

September

Heritage Middleton Assisted Living Life Enrichment Calendar

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|---|---|---|--|
| 1 8:20 Bus Pickup for Church: St. Luke's & St. Bernard** 10:00 Bethel Lutheran on TV (CDR) 1:00 1:1 Room Visits 2:00 Matinee Movie 6:00 Resident-Led Puzzle Club | Labor Day 2 9:15 Heritage Hikers 10:00 Exercise: Football 10:30 Feet to the Fire Group 1:00 Wii Games 2:00 Furniture Restoration Group 3:30 The Art of Design: Illustration (Theater) 6:00 Resident-Led Euchre | 3 9:15 Heritage Hikers 10:00 Exercise 10:00 Catholic Communion (PDR) 11:00 Book Club 1:00 Flower Arrangements 2:00 1:1 Room Visits 3:00 Resident Council Meeting 6:00 Resident-Led Bridge | 4 9:15 Heritage Hikers 10:00 Exercise with Lessila 10:00 Bus Outing: Pick N' Save 1:00 Manicures 2:00 1:1 Room Visits 3:00 Bingo 6:00 Resident-Led Scrabble | 5 9:15 Heritage Hikers 10:00 Exercise 10:45 Bible Study (CDR) 11:00 Painter's Palette: Brewers 1:00 Sporty Card Making with Shirley 2:30 Capitol Club Performance: Jim Hetzel | 6 9:15 Heritage Hikers 10:00 Exercise 11:00 Chats and Challenges: Sports Trivia and Events 1:00 1:1 Room Visits 2:00 Melon Sangria Happy Hour (Capitol Club) | 7 10:00 Exercise 1:00 1:1 Room Visits 2:00 Crossword Club 6:45 Movie Night in the Theater |
| 8 8:20 Bus Pickup for Church: St. Luke's & St. Bernard** 10:00 Bethel Lutheran on TV (CDR) 10:00 1:1 Room Visits 2:00 Matinee Movie 6:00 Resident-Led Puzzle Club | 9 9:15 Heritage Hikers 10:00 Exercise: Volleyball 10:30 Feet to the Fire Group 1:00 Wii Games 2:00 Furniture Restoration Group 3:30 The Art of Design: Footwear (Theater) 6:00 Resident-Led Checkers | 10 9:15 Heritage Hikers 10:00 Exercise 10:30 Pet Therapy with Harper 11:00 Book Club 1:00 Learn Spanish 6 (CDR) 2:00 1:1 Room Visits 3:00 Flower Arrangements 6:00 Resident-Led Bridge | 11 9:15 Heritage Hikers 10:00 Exercise with Lessila 1:00 Manicures 2:00 1:1 Room Visits 3:00 Bingo 6:00 Resident-Led Scrabble | 12 9:15 Heritage Hikers 10:00 Exercise 10:45 Bible Study (CDR) 11:00 Painter's Palette: Packers 1:00 Word Games 2:30 Capitol Club Performance: Rob Tomaro 6:00 Resident-Led Boggle | 13 9:15 Heritage Hikers 10:00 Exercise 10:30 Pet Therapy with Cashmere 11:00 Chats and Challenges 1:00 1:1 Room Visits 2:00 Summer Cupcake Happy Hour (Capitol Club) | 14 10:00 Exercise 1:00 1:1 Room Visits 1:30 Men of Blackhawk Choir 6:45 Movie Night in the Theater |
| 15 8:20 Bus Pickup for Church: St. Luke's & St. Bernard** 10:00 Bethel Lutheran on TV (CDR) 10:00 1:1 Room Visits 2:00 Matinee Movie 6:00 Resident-Led Puzzle Club | 16 9:15 Heritage Hikers 10:00 Exercise: Basketball 10:30 Feet to the Fire Group 1:00 Wii Games 2:00 Furniture Restoration Group 3:30 The Art of Design: Stage Design (Theater) 6:00 Resident-Led Euchre | 17 9:15 Heritage Hikers 10:00 Exercise 10:00 Catholic Communion (PDR) 11:00 Book Club 1:00 Learn Spanish 6.5 (CDR) 2:00 1:1 Room Visits 3:00 Flower Arrangements 6:00 Resident-Led Bridge | 18 9:15 Heritage Hikers 10:00 Exercise with Lessila 10:00 Bus Outing: Pick N' Save 1:00 Manicures 2:00 1:1 Room Visits 3:00 Bingo 6:00 Resident-Led Scrabble | 19 9:15 Heritage Hikers 10:00 Exercise 10:30 Pet Therapy with Harper 10:45 Bible Study (CDR) 11:00 Painters Palette: Bucky 1:00 Word Games 3:00 Capitol Club Concert: Michael Gruber | 20 9:15 Heritage Hikers 10:00 Exercise 10:00 Intergenerational Music with Mazer Music (Capitol Club) 11:00 Chats and Challenges 1:00 1:1 Room Visits 2:00 Summer Send Off Happy Hour (Capitol Club) | 21 10:00 Exercise 1:00 1:1 Room Visits 2:00 Crossword Club 6:45 Movie Night in the Theater |
| 22 8:20 Bus Pickup for Church: St. Luke's & St. Bernard** 10:00 Bethel Lutheran on TV (CDR) 10:00 1:1 Room Visits 2:00 Matinee Movie 6:00 Resident-Led Puzzle Club | Autumnal Equinox 23 9:15 Heritage Hikers 10:00 Exercise: Baseball 10:30 Feet to the Fire Group 1:00 Wii Games 2:00 Furniture Restoration Group 3:30 The Art of Design: Architecture (Theater) 6:00 Resident-Led Checkers | 24 9:15 Heritage Hikers 10:00 Exercise 11:00 Book Club 1:00 Learn to Speak Spanish 7 (CDR) 2:00 1:1 Room Visits 3:00 Flower Arrangements 6:00 Resident-Led Bridge | 25 9:30 Bus Trip: Sports of Madison 10:00 Exercise with Lessila 1:00 Manicures 2:00 1:1 Room Visits 3:00 Bingo 4:00 Meet and Greet: Director of Nursing and Executive Chef 6:00 Veteran Benefit Talk (CDR) | 26 9:15 Heritage Hikers 10:00 Exercise 10:45 Bible Study (CDR) 11:00 Painters Palette: Stadiums 1:00 Word Games 2:30 Capitol Club Concert: Northern Comfort 6:00 Resident-Led Boggle | 27 9:15 Heritage Hikers 10:00 Exercise 10:30 Pet Therapy with Cashmere 11:00 Chats and Challenges 1:00 1:1 Room Visits 2:00 Chili Cook-Off with Bucky Badger (Capitol Club) | 28 10:00 Exercise 1:00 1:1 Room Visits 2:00 Crossword Club 6:45 Movie Night in the Theater |
| 29 8:20 Bus Pickup for Church: St. Luke's & St. Bernard** 10:00 Bethel Lutheran on TV (CDR) 10:00 1:1 Room Visits 2:00 Matinee Movie 6:00 Resident-Led Puzzle Club | 30 9:15 Heritage Hikers 10:00 Exercise: Hockey 10:30 Feet to the Fire Group 1:00 Wii Games 2:00 Furniture Restoration Group 3:30 The Art of Design: Automotive (Theater) 6:00 Resident-Led Euchre | Celebrating Wisconsin Sports | | Happy Birthday Richard M. – 9/6 | | |



*All activities are subject to change when necessary

Residents' families are invited to participate in community events.

Musical Activity

Furniture Restoration Group

Celebrate Wisconsin

Exercise