



September

Heritage Monona Assisted Living Life Enrichment Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>Celebrating Wisconsin Companies</i></p> 		<p>Happy Birthday</p>  <p>Tom K. – 9/9 John S. – 9/12</p>			<p>1</p> <p>10:15 Exercise/Dynseo in the Pub 2:30 Cherry Pie/Popover Social in the Pub 4:00 Adult Coloring</p>	
<p>2</p> <p>10:15 Resident-Led Exercise 2:30 Movie Matinee</p>	<p>3</p> <p>10:45 Exercise 11:00 Dynseo (pub) 1:15 Outing to Kohl's</p>	<p>4</p> <p>10:45 Exercise 11:00 Dynseo (pub) 3:00 Bingo for Bucks</p>	<p>5</p> <p>10:45 Exercise 11:00 Dynseo (pub) 3:00 Happy Hour</p>	<p>6</p> <p>10:45 Exercise 11:00 Dynseo (pub) 3:00 Music in Monona: Bahama Bob</p>	<p>7</p> <p>National Cheese Pizza Day 10:15 Catholic Church 11:00 Resident-Led Walk 1:30 Word Search 2:00 Cheese Pizza Social in the Pub</p>	<p>8</p> <p>Grandparents Day 10:15 Exercise/Dynseo in the Pub 2:30 Grandparents Happy Hour 4:00 Adult Coloring</p>
<p>9</p> <p>10:15 Resident-Led Exercise 2:30 Movie Matinee</p>	<p>10</p> <p>10:45 Exercise 11:00 Dynseo (pub) 1:15 Outing to Target</p>	<p>11</p> <p>10:45 Exercise 11:00 Dynseo (pub) 1:30 Resident Council 3:00 Bingo for Bucks</p>	<p>12</p> <p>10:45 Exercise 11:00 Dynseo (pub) 3:00 Happy Hour</p>	<p>13</p> <p>10:45 Exercise 11:00 Dynseo (pub) 3:00 Music in Monona: Gemini Entertainment</p>	<p>14</p> <p>National Chocolate Shake Day 10:15 Catholic Church 11:00 Resident-Led Walk 1:30 Word Search 2:00 Chocolate Shake Social</p>	<p>15</p> <p>10:15 Exercise/Dynseo in the Pub 2:30 UW vs. BYU Tailgate Party (pub) 4:00 Adult Coloring</p>
<p>16</p> <p>10:15 Resident-Led Exercise 2:30 Movie Matinee</p>	<p>17</p> <p>10:45 Exercise 11:00 Dynseo (pub) 12:00 Lunch Outing at Culver's 2:00 Card Games</p>	<p>18</p> <p>10:45 Exercise 11:00 Dynseo (pub) 3:00 Bingo for Bucks</p>	<p>19</p> <p>10:45 Exercise 11:00 Dynseo (pub) 3:00 Monthly Birthday Party</p>	<p>20</p> <p>10:45 Exercise 11:00 Dynseo (pub) 3:00 Music in Monona: Beth Wilson</p>	<p>21</p> <p>National Miniature Golf Day 10:15 Catholic Church 11:00 Resident-Led Walk 1:30 Word Search 2:00 9th Hole Social</p>	<p>22</p> <p>National Checkers Day 10:15 Exercise/Dynseo in the Pub 2:30 Checkers Tournament with Trophy Ceremony to Follow(pub) 4:00 Adult Coloring</p>
<p>23</p> <p>10:15 Resident-Led Exercise 2:30 Movie Matinee</p>	<p>24</p> <p>10:45 Exercise 11:00 Dynseo (pub) 1:15 Outing to Shopko 3:00 Card Games</p>	<p>25</p> <p>10:45 Exercise 11:00 Dynseo (pub) 1:30 Harley Davidson Presentation-115th Anniversary 3:00 Bingo Store</p>	<p>26</p> <p>10:45 Exercise 11:00 Dynseo (pub) 3:00 Happy Hour w/ Michelle (pub)</p>	<p>27</p> <p>10:45 Exercise 11:00 Dynseo (pub) 3:00 Music in Monona: Chuck Ripp</p>	<p>28</p> <p>National Root Beer Float Day 10:15 Catholic Church 11:00 Resident-Led Walk 1:30 Word Search 2:00 Root Beer Float Social</p>	<p>29</p> <p>10:15 Exercise/Dynseo in the Pub 2:00 Movie Matinee - Grumpy Old Men (pub) 4:00 Adult Coloring</p>
<p>30</p> <p>10:15 Resident-Led Exercise 2:30 Movie Matinee</p>						

*All activities are subject to change when necessary
Residents' families are invited to participate in community events.

Musical Activity Happy Hour/Social
Celebrate Wisconsin Exercise Outing