Day 10:15 Stretching & Dynseo Trivia in the Pub 2:00 Mini Sandwich Social in the Pub</p>
<p>4</p> <p>10:00 Resident-Led Walk 1:30 Puzzle</p>	<p>5</p> <p>10:45 Exercise 11:00 Dynseo Trivia in the Pub 1:30 Movie Matinee</p>	<p>6</p> <p>10:45 Exercise 11:00 Dynseo Trivia in the Pub 3:00 Bingo for Bucks</p>	<p>7</p> <p>10:45 Exercise 11:00 Dynseo Trivia in the Pub 3:00 Happy Hour</p>	<p>8</p> <p>10:45 Exercise 11:00 Dynseo Trivia in the Pub 1:30 Puzzle 3:00 Music in Monona: Russ Loniello</p>	<p>9</p> <p>10:15 Catholic Church 11:00 Resident-Led Walk 2:00 Pumpkin Pie Social in the Pub</p>	<p>10</p> <p>National Young Readers Day 10:15 Stretching & Dynseo Trivia in the Pub 2:00 Reading with Kids and Cookies in the Pub</p>
<p>11</p> <p>10:00 Resident-Led Walk 1:30 Puzzle</p>	<p>12</p> <p>10:45 Exercise 11:00 Dynseo Trivia in the Pub 11:30 Outing to Olive Garden</p>	<p>13</p> <p>10:45 Exercise 11:00 Dynseo Trivia in the Pub 3:00 Bingo for Bucks</p>	<p>14</p> <p>10:45 Exercise 11:00 Dynseo Trivia in the Pub 3:00 Happy Hour</p>	<p>15</p> <p>10:45 Exercise 11:00 Dynseo Trivia in the Pub 1:30 Puzzle 3:00 Music in Monona: Patrick Christians</p>	<p>16</p> <p>National Homemade Bread Day 10:15 Catholic Church 11:00 Resident-Led Walk 2:00 Homemade Bread Day Social in the Pub</p>	<p>17</p> <p>10:15 Stretching & Dynseo Trivia in the Pub 2:00 UW vs Purdue: Tailgate Social in the Pub</p>
<p>18</p> <p>10:00 Resident-Led Walk 1:30 Puzzle</p>	<p>19</p> <p>10:45 Exercise 11:00 Dynseo Trivia in the Pub 1:30 Movie Matinee</p>	<p>20</p> <p>10:45 Exercise 11:00 Dynseo Trivia in the Pub 3:00 Bingo for Bucks</p>	<p>21</p> <p>10:45 Exercise 11:00 Dynseo Trivia in the Pub 3:00 Happy Hour</p>	<p>22</p> <p>Thanksgiving 10:15 Stretching & Dynseo Trivia in the Pub 2:00 Movie in the Pub: Charlie Brown's Thanksgiving</p>	<p>23</p> <p>National Parfait Day 10:15 Catholic Church 11:00 Resident-Led Walk 2:00 Parfait Day Social in the Pub</p>	<p>24</p> <p>10:15 Stretching & Dynseo Trivia in the Pub 2:00 UW vs Minnesota: Tailgate Social in the Pub</p>
<p>25</p> <p>10:00 Resident-Led Walk 1:30 Puzzle</p>	<p>26</p> <p>10:45 Exercise 11:00 Dynseo Trivia in the Pub 2:00 Outing to Shopko</p>	<p>27</p> <p>10:45 Exercise 11:00 Dynseo Trivia in the Pub 3:00 Bingo Store</p>	<p>28</p> <p>10:45 Exercise 11:00 Dynseo Trivia in the Pub 3:00 Happy Hour</p>	<p>29</p> <p>10:45 Exercise 11:00 Dynseo Trivia in the Pub 1:30 Puzzle 3:00 Music in Monona: Chuck Ripp</p>	<p>30</p> <p>National French Toast Day 10:15 Catholic Church 11:00 Resident-Led Walk 2:00 French Toast Day Social in the Pub</p>	

*All activities are subject to change when necessary
Residents' families are invited to participate in community events.

Musical Activity Happy Hour
Celebrate Wisconsin Exercise