

# August

## Heritage Middleton Assisted Living Life Enrichment Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<i>Celebrating WI Fairs &amp; Festivals</i>	<b>Happy Birthday</b> Wilma S. – 8/26 		<b>9:15 Heritage Hikers</b> <b>10:00 Exercise</b> <b>10:45 Bible Study (CDR)</b> <b>11:00 Craft Corner: Cotton Candy</b> <b>1:00 Word Games</b> <b>3:00 Capitol Club Concert: Michael Gruber</b> <b>6:00 Resident Led Boggle</b>	<b>9:15 Heritage Hikers</b> <b>10:00 Exercise</b> <b>11:00 Chats and Challenges</b> <b>1:00 1:1 Room Visits</b> <b>2:00 "Whatever Floats" Your Boat Happy Hour (Capitol Club)</b>	<b>11:00 Exercise</b> <b>1:00 1:1 Room Visits</b> <b>2:00 Crossword Club</b> <b>6:45 Movie Night in the Theater: Murder Mystery</b>
<b>8:20 Bus Pickup for Church: St. Luke's &amp; St. Bernard**</b> <b>10:00 Bethel Lutheran on TV (CDR)</b> <b>1:00 1:1 Room Visits</b> <b>2:00 Matinee Movie: The Stray</b> <b>6:00 Puzzle Club**</b>	<b>9:15 Heritage Hikers</b> <b>10:00 Exercise</b> <b>10:30 Feet to the Fire Group</b> <b>1:00 Wii Games</b> <b>2:00 1:1 Room Visits</b> <b>3:30 Frozen Planet: Spring (Theater)</b> <b>6:00 Euchre**</b>	<b>9:15 Heritage Hikers</b> <b>10:00 Exercise</b> <b>10:00 Catholic Communion (PDR)</b> <b>11:00 Book Club</b> <b>1:00 Flower Arrangements</b> <b>2:00 1:1 Room Visits</b> <b>3:00 Resident Council Meeting</b> <b>6:00 Bridge**</b>	<b>9:15 Heritage Hikers</b> <b>10:00 Exercise with Lessila</b> <b>10:00 Bus Outing: Pick N' Save</b> <b>1:00 Manicures</b> <b>2:00 1:1 Room Visits</b> <b>3:00 Bingo</b> <b>6:00 Scrabble**</b>	<b>9:15 Heritage Hikers</b> <b>10:00 Exercise</b> <b>10:45 Bible Study (CDR)</b> <b>11:00 Painting: State Fairgrounds</b> <b>1:00 Word Games</b> <b>2:30 Capitol Club Concert: Northern Comfort</b> <b>6:00 Boggle**</b>	<b>9:15 Heritage Hikers</b> <b>10:00 Exercise</b> <b>10:30 Pet Therapy with Cashmere</b> <b>11:00 Chats and Challenges</b> <b>1:00 1:1 Room Visits</b> <b>2:00 S'mores Happy Hour (Capitol Club)</b>	<b>11:00 Exercise</b> <b>1:00 1:1 Room Visits</b> <b>2:00 Crossword Club</b> <b>6:45 Movie Night in the Theater: Lady in the Water</b>
<b>8:20 Bus Pickup for Church: St. Luke's &amp; St. Bernard**</b> <b>10:00 Bethel Lutheran on TV (CDR)</b> <b>10:00 1:1 Room Visits</b> <b>2:00 Matinee Movie: Mary Poppins Returns</b> <b>6:00 Puzzle Club**</b>	<b>9:15 Heritage Hikers</b> <b>10:00 Exercise</b> <b>10:30 Feet to the Fire Group</b> <b>1:00 Wii Games</b> <b>2:00 1:1 Room Visits</b> <b>3:30 Frozen Planet: Summer (Theater)</b> <b>6:00 Euchre**</b>	<b>9:15 Heritage Hikers</b> <b>10:00 Exercise</b> <b>10:30 Pet Therapy with Harper</b> <b>11:00 Book Club</b> <b>1:00 Learn Spanish 3 (CDR)</b> <b>2:00 1:1 Room Visits</b> <b>3:00 Flower Arrangements</b> <b>6:00 Bridge**</b>	<b>9:00 Bus Trip to Vilas Zoo</b> <b>10:00 Exercise with Lessila</b> <b>1:00 Manicures</b> <b>2:00 1:1 Room Visits</b> <b>3:00 Bingo</b> <b>6:00 Scrabble**</b>	<b>9:15 Heritage Hikers</b> <b>10:00 Exercise</b> <b>10:45 Bible Study (CDR)</b> <b>11:00 Craft Corner</b> <b>1:00 Word Games</b> <b>2:30 Capitol Club Concert: Steve Doiel</b> <b>6:00 Boggle**</b>	<b>9:15 Heritage Hikers</b> <b>10:00 Exercise</b> <b>10:00 Intergenerational Music with Mazer Music (Capitol Club)</b> <b>11:00 Chats and Challenges</b> <b>1:00 1:1 Room Visits</b> <b>2:00 Carnival Foods Happy Hour (Capitol Club)</b>	<b>11:00 Exercise</b> <b>1:00 1:1 Room Visits</b> <b>2:00 Crossword Club</b> <b>6:45 Movie Night in the Theater: Music and Lyrics</b>
<b>8:20 Bus Pickup for Church: St. Luke's &amp; St. Bernard**</b> <b>10:00 Bethel Lutheran on TV (CDR)</b> <b>1:00 1:1 Room Visits</b> <b>2:00 Matinee Movie: Hitchhiker's Guide to the Galaxy</b> <b>6:00 Puzzle Club**</b>	<b>9:15 Heritage Hikers</b> <b>10:00 Exercise</b> <b>10:30 Feet to the Fire Group</b> <b>1:00 Wii Games</b> <b>2:00 1:1 Room Visits</b> <b>3:30 Frozen Planet: Autumn (Theater)</b> <b>6:00 Euchre**</b>	<b>9:15 Heritage Hikers</b> <b>10:00 Exercise</b> <b>10:00 Catholic Communion (PDR)</b> <b>11:00 Book Club</b> <b>1:00 Learn Spanish 4 (CDR)</b> <b>2:00 1:1 Room Visits</b> <b>3:00 Flower Arrangements</b> <b>6:00 Bridge**</b>	<b>9:15 Heritage Hikers</b> <b>10:00 Exercise with Lessila</b> <b>10:00 Bus Outing: Pick N' Save</b> <b>1:00 Manicures</b> <b>2:00 1:1 Room Visits</b> <b>3:00 Bingo</b> <b>6:00 Scrabble**</b>	<b>9:15 Heritage Hikers</b> <b>10:00 Exercise</b> <b>10:45 Bible Study (CDR)</b> <b>11:00 Painters Palette</b> <b>1:00 Word Games</b> <b>4:00 Hub's Hoedown (Parking Lot)</b> <b>6:00 Boggle**</b>	<b>9:15 Heritage Hikers</b> <b>10:00 Exercise</b> <b>10:30 Pet Therapy with Cashmere</b> <b>11:00 Chats and Challenges</b> <b>1:00 1:1 Room Visits</b> <b>2:00 Creamsicle Happy Hour (Capitol Club)</b>	<b>11:00 Exercise</b> <b>1:00 1:1 Room Visits</b> <b>2:00 Crossword Club</b> <b>6:45 Movie Night in the Theater: My Perfect Romance</b>
<b>8:20 Bus Pickup for Church: St. Luke's &amp; St. Bernard**</b> <b>10:00 Bethel Lutheran on TV (CDR)</b> <b>1:00 1:1 Room Visits</b> <b>2:00 Matinee Movie: Into the Spiderverse</b> <b>6:00 Puzzle Club**</b>	<b>9:15 Heritage Hikers</b> <b>10:00 Exercise</b> <b>10:30 Feet to the Fire Group</b> <b>1:00 Wii Games</b> <b>2:00 1:1 Room Visits</b> <b>3:30 Frozen Planet: Winter (Theater)</b> <b>6:00 Euchre**</b>	<b>9:15 Heritage Hikers</b> <b>10:00 Exercise</b> <b>10:30 Pet Therapy with Harper</b> <b>11:00 Book Club</b> <b>1:00 Learn Spanish 5 (CDR)</b> <b>2:00 1:1 Room Visits</b> <b>3:00 Flower Arrangements</b> <b>6:00 Bridge**</b>	<b>9:15 Heritage Hikers</b> <b>10:00 Exercise with Lessila</b> <b>11:00 Craft Corner</b> <b>1:00 Manicures</b> <b>2:00 1:1 Room Visits</b> <b>3:00 Bingo</b> <b>6:00 Scrabble**</b>	<b>9:15 Heritage Hikers</b> <b>10:00 Exercise</b> <b>10:45 Bible Study (CDR)</b> <b>11:00 Painters Palette</b> <b>1:00 Word Games</b> <b>2:30 Capitol Club Concert: Jim Hetzel</b> <b>6:00 Boggle**</b>	<b>9:15 Heritage Hikers</b> <b>11:00 Chats and Challenges</b> <b>1:00 1:1 Room Visits</b> <b>2:00 Badger Football Kickoff with Tom Kastle (Capitol Club)</b> <b>6:00 Badgers vs USF (CDR)</b>	<b>11:00 Exercise</b> <b>1:00 1:1 Room Visits</b> <b>2:00 Crossword Club</b> <b>6:45 Movie Night in the Theater: The Ugly Truth</b>

\*All activities are subject to change when necessary \*\* Resident-Led Activity  
Residents' families are invited to participate in community events.

Musical Activity    Pet Therapy  
Celebrate Wisconsin    Exercise