

# September

## Heritage Middleton Enhanced/Memory Care Life Enrichment Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:00 Bethel Lutheran on TV 10:30 Courtyard Club 11:00 Dynseo 1:00 1:1 Room Visits 2:00 Matinee Movie 4:00 Puzzle Club	2 <b>Labor Day</b> 10:00 Courtyard Club 11:00 Dynseo 1:00 The Art of Design: Illustration (Theater) 2:00 Calm Coloring 3:00 Packer Memories 4:00 Heritage Hikers	3 9:15 Exercise 10:00 Courtyard Club 11:00 Dynseo 1:00 1:1 Room Visits 2:00 Flower Arrangements 3:00 Knits and Wits 4:00 Roll and Stroll	4 9:15 Exercise 10:00 Courtyard Club 11:00 Dynseo 1:00 1:1 Room Visits 2:00 Manicures 3:00 Snoezelen Stories 4:00 Heritage Hikers	5 9:15 Exercise 10:00 Music with Kim 11:00 Dynseo 1:00 Painter's Palette: Packers 2:30 Capitol Club Concert: Jim Hetzel 4:00 Roll and Stroll 7:20 Packers vs Bears	6 9:15 Exercise 10:00 Courtyard Club 11:00 Baking Bunch: Brewer Baseballs 1:00 1:1 Room Visits 2:00 Melon Sangria Happy Hour (Capitol Club)	7 10:00 Balloon Volleyball 10:30 Courtyard Club 11:00 Dynseo 1:00 1:1 Room Visits 2:30 Badgers vs Central Michigan 6:00 News and Wheel of Fortune
8 10:00 Bethel Lutheran on TV 10:30 Courtyard Club 11:00 Dynseo 1:00 1:1 Room Visits 2:00 Matinee Movie 4:00 Puzzle Club	9 10:00 Courtyard Club 11:00 Dynseo 1:00 The Art of Design: Footwear (Theater) 2:00 Calm Coloring 3:00 Badger Memories 4:00 Heritage Hikers	10 9:15 Exercise 10:00 Pet Therapy with Harper 11:00 Dynseo 1:00 1:1 Room Visits 2:00 Flower Arrangements 3:00 Knits and Wits 4:00 Roll and Stroll	11 9:30 Bus Trip: Sports of Madison 10:00 Courtyard Club 11:00 Dynseo 1:00 1:1 Room Visits 2:00 Manicures 3:00 Snoezelen Stories 4:00 Heritage Hikers	12 9:15 Exercise 10:00 Courtyard Club 11:00 Dynseo 1:00 Painter's Palette: Bucky 2:30 Capitol Club Concert: Rob Tomaro 4:00 Roll and Stroll	13 9:15 Exercise 10:00 Courtyard Club with Cashmere 11:00 Baking Bunch: Football Cupcakes 1:00 1:1 Room Visits 2:00 Summer Cupcake Happy Hour (Capitol Club)	14 10:00 Balloon Volleyball 10:30 Courtyard Club 11:00 Dynseo 1:30 Men of Blackhawk Choir 6:00 News and Wheel of Fortune
15 10:00 Bethel Lutheran on TV 10:30 Courtyard Club 11:00 Dynseo 12:00 Packers vs Vikings 1:00 1:1 Room Visits 2:00 Matinee Movie 4:00 Puzzle Club	16 10:00 Courtyard Club 11:00 Dynseo 1:00 The Art of Design: Stage Design (Theater) 2:00 Calm Coloring 3:00 Brewer Memories 4:00 Heritage Hikers	17 9:15 Exercise 10:00 Courtyard Club 11:00 Dynseo 1:00 1:1 Room Visits 2:00 Flower Arrangements 3:00 Knits and Wits 4:00 Roll and Stroll	18 9:15 Exercise 10:00 Music with Kim 11:00 Dynseo 1:00 1:1 Room Visits 2:00 Manicures 3:00 Snoezelen Stories 4:00 Heritage Hikers	19 9:15 Exercise 10:00 Pet Therapy with Harper 11:00 Dynseo 1:00 Painter's Palette: Brewers 3:00 Capitol Club Concert: Michael Gruber	20 9:15 Exercise 10:00 Intergenerational Music with Mazer Music (Capitol Club) 11:00 Baking Bunch: Packer Cookies 1:00 1:1 Room Visits 2:00 Summer Send-Off Happy Hour (Capitol Club)	21 10:00 Balloon Volleyball 10:30 Courtyard Club 11:00 Badgers vs Michigan 1:00 1:1 Room Visits 2:00 Dynseo 6:00 News and Wheel of Fortune
22 10:00 Bethel Lutheran on TV 10:30 Courtyard Club 11:00 Dynseo 12:00 Packers vs Broncos 1:00 1:1 Room Visits 2:00 Matinee Movie 4:00 Puzzle Club	23 <b>Autumn Equinox</b> 10:00 Courtyard Club 11:00 Dynseo 1:00 The Art of Design: Architecture (Theater) 2:00 Calm Coloring 3:00 Bucks Memories 4:00 Heritage Hikers	24 9:15 Exercise 10:00 Courtyard Club 11:00 Dynseo 1:00 1:1 Room Visits 2:00 Flower Arrangements 3:00 Knits and Wits 4:00 Roll and Stroll	25 9:15 Exercise 10:00 Courtyard Club 11:00 Communion with Peg and Darcy 1:00 1:1 Room Visits 2:00 Manicures 3:00 Snoezelen Stories 4:00 Heritage Hikers	26 9:30 Movin' and Groovin' 10:00 Courtyard Club 11:00 Dynseo 1:00 Painter's Palette: Stadiums 2:30 Capitol Club Concert: Northern Comfort 4:00 Roll and Stroll 7:20 Packers vs Eagles	27 9:30 Movin' and Groovin' 10:00 Courtyard Club with Cashmere 11:00 Heritage Hounds with Tormund 1:00 1:1 Room Visits 2:00 Chili Cook-Off with Bucky Badger (Capitol Club)	28 10:00 Balloon Volleyball 10:30 Courtyard Club 11:00 Dynseo 1:00 1:1 Room Visits 6:00 News and Wheel of Fortune TBD Badgers vs. Northwestern
29 10:00 Bethel Lutheran on TV 10:30 Courtyard Club 11:00 Dynseo 1:00 1:1 Room Visits 2:00 Matinee Movie 4:00 Puzzle Club	30 9:15 Exercise: Hockey 10:00 Courtyard Club 11:00 Dynseo 1:00 The Art of Design: Automotive (Theater) 2:00 Calm Coloring 3:00 High School Sport Memories 4:00 Heritage Hikers	<p><i>Celebrating Wisconsin Sports</i></p> 		<p><b>Happy Birthday</b></p>  <p>Judy C. – 9/14 Cindy T. – 9/16 Harland S. – 9/30</p>		

\*All activities are subject to change when necessary

Residents' families are invited to participate in community events.

Musical Activity

Knits and Wits

Celebrate Wisconsin

Pet Therapy