



# December

## Heritage Elm Grove Assisted Living Life Enrichment Calendar

### Recurring Activities

Keepin' Fit Daily at 11:15 a.m.  
Hot Cocoa Social Sundays at 2 p.m.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	 <h3 style="text-align: center;">Celebrating Wisconsin Holiday Traditions</h3>				<h3>Happy Birthday</h3> <div style="display: flex; justify-content: space-between;"> <div> <p>Bill H. 12/1 Rhoda P. 12/2 Lorraine P. 12/3 Arlene H. 12/11 Marcie B. 12/17</p> </div> <div style="text-align: center;">  </div> <div> <p>Susanna Z. 12/18 Ervin O. 12/22 Velma K. 12/22 Gloria S. 12/24 Shirley G. 12/24 Barbara P. 12/28</p> </div> </div>	
<p>2</p> <p>9:00 Mass on TV 10:00 Inspirational Moments 11:15 Keepin' Fit 1:00 Heritage Hikers 2:00 Hot Cocoa Bar Social 3:00 Bingo 6:30 Rummy</p>	<p>3</p> <p>9:30 Inspirational Moments w/ Duane Tweeton 10:30 Bible Study w/ Bob 11:15 Keepin' Fit 1:30 Ministry w/ Mich 3:00 Jewelry Making 6:00 Gary Wendorf Performs</p>	<p>4</p> <p>10:30 Heritage Hustle 1:15 Rosary and Communion 1:30 Heritage Hikers 2:00 Happy Hour 3:00 Bingo 6:30 Balloon Volleyball</p>	<p>5</p> <p>10:00 Art w/ Maria &amp; Megan 11:15 Keepin' Fit 1:00 Heritage Hikers 2:00 Barry Bryan Performs 3:00 Dynseo 3:30 Short Stories by the Fire 6:00 Topics w/ Todd</p>	<p>6</p> <p>10:00 Trip to the Dollar Store 10:00 Glee Club 11:15 Keepin' Fit 1:00 Heritage Hikers 2:00 Happy Hour 3:00 Bingo 6:30 Puzzle Mania</p>	<p>7</p> <p>10:00 Bakery Friday &amp; Coffee 11:15 Keepin' Fit 1:30 Ministry w/ Mich 2:00 Making Chocolate Candies 3:00 TGIF Happy Hour 6:30 Movie</p>	<p>8</p> <p>10:00 Keepin' Fit (MC) 10:30 Balloon Volleyball 11:15 Keepin' Fit (AL) 1:00 Heritage Hikers 2:00 Snacks &amp; Wheel of Fortune 3:00 Bunco 6:30 Adult Coloring</p>
<p>9</p> <p>9:00 Mass on TV 10:00 Inspirational Moments 11:15 Keepin' Fit 12:00 Packers vs. Dolphins 1:00 Heritage Hikers 2:00 Hot Cocoa Bar Social 3:00 Bingo 6:30 Rummy</p>	<p>10</p> <p>10:00 Grandma's Daycare Visits 11:15 Keepin' Fit 1:30 Ministry w/ Mich 2:00 Heritage Hikers 2:15 Making a gingerbread house 3:00 Life Enrichment Council 6:00 Gary Wendorf Performs</p>	<p>11</p> <p>10:30 Heritage Hustle 1:15 Rosary and Communion 1:30 Heritage Hikers 2:00 Happy Hour 3:00 Bingo 6:30 Balloon Volleyball</p>	<p>12</p> <p>10:00 Heritage Hounds (MC) 11:15 Keepin' Fit 1:00 Heritage Hikers 2:00 Christmas Carols w/ the management staff 3:30 Holiday Wheel of Fortune 6:00 Country Springs Christmas Lights</p>	<p>13</p> <p>9:30 Keepin' Fit 10:30 Johnny More Performs 1:00 Heritage Hikers 2:00 Happy Hour 3:00 Bingo 6:30 Puzzle Mania</p>	<p>14</p> <p>10:00 Bakery Friday &amp; Coffee 11:15 Keepin' Fit 1:30 Mass w/ Father Terry 1:30 Ministry w/ Mich 2:00 Heritage Hikers 2:30 Glitz &amp; Glamour w/ Chica 3:00 TGIF Happy Hour 6:20 Movie: The Santa Claus"</p>	<p>15</p> <p>10:00 Keepin' Fit (MC) 10:30 Balloon Volleyball 11:15 Keepin' Fit (AL) 1:00 Heritage Hikers 1:40 Midday Matinee: "Toy Story" 2:00 Pokeno 6:30 Adult Coloring</p>
<p>16</p> <p>9:00 Mass on TV 10:00 Inspirational Moments 11:15 Keepin' Fit 1:00 Heritage Hikers 2:00 Hot Cocoa Bar Social 3:00 Bingo 6:30 Rummy</p>	<p>17</p> <p>10:30 Bible Study w/ Bob 11:15 Keepin' Fit 1:30 Misitry w/ Mich 2:30 Heritage Hikers 2:30 Pennies In 2:00 Making Chocolate Candies 6:00 Gary Wendorf Performs</p>	<p>18</p> <p>10:15 Snapdragon Flower Class 10:30 Heritage Hustle 1:15 Rosary and Communion 1:30 Heritage Hikers 2:00 Happy Hour 3:00 Bingo 6:30 Balloon Volleyball</p>	<p>19</p> <p>10:00 Christmas Carols w/ Elm Grove Daycare 11:15 Keepin' Fit 1:00 Heritage Hikers 2:00 Craig Seimsen Performs 3:15 Resident Council 3:45 Short Stories by the Fire 6:00 Topics w/ Todd</p>	<p>20</p> <p>10:00 Trip to the Domes 10:00 Glee Club 11:15 Keepin' Fit 1:00 Heritage Hikers 2:00 Happy Hour 3:00 Bingo 5:00 Holiday Christmas Party</p>	<p>21</p> <p>10:00 Bakery Friday &amp; Coffee 11:15 Keepin' Fit 1:30 Ministry w/ Mich 1:30 Mass w/ Father Terry 2:00 Baking Christmas Cookies 3:00 TGIF Happy Hour 6:10 Movie: "The Santa Claus 3"</p>	<p>22</p> <p>10:00 Keepin' Fit (MC) 10:30 Balloon Volleyball 11:15 Keepin' Fit (AL) 1:00 Heritage Hikers 2:00 Snacks &amp; Wheel of Fortune 3:00 Bunco 6:30 Adult Coloring</p>
<p>23</p> <p>10:00 Inspirational Moments 11:15 Keepin' Fit 3:00 Bingo 6:30 Rummy</p>	<p>24</p> <p style="text-align: center;">Christmas Eve</p> <p>10:00 Christmas Carols 11:15 Keepin' Fit "A Christmas Story" after lunch</p>	<p>25</p> <p style="text-align: center;">Christmas Day</p> <p>10:00 Pick up Sweets and Treats in the Activity Room 1:15 Rosary and Communion 1:30 Heritage Hikers 2:00 Merry Christmas Happy Hour 6:30 Balloon Volleyball</p>	<p>26</p> <p>10:00 Art w/ Maria &amp; Megan 11:15 Keepin' Fit 1:00 Heritage Hikers 2:00 Mike Neumann Performs 3:00 Dynseo 3:30 Short Stories by the Fire 6:00 Topics w/ Todd</p>	<p>27</p> <p>10:00 Trip to Target 10:00 Glee Club 11:15 Keepin' Fit 1:00 Heritage Hikers 2:00 Happy Hour 3:00 Bingo 6:30 Puzzle Mania</p>	<p>28</p> <p>10:00 Bakery Friday &amp; Coffee 11:15 Keepin' Fit 1:30 Ministry w/ Mich 2:00 Heritage Hikers 2:30 Glitz &amp; Glamour w/ Chica 3:00 TGIF Happy Hour 6:30 Movie</p>	<p>29</p> <p>10:00 Keepin' Fit (MC) 10:30 Balloon Volleyball 11:15 Keepin' Fit (AL) 1:00 Heritage Hikers 2:00 Pokeno 3:00 Midday Matinee 6:30 Adult Coloring</p>
<p>30</p> <p>10:00 Inspirational Moments 11:15 Keepin' Fit 3:00 Bingo 6:30 Rummy</p>	<p>31</p> <p style="text-align: center;">New Year's Eve</p> <p>10:00 Short Stories by the fire 11:15 Keepin' Fit 2:30 Heritage Hikers 2:00 Pokeno 3:00 New Year's Resolutions</p>					

\*All activities are subject to change when necessary  
Residents' families are invited to participate in community events.

Musical Activity Happy Hour  
Celebrate Wisconsin Exercise